

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

Please note that aftercare can be different for everyone. For specific questions about your own personal aftercare, it is recommended to speak with your practitioner. If you have any questions or concerns about your treatment, please contact your practitioner directly.

CODE-X

This brochure is designed for those patients who have been recommended CODE-X by their healthcare practitioner.



MICRO NEEDLING

Micro Needling encourages your body to generate natural collagen and elastin.

Results can differ for each individual, some people may see changes within a few weeks, while others may require multiple sessions.

Regardless, improvements will keep occurring for months following your initial treatment.

For optimal results, CODE-X advises that you adhere to the Micro Needling aftercare guidelines provided.

WHAT TO EXPECT

Following your procedure, your skin might feel warm to the touch initially, and may resemble a mild sunburn. In some cases, bruising or pinpoint bleeding may occur, especially if a deeper treatment has been performed on specific areas.

The skin will feel tight and dry, and there may be slight puffiness, particularly around the eyes. While discomfort is usually minimal, your practitioner may use a moisturising serum that will provide soothing relief.

After about 3-5 days, the skin may become slightly dry and flaky. This is a natural occurrence as dead skin cells are pushed upward. Once this process is complete, you can expect your skin to feel softer and appear more radiant. It is advised to avoid direct sunlight, makeup and sunscreen directly post- treatment.

24 HOURS POST-TREATMENT

- The skin may still appear red
- You may experience mild inflammation and swelling around the eyes.
- Mineral makeup and mineral SPF can be applied
- Avoid skincare products containing active ingredients (retinol, alpha hydroxyl acids and Vitamin C)

3 DAYS POST-TREATMENT

- Swelling will subside
- You may return to regular skin care products
- You may do a gentle exfoliation if required

AVOID THE FOLLOWING

It is recommend you avoid the following activities 48 hours post-treatment:

- Sun exposure
- Intense exercise or the gym that may cause sweating.
- Sauna, hot baths/showers, spa.
- Self-tanning.
- Swimming in the pool or ocean.
- Chemical peels, muscle relaxants or dermal fillers & other facial treatments

