

### **How does the PASTELLE Q-Switched laser rejuvenate the skin?**

A recent application of the Q-Switched laser is skin toning and rejuvenation. The whole face is treated a number of sessions at intervals of 1–4 weeks. Compared to other forms of rejuvenation, there is minimal down-time associated with the PASTELLE. The considerable energy delivered by the PASTELLE can also remodel the skin's collagen layer and improve the skin's overall texture.

### **What is the difference between regular lasers and Q-Switched lasers?**

Lasers utilise a single wavelength to deliver energy to target tissue. Common targets in skin are pigment, blood and water. Q-Switched lasers are a special category of lasers that can deliver energy in extremely short bursts. As a result, this unique property makes it an ideal laser for treating pigment-related conditions such as freckles, sunspots, birthmarks or tattoos. The ultra-short bursts of energy delivered by the laser disrupt the pigment-containing cells within the skin, leading to fading and clearing of the treated area.

### **What happens after treatment and how long will the results last?**

Slight redness of the treated area is common and subsides in a few hours. Results for tattoo removal are permanent as the ink in the tattoo is shattered and removed from the body. For laser toning and genesis, results last for up to months with continued improvement in skin tone and texture with repeat treatments.

## **CHINA DOLL FACIAL**

### **First of all, can you give my readers a quick run through on the treatment you gave me?**

The China Doll Laser Facial enhances the skin's radiance and promotes a smooth, glowing complexion. The treatment helps to lessen skin imperfections and reduce the appearance of enlarged pores. This reduction in pore size and a superior cleaning effect ensure smooth porcelain like results are achieved. This treatment is one of the best laser treatments for reducing pore size, assisting in minimising oil production and brightening the skin. It is one of the most advanced laser treatments available for refining enlarged pores, reducing oil secretion, removing blackheads & creating a more even skin tone. It is delivered by a state of the art Q-switch laser that delivers short, rapid, high intensity pulses of light for destruction of breakdown dirt and oil that has been trapped on the skin's surface. The combination of the ideal wavelength and rapid light pulses helps to clear and blockages in the skin whilst preserving surrounding tissue.

### **Can you explain the process of the treatment?**

A thin layer of carbon cream is applied to the skin, this acts as a photo-enhancer. Once the carbon cream has been applied properly, the entire area is then treated with the laser. The light is absorbed by the carbon on the skin's surface. The carbon cream is shattered and blasted from the skin, taking the dirt, oil and dead skin cells from the epidermal layer, and causing contraction of enlarged pores.

The treatment is continued in laser toning mode, building up heat onto Genesis mode to elicit collagenesis and provide an improvement in the underlying structure of the skin that lasts for months.

### **Is there anything I should change in my beauty routine leading up to my treatment?**

Avoid all aggressive peels in the week leading up to and after the treatment. Please avoid sun tanning in the week leading up to and after the treatment.

### **As a male do you recommend shaving before the treatment?**

Yes, it is recommended that you shave before a China Doll Laser facial so you can get the best result. If you do not want to shave, only the areas that are hairless will be treated.

### **What should my skin feel like after the treatment?**

The skin will feel slightly warm from the Genesis. The skin will also feel tight because of the contraction and the minor inflammation. Overall, the skin will feel very clean and firm.

### **Who is the treatment suited for?**

This treatment is suited for all skin types especially any one concerned with active acne, post-acne discoloration, skin laxity and anyone wanting no downtime skin rejuvenation.

### **What skin types can trial this particular treatment?**

It is suitable for all skin types i.e. sensitive skin, problem skin, dry skin. The China Doll Laser Facial is suitable for both young and older skin with sun damage as well.

### **What kind of results should I expect to see from this treatment?**

Individuals will experience an improvement in active acne, resulting in a clearer, cleaner complexion due to the removal of dead skin cells from the superficial epidermal layer. Scars and post acne discoloration will also become less visible. There will be a reduction in the appearance of fine lines and wrinkles as well as improvement to the tone and texture of the skin.

### **How long in advance should I have this treatment before an event?**

All China Doll Laser Facials are recommended to be spaced 1 to 4 weeks before a big event. This gives your skin ample time to produce additional collagen and elastin. The more treatments performed the better the long-term results in reducing both pore size and minimising wrinkles.

### **What do you recommend for aftercare?**

Avoid active peels i.e. chemical peels for at least two weeks after the treatment. It is recommended to use a good sunblock each with a minimum SPF of 30.