

BEAUTY BEAT

Stephanie Darling has a new-wave facial treatment and explains the power of a pretty blush.



Trend Good To Glow You can never underestimate the power of a good blush. It was renowned make-up artist Bobbi Brown who said that a pop of colour on the cheeks really wakes up your face, and our latest face-warming discoveries are testament to this. You can even multitask and add a touch of blush to your lips.



luxe to less

Chanel Blush Harmony in Coco Code, \$93.
Benefit Blush in GALifornia, \$51.
Bobbi Brown Pot Rouge for Lips and Cheeks in Pretty Powerful, \$50.



road test

This week I try...
a skin-tightening
and lifting treatment

The lowdown Ultraformer III is the latest addition to the collection of targeted (read painful) ultrasound devices. It targets the SMAS, the deep skin layer that's pulled back during a surgical facelift, stimulating it to produce new collagen. The first part of the treatment is a skin analysis, then the therapist works the wand repeatedly over my cheeks, neck, forehead and under my eyes. Ultraformer III works on lifting and tightening skin and jowls, reducing wrinkles, and improving skin tone and overall laxity. It is recommended to have a treatment each year to help keep sagging at bay.

Pain factor The Ultraformer III is lower on the pain threshold than some other ultrasound devices, but it is still quite ouchy. But no pain, no gain, remember. My face is quite tender to the touch for a week.

Downtime 90 minutes, including the skin analysis.

Results Eight weeks later, my skin feels firmer and my fine lines have improved. Peak results will come at the three-month mark and I love the fact that this treatment keeps on working and firming for 12 months.

Where to get it Sydney: Clear Complexions, clearcomplexions.com.au. Cost: \$2150. Melbourne: Dermatology Institute of Victoria, div.net.au. Cost: from \$2150.

Follow Stephanie Darling on Instagram @mrssdarling

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The pricey Black Pearl 24K Gold Cleopatra mask is infused with Dead Sea black mud and 24-carat gold. You apply it sparingly and then run a metal bar wrapped in a tissue over your face to draw out the impurities. It helps reduce redness and blemishes, deep-cleans the skin and targets fine lines. Black Pearl 24K Gold Cleopatra Mask, \$2000, verdem.com.au.

ASK STEPHANIE

How do I keep fake lashes in place?

First, apply mascara to your real lashes, and then coat the base of the falsies with a good lash glue like Duo False Lash Adhesive, \$16, mecca.com.au. Apply the fake lashes to your real ones and press together with your fingers. The mascara helps to coat the fake lashes which in turn makes them bond to your real ones.

Send beauty questions to stephanie@darlingbeauty.com.au.