

Frequently Asked Questions

How many sessions do I need?

Most patients see significant results after 3-6 treatments, spaced approximately 4-6 weeks apart. Your practitioner will recommend a personalised treatment plan based on your skin's needs.

Does it hurt?

Patients typically experience minimal discomfort. However please discuss pain management options with your practitioner

When will I see results?

You'll notice smoother, more radiant skin within a few days. Full results typically become visible after 4-6 weeks, as collagen production continues.

Is there downtime?

There is minimal downtime with microneedling. You may experience redness and mild sensitivity for a day or two after the procedure, but most patients can return to their normal routine quickly.

Important Information

- No cosmetic injectables 2 weeks prior
- Avoid excessive sun the week prior
- Stop the use of prescription face creams 5 days prior

Is micro needling safe for all skin types?

Yes, micro needling is generally safe for all skin types and tones. However, it is important to consult with your practitioner to ensure it's suitable for your skin.

Can micro needling help hair growth?

Yes, micro needling can help stimulate hair growth by increasing blood flow to the scalp and encouraging the production of growth factors that support hair follicles.

CODE-X

MICRO NEEDLING



PATIENT BROCHURE

This brochure is for those patients who have been recommended CODE-X by their practitioner.

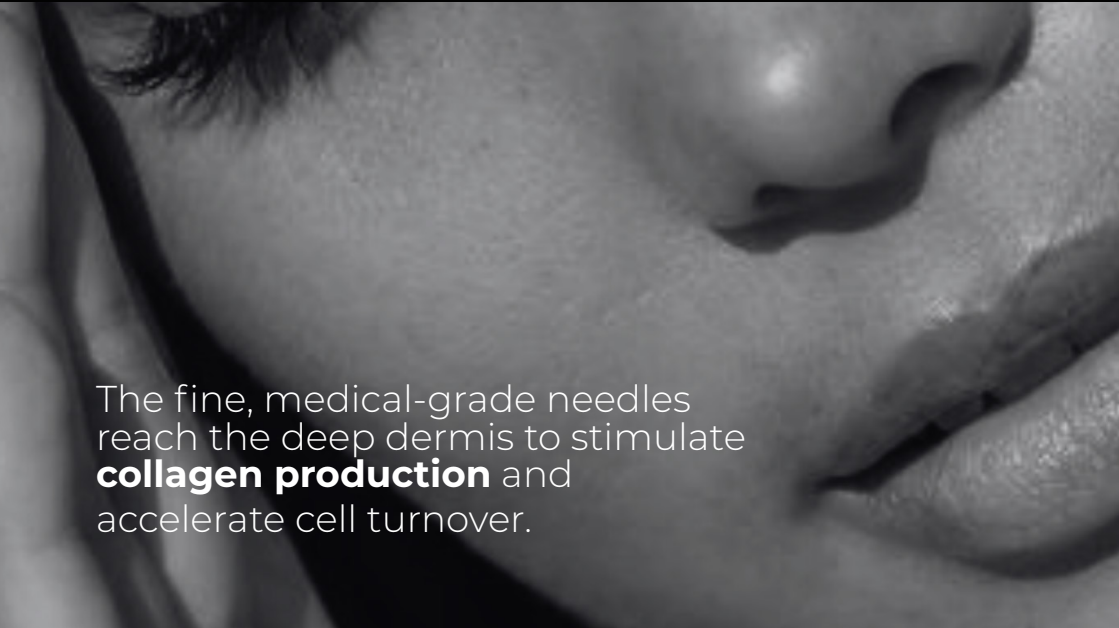
MICRO NEEDLING

Micro needling, also known as collagen induction therapy, is a minimally invasive procedure designed to enhance your skin's texture and appearance.

This treatment uses tiny, sterilized needles to create micro-channels on the skin, which stimulates your body's natural healing process. As your skin heals, it produces more collagen and elastin, resulting in smoother, firmer, and healthier-looking skin.

MICRO NEEDLING CAN HELP TO IMPROVE THE APPEARANCE OF:

FINE LINES & WRINKLES	ACNE SCARS	ENLARGED PORES
STRETCH MARKS	SUN DAMAGE	UNEVEN TONE & TEXTURE



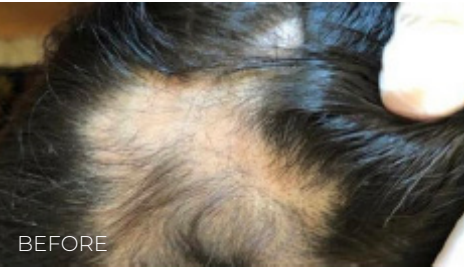
The fine, medical-grade needles reach the deep dermis to stimulate **collagen production** and accelerate cell turnover.

RESULTS

SKIN TREATMENT



HAIR TREATMENT



WHAT TO EXPECT DURING THE TREATMENT

- 1. Consultation:** Your practitioner will assess your skin and discuss your goals to determine if micro needling is right for you.
- 2. Preparation:** The treatment area will be cleansed, and a numbing cream may be applied.
- 3. The Treatment:** The micro needling device is gently glided across the skin, creating tiny punctures. The procedure typically lasts 15 – 30 minutes, depending on the treatment area.

Post-Treatment Care:
After the procedure, your skin may appear slightly red and feel sensitive, similar to a mild sunburn. Your practitioner will give you detailed post-care instructions, including avoiding sun exposure and using specific skincare products to aid healing.