

Don't forget the diet!

The success (or not) of permanent fat reduction treatments depends to a large extent on patients' lifestyle habits. If they resume "normal" poor eating patterns and fail to exercise adequately it won't be long before the fat goes back on, in other areas. It's human nature that this "failure" could reflect on you and your practice.

Educating patients about good nutrition and exercise, offering them sustainable guidelines to live (and eat) by, will not only enhance their results and overall health but offer you a new revenue stream.

Surgeon Dr Margaret Anderson focuses on body contouring surgery at her Adelaide practice and thus has a keen interest in her patients' weight management issues.

"I have studied many programs over the years with view to helping my patients lose weight and keep it off but the UltraLite program is the one that I have found to be the most successful," she says.

"It teaches my patients to learn how to eat real food instead of relying on quick fixes that deplete the body of vital fluids and muscle mass. And these of course ultimately fail."

UltraLite weight loss and detox programs are designed to provide patients with virtually all the necessary amounts of protein (based on recommendations of the World Health Organisation), carbohydrates, vitamins, minerals, trace elements and essential fatty acids in correct balance.

It is a naturally balanced program based on a ketogenic diet system. By avoiding refined carbohydrates and sugar, and limiting excess carbohydrates, patients will maximise fat loss: the body will instead burn stored fat, providing energy through natural ketosis.

Leading Australian day spa owner Victoria Fox, founder of Melbourne's renowned Miss Fox and Shrink Clinic, has used UltraLite in-clinic for eight years.

"My clients have lost up to 3kg in their first week and around 1-3kg per week thereafter of fat," she says.

"There is no hunger once they enters their ketogenic state, which makes the program easy compared to most diets.

"Although the extra revenue is good, I would stress that weight loss and nutritional counselling should be offered with the right intentions.

"There are various program options, lengths and modifications to suit different patients – for instance, dietary requirements, internal or chemical imbalances, as well as the amount of weight loss desired.

"The patient is highly supported through one-on-one consultations each week by therapists who undergo an intensive UltraLite training program. Once weight loss goals have been achieved there is a maintenance program to sustain results.

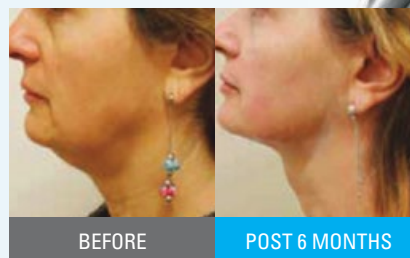
"UltraLite offers licences, which are charged yearly. Clinics must stock UltraLite supplements, and there are some supporting items that must also be packaged as part of the program. Most practices would be able to run UltraLite from a consultation room.

"Soon your patients will be expecting it of you, rather than having to seek out other professionals for something you could be offering in one destination." 📍

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ULTRAFORMER® III

ULTRAFORMER Non-invasive Skin Lifting and Tightening



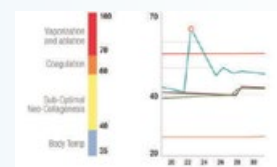
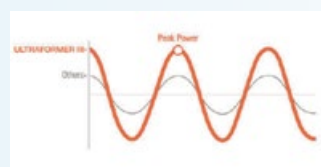
MMFU

MICRO & MACRO FOCUSED ULTRASOUND

ULTRAFORMER is the World's Only Micro and Macro-Focused Ultrasound System.

Multi-functional cartridges delivering focused ultrasound energy at various depths - 1.5mm, 2mm, 3mm, 4.5mm, 6mm, 9mm and 13mm allows treatment on both face and body areas with optimal speed, comfort and efficacy for collagen stimulation, dermal micro-coagulation, and subcutaneous fat micro-reduction.

MULTI-FUNCTIONAL ULTRAFORMER III CARTRIDGES



CONSISTENTLY HIGH PEAK POWER & IMPROVED COMFORT

High-peak power means ultrasound energy is delivered effectively into the target area without heat diffusion to surrounding tissue. This produces the best clinical results, faster treatment times and increased comfort during treatment.

OPTIMAL LIFTING AND TIGHTENING

Coagulative temperatures of 60-70°C contracts and activates the skin's immune healing process, making way for collagen regeneration and remodelling for that lifted, tighter look that everyone is raving about.



Dr. Michael H. Gold, MD, Dermatologist

"If you've never tried ULTRAFORMER, micro and macro-focused ultrasound, you are missing out. This is a great tightening procedure. Patients have great results and they are satisfied."



Dr. Benjamin Ascher, MD, Plastic Surgeon

"I was impressed by the skin lifting results after using ULTRAFORMER for the first time. It shows significant scientific improvement towards better results in the world of micro-focused ultrasound. This is outstanding technology."