

FRA^{IS} TREATMENT GUIDELINES

SKIN REJUVENATION / SCANNER HANDPIECE / FRACTIONAL MODE

| INDICATION | ENERGY | DISTANCE | I-STACK* | INTERVAL | NOTES |
|--------------------|-------------|-----------|----------|------------------------|--|
| LASER EXFOLIATION | 0.6mj-0.9mj | 1.0-1.2mm | 1-2 | 3-6 Rx 3-4 weeks apart | Crusts 1-2 days, Redness 2-4 days. Make up next day |
| LASER MICRDERM | 0.9-1.2mj | 1.0-1.2mm | 1-2 | 3-6 Rx 3-4 weeks apart | Crusts 1-2 days, Redness 2-4 days. Make up next day |
| FRAX - GLOW | 0.9mj-1.2mj | 0.4-0.6mm | 1 | 3-6 Rx 3-4 weeks apart | Crusts 1-2 days, Redness 2-4 days. Make up from day 2 |
| FRAX - SHINE | 1.2mj-3.0mj | 0.8-1.0mm | 1-2 | 3-6 Rx 3-4 weeks apart | Crusts 1-3 days, Redness 3-5 days. Make up from day 2 |
| SKIN REVITALIZE | 3.0-6.0mj | 0.8mm | 1 | 2-5 Rx 3-4 weeks apart | Crusts 1-3 days, Redness 3-10 days. Make up from day 2 |
| SKIN REFRESH | 6.0-7.2mj | 1.0mm | 1-2 | 2-5 Rx 3-4 weeks apart | Crusts 1-3 days, Redness 3-10 days. Make up from day 2 |
| SKIN REJUVENATION | 6.0-7.2mj | 0.8-1.0mm | 2 | 2-5 Rx 4-6 weeks apart | Crusts 2-5 days, Redness 7-14 days. Make up from day 3 |
| LARGE PORES | 9.0-10.2mj | 0.9mm | 1 | 2-5 Rx 3-4 weeks apart | Crusts 2-5 days, Redness 7-14 days. Make up from day 3 |
| ACNE SCARS LIGHT | 10.2-12mj | 1.0mm | 2 | 2-5 Rx 4-6 weeks apart | Crusts 2-5 days, Redness 7-14 days. Make up from day 3 |
| LASER PEEL - LIGHT | 10-13.2mj | 0.8-1.0mm | 1-2 | 2-5 Rx 4-6 weeks apart | Crusts 2-5 days, Redness 7-14 days. Make up from day 3 |
| HANDS | 7.8-15mj | 0.8-1.0mm | 1-2 | 2-3 Rx 5-8 weeks apart | Crusts 5-7 days, Redness 10-30 days. |

*I-STACK: CONSIDER 2 PASSES VS 2 STACKS FOR MORE REACTIVE, SENSITIVE SKIN TO REDUCE DOWNTIME AND INCREASE TOLERABILITY.

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MILD 1-2 DAYS DOWNTIME

MODERATE 2-5 DAYS DOWNTIME

SKIN REJUVENATION ADVANCED / SCANNER HANDPIECE / FRACTIONAL MODE

| INDICATION | ENERGY | DISTANCE | I-STACK* | INTERVAL | NOTES |
|-----------------------------------|---|----------------------------|------------|------------------------|--|
| STRETCH MARKS | 9.6-15mj | 0.8-1mm | 2 | 3-4 Rx 5-8 weeks apart | Crusts 7-14 days, Redness 10-30 days. |
| NECK | 7.8-10.2mj | 1.0-1.2mm | 1 | 1-3 Rx 4-6 weeks apart | Crusts 7-14 days, Redness 10-30 days. Make up from day 7. |
| ACNE SCARS DEEP | 15-24mj | 0.6-0.8mm | 2 | 2-4 Rx 5-8 weeks apart | Crusts 5-7 days, Redness 10-30 days. Make up from day 7 |
| LASER PEEL - MILD | 15-33mj | 0.6-0.7mm | 1-2 | 1+ Rx 5-8 weeks apart | Crusts 3-5 days, Redness 10-30 days. Make up from day 7 |
| LASER PEEL - MEDIUM | 24-42mj | 0.6-0.8mm | 2 | 1+ Rx 5-8 weeks apart | Crusts 5-7 days, Redness 10-30 days. Make up from day 7 |
| LASER PEEL - DEEP | 42-60mj | 0.6-0.8mm | 1-2 | 1+ Rx 5-8 weeks apart | Crusts 5-7 days, Redness 10-30 days. Make up from day 7. |
| ACNE SCARS INTENSE | 69-105mj | 0.8-1.0mm | 1 | 1+ Rx 5-8 weeks apart | Crusts 7-10 days, Redness 10-30 days. Make up from day 7. |
| SKIN RESURFACING | 69-105mj | 0.8-1.0mm | 1 | 1+ Rx 5-8 weeks apart | Crusts 5-7 days, Redness 10-30 days. Make up from day 7. |
| LASER PEEL DEEP INTENSE | 1st Pass: 15-33mj 2nd Pass: 69-105mj | 0.6-0.7mm 0.8-1.0mm | 1 1 | 1+ Rx 5-8 weeks apart | 1st pass high density – (Close spacing between dots) and low energy on specific lesions (scars / wrinkles) to enhance effect 2 nd pass low density - high energy and low coverage over the entire area to enhance remodeling effect. |
| PERIORBITAL LAXITY | 33-36mj | 0.7-1.0mm | 1 | 1-3 Rx 5-8 weeks apart | Must use intra ocular shields. Crusts 5-7 days, Redness 10-30 days. Make up from day 7. |

DEEP 5 - 7 DAYS DOWNTIME

INTENSE 7-14 DAYS DOWNTIME

*I-STACK: CONSIDER 2 PASSES VS 2 STACKS FOR MORE REACTIVE, SENSITIVE SKIN TO REDUCE DOWNTIME AND INCREASE TOLERABILITY.

SCARS BODY / SCANNER HANDPIECE / FRACTIONAL MODE

| INDICATION | ENERGY | DISTANCE | I-STACK* | INTERVAL | NOTES |
|------------------------------|-----------|-----------|----------|------------------------|--|
| ATROPHIC SCARS | 9-15mj | 0.9-1.0mm | 1-2 | 3-4 Rx 5-8 weeks apart | Crusts 7-14 days, Redness 10-30 days. Make up from day 7 |
| BURN SCARS TRAUMATIC SCAR | 7.2-9.0mj | 1.2mm | 1-2 | 3-4 Rx 5-8 weeks apart | Crusts 7-14 days, Redness 10-30 days. Make up from day 7 |

COMBINING SECRET RF AND FRAXIS CO2 – MICRO-NEEDLING + SCANNER HANDPIECE / FRACTIONAL MODE

| INDICATION | ENERGY | DISTANCE | I-STACK* | INTERVAL | NOTES |
|---|--------|-----------|----------|----------------------|---|
| SCARS, STRETCH MARKS AND ENHANCED SKIN REJUVENATION | 5-6mj | 0.8-1.0mm | 1 | 4-6 Rx 8 weeks apart | When combining 2 technologies in the same session, CO2 can be used immediately after SECRET RF treatment based on individual parameters for scars and stretch marks. |

COMBINING SECRET RF AND FRAXIS CO2 – MICRO-NEEDLING + SCANNER HANDPIECE / FRACTIONAL MODE

| INDICATION | ENERGY | DISTANCE | I-STACK* | INTERVAL | NOTES |
|---|--------|----------|----------|----------------------|---|
| 1st Pass: 10%, RF 60-70 ms, depth 1.5mm, 3 passes, followed by more superficial pass with CO2 Fractional: | | | | | |
| EYE BAGS | 0.6mj | 0.5mm | 5-6 | 3-5 Rx 14 days apart | Radio Frequency micro needling makes it possible to reach the musculus orbicularis oculi layer, delivering specific energy to strengthen the muscle. Combination with CO2 fractional stimulates the collagen in the deep dermis further improving the result. |

*I-STACK: CONSIDER 2 PASSES VS 2 STACKS FOR MORE REACTIVE, SENSITIVE SKIN TO REDUCE DOWNTIME AND INCREASE TOLERABILITY.

SKIN LESIONS EPIDERMAL / SCANNER HANDPIECE / FRACTIONAL MODE

| INDICATION | ENERGY | DISTANCE | I-STACK | INTERVAL | NOTES |
|--------------------|----------------|-----------------------|----------------------|-----------------------------------|--|
| SEB K'S, AK'S | 8.4mj | 0.3mm | 1 Multiple Passes | 1-3 treatments 5-8 weeks apart | LESIONS: Wet saline or aqueous chlorhexidine between each pass, end point disappearance of the lesion. Crusts 7-14 days, Redness 10-30 days. Make up from day 7. |
| PRE PDT SCALP | 2.1mj | 1.2mm | 1 | Pre PDT | Scalp – MAL Penetration. |
| PRE PDT FACE | 5.1mj 5.1mj | 1.0mm 0.8mm -1.2mm | 1 1 | Pre PDT Pre PDT | 15x15 spot (Ideal number f dots 256) 18x18 spot (Ideal number f dots 256) |
| PRE TATTOO REMOVAL | 2.1-10.2mj | 0.8-1.0mm | 1-2 | Pre Q-Switch | For scarring in tattoo |

DEEP 5 - 7 DAYS DOWNTIME

SKIN LESIONS EPIDERMAL ADVANCED / SURGICAL HANDPIECE / SURGICAL MODE

| INDICATION | ENERGY | DISTANCE | I-STACK | INTERVAL | NOTES |
|-----------------------|---------------------------------------|---------------|------------|-----------------------------------|---|
| SEB K'S | 0.5-2W Pulsed mode 50 on 50 off | Defocus 1-3cm | 1-3 passes | 1-3 treatments 5-8 weeks apart | Wet saline or aqueous chlorhexidine between each pass, end point the disappearance of the lesion. |
| SOLAR LENTIGINES | | | | | |
| VERRUCOUS PAPILLOMAS | 2W Pulsed mode 10 on 10 off | | | | Crusts 7-14 days, Redness 10-30 days. Make up from day 7 for facial treatment. |
| WARTS + GENITAL | | | | | |
| ANGIOMA, HAEMANGIOMAS | | | | | |
| PLANTER WARTS | CW -3-6W | | | | |

INTENSE 7-14 DAYS DOWNTIME

SKIN LESIONS DERMAL / SURGICAL HANDPIECE / SURGICAL MODE OR FRACTIONAL MODE

| INDICATION | ENERGY | DISTANCE | I-STACK | INTERVAL | NOTES |
|--------------------------------------|-----------------------------|---------------------------------------|-------------|------------------------------------|--|
| XANTHELASMA | 3-5W | Defocused 1-3cm | 1-10 passes | 1-3 treatments. 5-8 weeks apart | End point destruction of the lesion for xanthelasma, visualization of muscle – local anesthesia necessary. Crusts 7-14 days, Redness 10-30 days. Make up from day 7 |
| SYRINGOMAS | Pulsed mode 50 on 50 off | Set Hand Piece To 0.5mm Spot Size. | | | |
| SEBACOUS ADENOMA | | | | | |
| HIGH DENSITY RHINOPHYMA (SCANNER) | 6mj | 0.1mm | 2 | | |

WARTS & INCISIONS / SURGICAL HANDPIECE / SURGICAL MODE

| INDICATION | ENERGY | DISTANCE | I-STACK | INTERVAL | NOTES |
|---|--|--|-------------|------------------------------------|---|
| RESISTANT WARTS | 5-10W Pulsed mode 100 on 100 off | Defocused at 1-3 cm Set Hand Piece To 0.5mm Spot Size. | 5-10 passes | 1-3 treatments. 5-8 weeks apart | End point papillary bleeding or total destruction of the lesion. Crusts 7-14 days, Redness 10-30 days. Make up from day 7 |
| LASER INCISIONS (CYSTS, RESECTION IN PATIENTS WITH ANTIPLATELET OR ANTICOAGULANT) | 5-10W Pulsed mode 50 on 50 off | Focused 0.1mm | | | Crusts 7-14 days, Redness 10-30 days. Make up from day 7 |

INTENSE 7-14 DAYS DOWNTIME

SKIN LESIONS ADVANCED ALL / SURGICAL HANDPIECE / ULTRA MODE

| INDICATION | ENERGY | DISTANCE | I-STACK | INTERVAL | NOTES |
|--------------------------------------|--------------------------------|---|------------|-----------------------------------|--|
| SEB K'S | Up to 2W 100ms 570-600Hz | Defocus 1-3cm Set Hand Piece To 0.5mm Spot Size. | 1-3 passes | 1-3 treatments 5-8 weeks apart | Wet saline or aqueous chlorhexidine between each pass, end point the disappearance of the lesion. Crusts 7-14 days, Redness 10-30 days. Make up from day 7 for facial treatment. |
| SOLAR LENTIGINES | | | | | |
| VERRUCOUS PAPILOMAS | | | | | |
| WARTS + GENITAL | | | | | |
| ANGIOMA, HAEMANGIOMAS | Up to 3W 100ms 570-600Hz | | | | |
| XANTHELASMA | | | | | |
| SYRINGOMAS | | | | | |
| SEBACEOUS ADENOMA | | | | | |
| HIGH DENSITY RHINOPHYMA (SCANNER) | | | | | |

INTENSE 7-14 DAYS DOWNTIME

VAGINAL RESURFACING / LOTUS HANDPIECE

| INDICATION | ENERGY | DISTANCE | I-STACK | INTERVAL | NOTES |
|---------------------------|---------|----------|---------|---------------------------------|---|
| 1 ST TREATMENT | 72mj | 0.8mm | 1-2 | 1-4 Treatments 4 weeks apart | Gently insert the sterile handpiece into the vagina until the tip hits the uterine cervix. Set energy to 70mj-100mj and 2 Stack on the 1st treatment and increase 20% on 2 nd . Irradiate then rotate the handpiece clockwise or anticlockwise 1 notch (30°), fire, then repeat this 7 times so that a full circle rotation of 360° is achieved. Retract the handpiece 8mm then repeat until you have retracted to the introitus. Remove the handpiece and if treating the vulval region, change the change the lens to the external lens and treat accordingly. |
| SUBSEQUENT TREATMENTS | 102mj | 0.8mm | 2 | | |
| VULVAR REJUVENATION | 18-30mj | 1.0mm | 1 | | |
| VULVAR WHITENING | 15-27mj | 0.8mm | 2 | | |

MILD 1-2 DAYS DOWNTIME



QUESTIONS?

CONTACT US:

PHONE 1300 346 448

CLINICAL@CRYOMED.COM