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## DR NAOURI SETTINGS FOR SECRET

## <u>Pre-care procedure</u>

- EMLA cream every 10min 2 hours prior to the treatment
- Thorougly cleanse with an antiseptic wipes or solution

## Intensive Face care procedure

- Adjust the needle depth according to the skin irregularities and surface.
- Start at 2.5mm on the thickest or laxed areas (cheeks, neck...)
- Reduce depth when needles hit on a bone contact or on areas with thinner skin (hands, forehead....) by .5 to .5 until you find the maximum needle depth without any bone contact. (not less than 1mm depth).
- Intensity : 60 in general
- RF duration : proportional to depth : 2,5mm depth  $\rightarrow$  250ms ; 1,5mm depth  $\rightarrow$  150 ms...
- Possibility to increase RF duration by 50ms (1mm depth  $\rightarrow$  150ms...) but for expert users only.
- Treatment frequency : 1Hz (adjustable)
- Delay time : 2X the RF duration time. (100 ms  $\rightarrow$  200 ms ; 250 ms - $\rightarrow$  500 ms...)
- 2 passes minimum with 50% overlap horizontally and vertically
- Minimum number of spots : 500 for entire face / 300 for cheeks

## Other indications :

Scars : If possible use the 3.5 mm depth -5 passes slightly moving the spots to avoid stacking

Naso-labial fold and deep wrinkles : If possible use the 3.5 mm depth – 3 to 5 passes overlapping the wrinkle

Hyperhydrosis : 80 / 3,5 / 350 / 2 passes. 1st pass horizontal / 2nd pass vertical – Minimum 150 spots/axilla

**Stretch marks** : 60/3.5/350 for the 1<sup>st</sup> pass. 60/2.5/200 for the 2<sup>nd</sup> pass 60/1.5/100 for the 3<sup>rd</sup> pass

<u>Post-care</u>: Soothing cream on the treated areas. Secret RF tips are single-use only.