

### How does the Potenza Radio Frequency Microneedling treatment improve skin quality?

The Potenza micro-needling treatment uses ultra-fine needles and radiofrequency (RF) energy to puncture the top layer of the skin and trigger the body's natural healing process to regenerate new collagen and elastin. Unlike some other skin revitalisation treatments, the Potenza treatment can be performed on all skin types, anywhere on the body and anytime of the year.

Collagen is remodeled and elastin is improved through a wound healing response. Heat is applied to the epidermis creating an **inflammatory phase** (1-3 days). This increases blood flow and activates the skin's regeneration. At the same time the micro-needling creates micro-injuries to the top level of the skin which encourage the body to produce collagen.

**Proliferative phase** – Ongoing process to repair tissue, 3 weeks. **Maturation phase** – 3 weeks to 6 months and beyond. New collagen is generated. Elastin becomes more uniform and the skin quality is improved.

### Is Potenza Mono or BiPolar Radio Frequency?

The versatility of the Potenza system allows you to customize treatments based on your patients' specific needs – all skin types, anywhere on the body, any time of year. The Potenza device offers monopolar, bipolar and 1 & 2 MHz capabilities, allowing you to provide shallow and deep treatments in one system.

### What changes and results can be expected?

There is an inflammatory phase (1-3 days). The Proliferative phase – Ongoing process to repair tissue, 3 weeks. Maturation phase – 3 weeks to 6 months and beyond. New collagen is generated. Elastin becomes more uniform and the skin quality is improved

### What do Potenza treatments feel like?

Although everyone's discomfort threshold is different, most patients say the discomfort level for this treatment is minimal and tolerable. Once numb, your skin may feel a slight stinging or mild burning sensation and light pressure during treatment. Some patients may also experience small pinpoint bleeding during treatment, which is normal. If you're a sensitive skin type, talk to your provider who can then either apply more numbing cream or extend the numbing cream process a bit longer before your treatment.

### How many Potenza treatments are required?

Multiple treatments are suggested, 3-5 treatments, spaced 4 weeks apart is recommended.

### How long do TempSure treatments take?

Treatment times may vary, however most treatments can be performed in under 45 minutes.