



CLEANSING OIL

Description This cleansing oil effectively removes waterproof make-up from the face, eye and lips leaving the skin perfectly clean and comfortable without any tightness.

Usage One pump AM and PM, apply directly onto dry face, massage and then add water to emulsify. Rinse with water.

Benefits Hydrates even while cleaning and protects dry sensitive skin.

Key ingredients Ricin and Coco oil, Anti-scale barrier leaving an imperceptible gentle protective layer.

Suitable for Most skin types and age, preferred by dry mature skin types.

Contraindications None.



MICELLAR WATER – 100% FREE OF PERFUME, PARABENS, ALCOHOL, SILICON AND MINERAL OIL

Description Cleanse the skin and remove make-up thoroughly while respecting its integrity.

Usage AM and PM, apply onto cotton pad, no need to rinse off. Great for eye lash extensions.

Benefits No fuss cleansing and no need for water, cleans skin perfectly while leaving skin refreshed with an instant cooling effect.

Key ingredients Niacinamide, great skin regenerator and balancer.

Suitable for Most skin types and age, especially sensitive and problematic.

Contraindications None.

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EXFOLIATING CREAM

Description Mechanical exfoliant with micro beads (biodegradable) and botanical surfactants.

Usage Use after cleanser – twice a week 3 – 5 minutes. Apply five cent piece amount and buff into the skin in circular motions. Rinse off with tepid water.

Benefits Micro beads polish the skin, removes dead skin and debris, encourages circulation and purifies.

Key ingredients Silica and Sodium Polyacrylate micro beads that swell in water, provides a pleasant massage feeling

Gentle surfactants of Ricin oil and glycerine, both aid in softening, healing and purifying.

Suitable for All skin types. Avoid if highly sensitive.

Contraindications Broken skin.

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PERFECTING SOLUTION

Description A liquid exfoliant that can be used every day like a toner and can also help prepare the skin for chemical peels.

Usage AM – PM Use with a cotton ball or cotton pad and wipe whole face once.

Benefits Clarifies complexion, Smoothest and prepares skin.

Key ingredients Gluconolactone acid, derived from corn which is a safer form of chemical peel as the molecular structure is large so it doesn't irritate the skin.

Suitable for All skin types, especially skins that are prone to capillary damage.

Contraindications None.

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GLYCOPEEL MASK

Description Glycolic and phytic acid at home peel mask.

Usage Use once a week PM after cleansing apply a thin layer and leave on between 3-5 minutes. This mask may tingle, you can tap your fingers on your face to trick your skin receptors. Rinse off with tepid water and then apply serum and moisturiser.

Benefits Resurfaces, exfoliates and brightens complexions.

Key ingredients 15% glycolic acid breaks down intracellular adhesive to unclog pores.

Phytic acid – Brightens complexion.

Allantoin – Calming and soothing.

Suitable for All skin types except true sensitive skin.

Contraindications None.

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C-LIGHT SERUM

Description Daily antioxidant that aids with prevention of free radical activity.

Usage Use one pump AM and PM daily after cleansing and before moisturiser. Can be cocktailed with other FILLMED serums.

Benefits Creates radiance in lacklustre skin, Corrects sun damaged and pigmented skin. Great support for capillary damage in skins. Vitamin C also stimulates collagen synthesis.

Key ingredients Stabilised Vitamin C, prevents pigmentation, collagen production and combats photoaging

Vitamin H or Biotin – Essential for cell growth

Suitable for All skin types. Be careful with excessive oily skin and active acne. They will find Vitamin C can make their skin feel oilier.

Contraindications none.

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P-BRIGHT SERUM

Description Pigmentation serum to inhibit melanin production and brightening action.

Usage AM and PM, one pump after cleansing skin, can be cocktailed with other FILLMED serums. Then apply moisturiser etc.

Benefits Brightens all types of pigmentation, lightens aged spots, freckles and sun damaged skins.

Also reduces the chance of Post inflammatory pigmentation prior to having any treatment that causes trauma to the skin i.e. IPL, LASER, FRAXEL, CO2. Must be used 2-4 weeks before treatment as a tyrosinase inhibitor for FITZPATRICK 3-6.

Key ingredients Phytic acid 1.5% – treats pigmentation formation.

Vitamin C – Illuminates complexion.

Papain-carbomer-enzymatic – Exfoliant for evenness.

Suitable for All skin types.

Contraindications none.

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BD-BALANCE SERUM

Description Purifying serum.

Usage One pump AM and PM after cleansing, can be cocktailed with other FILLMED serums. Then apply your moisturiser or hydrator.

Benefits Purifies skin, mattifying, minimises future breakouts and antibacterial properties.

Key ingredients Bonded salicylic acid – visibly tightens pores and smooth irregularities. Cleans out the pore of any sebaceous glue.

Zinc – Zinc is a universal anti-seborrheic and essential trace element for antiseptic activity, reducing bacterial proliferation.

Blackberry and raspberry leaves used for prevention of the development of new imperfections

Suitable for Adult acne, hormonal breakout, oily to combination skins and teenage breakout.

Contraindications If you have an allergy to aspirin do not use.

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HAB5 HYDRA SERUM

Description Enriched with Pro Vitamin B5 and Hyaluronic acids replenish and balance the skins moisture barrier.

Usage One pump AM and PM after cleansing.

Benefits Effectively smooth the appearance of dehydration and wrinkles, water for the skin.

Key ingredients Vitamin B5 or Panthenol Renowned as a skin repairer and regulator of water balance, regenerates the skin hydration barrier. Triggers the synthesis of a precursor of fatty acids and sphingolipids which are essential for the formation of the lipid bilayer in the stratum corneum. Through this it contributes to repairing the skin barrier, improving hydration, reducing roughness and indirectly reducing inflammation.

Hyaluronic acid vegetal Polysaccharides, extracted from tamarin grains, hyaluronic acid-like for triple action as early as 15 days on hydration: Hydration: +42% vs HA, smoother skin +36% skin elasticity : +36%.

Suitable for Most skin types, age and the most sensitive of skins, rosacea and acne.

Contraindications none.

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AA – LIFT SERUM

Description For skin with drawn features, lack of tone and loss of elasticity.

Usage One pump AM and PM after cleansing and before moisturiser.

Benefits Enriched with collagen and elastin peptides, instantly firms and boosts cutaneous tonicity.

Key ingredients Collagen (Marine extract) Used in aesthetic medicine for its moisturising and smoothing properties.

Collagen is a natural protein present in our body. It ensures the cohesion, elasticity and regeneration of all tissues of the skin. The production of collagen slows down naturally with age, and from 25 years its rate decreases in the body, revealing the first signs of old age.

Xylose Xylose is a plant sugar obtained from supporting cells like hemicellulose. It is an essential sugar that neutralises the glycation process to re-boost the skin's elasticity and make the skin more toned.

Elastin peptide Composed of 6 amino acids + palmitoyl) This messenger peptide increases the synthesis of macromolecules of the matrix through the fibroblasts. Acts on their scheduling in the tissues due to its chemotactic properties. The dermis is restructured.

Suitable for Mature skins.

Contraindications none.

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RE - TIME SERUM

Description Serum rich in Vitamin A, the golden standard for a visibly rejuvenated skin. Also known as retinoic acid it acts on the four signs of photo-induced skin ageing: dryness, loss of elasticity, refinement of the skin and wrinkles.

Usage One pump PM only after cleansing and before moisturiser.

Benefits Stimulates collagen and elastin synthesis, refines skin and aids in desquamation.

Key ingredients Vitamin A considered one of the anti-wrinkles of reference in dermatology to act on all wrinkles and reduce them visibly. It acts on the skin by stimulating fibroblasts, stimulating the synthesis of collagen, angiogenesis (making small vessels responsible for the «good-looking» effect).

Hyaluronic Acid It keeps water on the skin surface and acts as a water reservoir. This hyaluronic acid film also protects the skin from external aggressions, which could damage the lipid barrier of the epidermis.

Arg-Lys peptide a powerful skin relaxer for increased action on contraction wrinkles. Botox-like peptide obtained from cone snail venom, it modulates transmission of the message at neuromuscular junctions to densify the skin. Contraction wrinkles are smooth.

Wakame 14GA powerful skin regenerator. Obtained from brown seaweed.

Suitable for Most skin types except sensitive.

Contraindications pregnancy and lactating mothers.

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TIME – BOOSTER (RETINOL)

Description Intensive one-month home treatment for anti ageing. With the mix and boost technology you receive the freshest active ingredients possible.

Usage Each Pack comes with three bottles. Break the chamber and mix the ingredients to activate the formula .Each bottle last for ten days use once every night.

Benefits Smoothest wrinkles and fine lines, improves skin tone and texture.

Key ingredients 0.3% Retinol, the golden standard for anti ageing and turning back time. Resurfaces, stimulates cell renewal and melanocyte regulator.

4% Galacto – Alfa retinol like polysaccharide that enhances the effectiveness of retinol with a smoothing effect.

Aloe Vera and HA 5% – Moisturising and regenerating action.

Suitable for Ages over 28, not suitable for sensitive skins.

Contraindications Pregnancy and lactating mothers.

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HYDRA BOOSTER (HYALURONIC ACID)

Description Intensive one-month home treatment for dehydrated skins. With the mix and boost technology you receive the freshest active ingredients possible.

Usage Each Pack comes with three bottles. Break the chamber and mix the ingredients to activate the formula. Each bottle lasts for ten days use once every night.

Benefits Improves hydration and plumps the skin.

Key ingredients Hyaluronic acid 2.5% (low molecular weight) penetrates deep into the skin to stimulate the endogenous synthesis of HA, so a deep repulping action.

Ceramides 0.5% – Contributes to the creation of lipid barrier by restoring the hydrolytic film and the skin barrier. Avoids the natural evaporation of water from the skin to maintain the level of hydration.

Suitable for All skin types.

Contraindications None.

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BRIGHT BOOSTER (HEXYLRESORCINOL)

Description Intensive one-month home treatment for pigmentation. With the mix and boost technology you receive the freshest active ingredients possible.

Usage Each pack comes with three bottles. Break the chamber and mix the ingredients to activate the formula. Each bottle lasts for ten days, use once every night.

Benefits Improves brightness, homogeneity and smoothness.

Key ingredients Hexylresorcinol 1% is a powerful antiglycant used in pigmentation treatment, also an inhibitor of tyrosinase and peroxidase that create melanin.

10% Glycolic acid – Resurfacing action.

2.5% Phytic acid – Brighten the appearance of pigmentation.

Suitable for All types of pigmentation, avoid if hypersensitive.

Contraindications None.

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BALANCE BOOSTER (SALICYLIC ACID – LACTIC ACID – ZINC GLUCONATE)

Description Intensive one-month home treatment for problematic skins. With the mix and boost technology you receive the freshest active ingredients possible.

Usage Each Pack comes with three bottles. Break the chamber and mix the ingredients to activate the formula. Each bottle lasts for ten days use once every night.

Benefits Reduces imperfections, purifies the skin and gives a mattifying effect.

Key ingredients Salicylic acid 2%, Exfoliating and antibacterial action.

Lactic acid 2.4%, exfoliates the skin and prevents the pores from clogging, also reduces the number of microbes on the surface of the skin

Zinc Gluconate 3.5% sebum regulator.

Suitable for Problematic skins.

Contraindications Do not use if allergic to Aspirin.

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5HP – YOUTH CREAM

Description regenerating moisturiser for normal to dry skins, anti-ageing and moisturising properties.

Usage one pump AM and PM after serums.

Benefits Peptides help to stimulate collagen synthesis and provide hydration throughout the day. Make-up tends to sit better after applying.

Key ingredients Hydroxyproline A potent skin regenerator present naturally in the skin for 360° action on the signs of age. Hydroxyproline, the precursor of collagen combined with the benefits of organic silicium for a global anti-age action: Stimulates production of collagen: +160%, improves the proliferation of skin cells +96% fibroblast proliferation, improves survival of skin cells and optimises the healing process.

Vitamin B5 or Panthenol Renowned as a skin repairer and regulator of water balance, it regenerates the skin hydration barrier. It triggers the synthesis of a precursor of fatty acids and sphingolipids which are essential for the formation of the lipid bilayer in the stratum corneum. Through this it contributes to repairing the skin barrier, improving hydration, reducing roughness and indirectly reducing inflammation. Its potent hygroscopic properties make it the reference hydrating agent.

Oleo-Complex Reconstituting nutrient complex containing argan oils and mango butter to give comfort and softness to dry skins. Argan oil is rich in essential omega-6 fatty acids and tocopherols (vitamin E) and prevents drying of the skin, but unlike other oils it also has a long-lasting action. Mango butter had potent emollient, regenerating properties and acts in synergism with argan oil to return comfort and suppleness to dry skins.

Suitable for Most skins especially normal to dry skin.

Contraindications none.

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6HP – YOUTH CREAM

Description Moisturising lotion for combination skins.

Usage One pump AM & PM after serums.

Benefits Regenerating and mattifying effect on skin.

Key ingredients Hydroxyproline is a potent skin regenerator and also improves survival of skin cells and optimizes the healing process.

Zinc – Is a universal anti-seborrheic and essential trace element for antiseptic activity reducing bacterial proliferation.

Vitamin B6 – Is highly used to treat greasy skins, Vitamin B6 regulates sebum secretion and is a powerfully for its long-lasting mattifying effect.

Suitable for Combination skins, adult acne and problematic skins.

Contraindications none.

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E – YOUTH PROTECT

Description Hydrating cream that protects the skin from free radical activity and hydrates.

Usage AM only, apply after serums and moisturiser. Always apply every 90 minutes if in full sun.

Benefits Protects and prevents sun damage.

Key ingredients Niacinamide, it plays a major role in protecting and repairing DNA, in addition it helps to keep the skin hydrated and increases resistance of the skin barrier

Sarcosin skin perfector to control shine and produce a long-lasting mattifying effect.

UVA/UVB defence, potent sun filters plus everyday photo protection (minerals and organics).

Suitable for All skin types.

Contraindications Newborn babies, must be at least six months old.

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B3 RECOVERY CREAM

Description Soothing care containing ingredients with hydrating properties and designed to protect sensitive and reactive skins from aggressions.

Usage post-procedure, ten cent piece AM and PM or when needed, for reactive skins use when needed.

Benefits calms inflammation and strengthens skin barrier and healing.

Key ingredients Vitamin B3 or Niacinamide Potent skin regenerator. It plays a major role in protecting and repairing DNA. It also acts to regenerate essential molecules such as protein, collagen and fibroblasts. Synthesis: collagen: +54%, total proteins: +41%, fibroblasts: +20%. In addition, it helps to keep the skin hydrated and increases resistance of the skin barrier.

Hydroxyethyl Urea or H-Urea Is a potent hydrating agent for long lasting regeneration of the skin hydration barrier. It returns a plump effect to dry skin, improves elasticity and skin firmness.

Plant extract A complex of anti-inflammatory brown algae, soothing super oxygenated corn oil (re-establishes the equilibrium of skin mediators and restores the sensory equilibrium of the skin), healing mimosa (stimulates cell division and epithelialization) and a unique extract of DNA protective plankton. Renowned for its potent anti-inflammatory properties and ability to relieve uncomfortable sensations.

Mirabilis Jalapa extract Active ingredient for sensitive and reactive skin, to improve skin resilience. Extracted from the plant Mirabilis Jalapa, known by the name Wonder of Peru this active ingredient strengthens the epidermis and stratum corneum to improve resistance of sensitive skin and reactive skins to external aggressions.

Suitable for Most skins post-procedure and sensitive skins.

Contraindications broken skin or wounds.

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HXR – EYE CREAM

Description Global anti-ageing eye contour that addresses all signs of ageing.

Usage AM and PM after cleansing, only apply around orbital eye area, rice size only pump for both eyes.

Benefits Reduces puffiness, dark circles and the appearance of fine lines and wrinkles.

Key ingredients Hexylresorcinol Anti-glycating agent used in the treatment of hyperpigmentation. It is used to reduce dark circles. There are 3 major causes for coloured rings to appear: post-inflammatory: hyper pigmentation, hemodynamic congestion and edema. These causes, however, arise from the same dysfunction which is glycation. Hexylresorcinol is a potent anti-glycating agent but is also an inhibitor of peroxidase and tyrosinase, which acts against melanin pigmentation.

Arg-Lys peptide A powerful skin relaxer for increased action on contraction wrinkles. Botox-like peptide obtained from cone snail venom, it modulates transmission of the message at neuromuscular junctions to detensify the skin. Contraction wrinkles are smooth. As early as 2 hours: -5.5% Crow's feet wrinkles.

Aescin A genuine natural venotonic renowned for its remarkable efficacy on the skin microcirculation. It is extremely rich flavonoid concentration with vasoconstricting and anti-inflammatory actions providing effective action on draining toxins to improve the appearance of rings, bags around the eyes and swelling of the eyelids.

Suitable for Tired eyes, mature and first signs of ageing.

Contraindications highly sensitive skins.

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MOISTURISING BODY BALM

Description This silk-like body balm envelopes the body in hydration, soothing and comforting with a blend of oil complexes. Aroma is balancing to the mind.

This is a Luxurious balm that goes a long way, doesn't just sit on the surface but also penetrates the stratum corneum to rebalance skin moisture. You will find your skin condition will improve within one week's daily use.

Usage use after bathing, apply sparingly as small amount will go a long way.

Benefits Hydration and comfort by forming a protective lipid film.

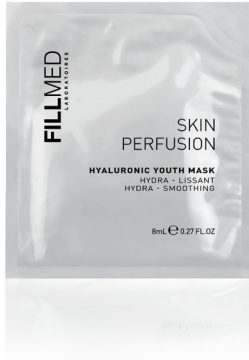
Key ingredients Nutrient phase 30 strengthens the skin barrier and rebalances skin moisture forming a protective lipid layer.

Oil complex, nourishing soothing action.

Suitable for Most skin types and age.

Contraindications none.

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HYALURONIC YOUTH MASK – PROFESSIONAL MASK

Description Ideal for post-procedure, visibly smoothes the appearance of dehydration and plumps the skin.

Usage Within treatments or post-procedure.

Benefits soothing and restorative, aloe vera nourishes the skin and restores comfort.

Key ingredients Hyaluronic acid keeps water on the skin surface and acts as a water reservoir. Also protects the skin from external aggressions, which could damage the lipid barrier of the epidermis.

Collagen. Used in aesthetic medicine for its moisturising and smoothing properties. Collagen is a natural protein present in our body. It ensures the cohesion, elasticity and regeneration of all tissues of the skin.

Aloe Vera Regenerating and soothing action.

Suitable for Most skin types and age, even the most sensitive.

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NCTF® BOOST 135 HA

Description A nutritive solution skin booster for radiant, even and hydrated skin. NCTF is a unique anti-ageing poly – revitalising complex that nourishes the epidermis by providing the ingredients that it needs to thrive.

Usage Best results are a package / series from 3-5 treatments in combination with meso/bio revitalisation, peel, mask and LED protocols.

Can be used with Dermapen, CIT Boost Roller, Meso Gun and Nanosoft.

Benefits REBOOTS THE FIBROBLASTS, rehydrates the skin, reduces wrinkles, tonicity, radiance and homogeneity.

Key Ingredients

- 12 vitamins, Stimulates vital functions of cells
- 23 amino-acids, Improves the proteinic synthesis
- 6 minerals, Improves the cutaneous metabolism
- 6 coenzymes, Reinforces cellular communication
- 5 nucleic acids, Makes up for ionic deficiencies
- 1 x antioxidant – Fights against free-radicals
- + FREE HYALURONIC ACID

Contraindications none.

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LIGHT PEEL PROFESSIONAL – PH 3

Description A peel with gluconolactone for optimised efficacy and tolerance.

Gluconolactone is as effective as AHAs but better tolerated, even for the most reactive of skins. Highly complete, it has many properties, including a seboregulating effect.

Usage apply 2ml of face for maximum of 3 minutes – please see treatment protocols.

Benefits eliminates dullness and reduces fine lines and wrinkles, a perfect peel to use before NCTF® BOOST 135 HA.

Key Ingredients 20% Peeling complex: Gluconolactone – derived from corn...great first peel for the most sensitive of skins.

+ Mandelic Acid, derived from bitter almonds great for congested and problematic skin.

Contraindications Herpetic infections, open wounds.

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CIT MICRO-NEEDLE ROLLER – 0.3MM-0.5MM

Description cosmetic rollers called (CIT) consists of titanium micro needles that create micro channels in the upper layers of the skin to create reservoirs for better penetration of skin actives. Micro Trauma is created inducing fibroblast synthesis.

Usage can be used every second or third night for home use prior to serums at a .3mm depth. We recommend that roller is submerged in HGD after each use and replaced after one month.

When used in clinic, must be thrown out after one single use.

The action is all directions and no need to apply pressure...gliding action back and forth

Benefits Boost HD roller helps restore skin tightness, smooth fine lines, reduce pigmentation, thickens thin skin, softens scars and reduces dilated blood vessels.

Contraindications

- Active acne
- Herpes labialis or any other local infection such as warts
- Moderate to severe chronic skin disease such as eczema and psoriasis
- Blood dyscrasias, patients on anticoagulant therapy
- Extreme keloidal tendency
- Patient on chemo or radiotherapy

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FAQS

1 HOW DOES IT COMPARE TO OTHER SKIN CARE BRANDS?

Department store brands, Dermalogica, and other brands on the market are made for the mass market. They are mostly sold by people who have little understanding of how the skin works. The actives are incredibly minimal to inhibit any type of response or reaction. Fillmed however does contain clinically proven actives that create change and fasten up skin renewal. This is why they need to be recommended by a professional. Mass market brands might instantly make the skin feel better but it's a very short-term fix, not long term and long term is what we are aiming at.

2 WILL THE USE OF THESE SKINCARE SERUMS SPEED UP RESULTS OF ULFIT TREATMENTS?

A proper skincare regime is recommended for better patient outcome. Good cleanser, serums, hydration and sunscreen is the best regime. AA – Lift serum should be bundled in all Ulift treatments.

3 WHICH ACTUALLY CONTAIN ACTIVATED INGREDIENTS AND WHICH DON'T?

They all contain actives, however the serums are essential to change within skin. They pinpoint certain skin challenges. The serums that can be used after Ulfit treatment are the HA-B5 Hydra serum and the AA lift Serum. The 5HP Youth cream can also be used safely.

4 HOW LONG DO THE CREAMS NEED TO BE USED IN ORDER TO SEE RESULTS?

With serums you will see improvement in the skin within four weeks, best results are 12 weeks as seen in clinical trials. Because the skin needs time to regenerate you must give time to see true results. We always suggest that before and after pics are essential to your patient's skincare journey. great to show them the changes in their skin at four weeks then 12 weeks.

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