

FREQUENTLY ASKED QUESTIONS

HOW DOES ATHENA TREATMENT WORK?

The laser is inserted into the vagina, and the laser light is applied to the mucosal tissue. The laser creates a pinhole in the tissue and stimulates a special cell repair process, which helps to produce elastin and collagen, the building blocks of healthy, more youthful tissue.

WHAT IS SO SPECIAL ABOUT ATHENA TREATMENT?

Athena uses proven erbium technology, which has been used in delicate surgical procedures for decades. The developments incorporated in Athena make it one of the most advanced lasers in medicine today.

WHAT RESULTS CAN I EXPECT?

Your body will produce renewed, healthy tissue that will be more elastic and will contribute to better lubrication. You may also notice a reduction in infections as the chemical balance returns to normal. Urinary function can be better supported because the deep supporting structures of the vaginal wall are also stimulated.

HOW MANY TREATMENTS WILL I NEED?

A single 15-minute treatment can deliver noticeable results. A series of three treatments spaced about four weeks apart is recommended for optimal results.

The benefits of Athena treatment are long-lasting, but with normal ageing, some symptoms may reappear. Under consultation with your doctor, it is safe to have further treatment to maintain the positive results.

ATHENA

YOU DESERVE TO FEEL
COMFORTABLE & CONFIDENT

- Helps to regenerate healthy and supple vaginal tissue
- Can improve sensation during intercourse
- Addresses the cause of pain during intercourse
- Helps treat the cause of urinary incontinence
- No downtime

Clinic details:

Cryomed
Aesthetics

www.cryomed.com.au

*Please consult your practitioner to see if you are suitable for treatment.
Potential risks and side effects need to be discussed with your practitioner
before undergoing treatment with Athena.*

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VAGINAL REJUVENATION

ATHENA

FOR ULTIMATE COMFORT
AND CONFIDENCE



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ATHENA

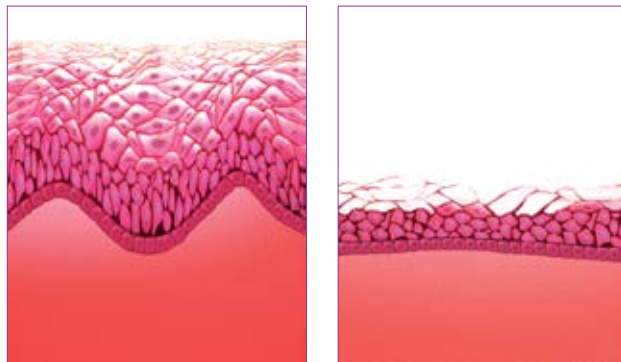
ADVANCED AND RELIABLE

Ageing, childbirth, illness and medication can affect you in many ways, but hidden problems can often be the most distressing. When it comes to the misery of vaginal dryness and looseness (known as VRS—vaginal relaxation syndrome), or the embarrassment of minor urinary incontinence (“light bladder leakage”), most women suffer in silence, unaware that advances in medical technology have made it possible to treat these conditions.

Around half of all women will suffer from one or more of the following symptoms:

- Diminished sensation during intercourse
- Dryness, loss of lubrication and pain during intercourse
- Vaginal pain or discomfort
- Vaginal laxity (looseness)
- Urinary incontinence and urgency

Athena vaginal rejuvenation treatment can help address the underlying cause of these symptoms.



Vaginal mucosa before (left) and after (right) menopause.

Athena treatment is designed to treat the causes of vaginal atrophy by promoting synthesis of collagen, hyaluronic acid, glycosaminoglycans and proteoglycans, the building blocks of healthy, hydrated mucosa.

STIMULATING REGENERATION



Fibroblasts before (above) and after (below) treatment



Fibroblasts are cells that form the structural framework of tissue. They play an important role in making collagen and other substances critical to the health and functioning of youthful tissue. In the vagina, they help to maintain the strength, flexibility and lubrication of the mucosal wall.

With ageing, and particularly as a result of menopause, the fibroblasts become unable to produce collagen, hyaluronic acid and other molecules needed for optimal vaginal health. The mucosa become dehydrated and undernourished; they are more fragile and prone to infection.

Athena works by stimulating the fibroblasts with the thermal effect of the laser radiation. This promotes the regeneration of collagen, leading to improvement in the elasticity of the vaginal mucosa.

RESTORING COMFORT & FREEDOM

STEP 1

Your doctor will examine you, and assess your individual condition to determine whether Athena is the correct treatment for your condition. You will be prepared for the treatment as if you were having a pap smear.

STEP 2

The laser probe will be inserted into your vagina. The laser energy is delivered to the full length of the vaginal wall, stimulating the entire mucosal tissue layer.

STEP 3

You may notice a difference after one Athena treatment, but typically two or three treatments, each a month apart, will achieve optimal results. Treatment can be repeated in consultation with your doctor as required, if/when symptoms return.

