

Pre-Treatment Care 4 weeks prior to treatment

- · Sun and Tanning: No tanning for 4 weeks prior to treatment, including sun tanning and artificial tan.
- · Prepping: Consider pigment prepping for Skin Types III-VI and for pigmentation treatments
- · Actives: No Vit A for 2-4 weeks depending on strength. No active ingredients for 2 days prior to treatment or 2 days post.
- · Medications: Some medications may be sensitising, all medications (oral and topical) should reviewed prior to treatment.
- · Contraindications: Some skin allergies and sensitivities like cold sores might be contraindicated, review prior to treatment.
- Topical: Consider topical anaesthetic for dense or spread pigmentation, Tattoo Removal and High Dose Hexa MLA

Post-Treatment Care Epidermal Pigmented Lesions (532nm)

3-5 or more treatments / 2-4 weeks apart.

- It is suggested to apply cold compress to cool down the treated area.
- The color of the treated pigment will turn out darker within 1-3days and take off within 5-7 days(face) or 10-14days(body). In the
 meantime, the patient should not intentionally take it off or rub the skin.
- Erythema or/and edema in the treated area are common post treatment and resolve with time. If those symptoms persist for more than 3days, anti-inflammatory medicine or dexamethasone should be prescribed.
- Antibiotic cream and hydroquinone are suggested post to treatment.
- The patient is suggested to avoid excessive heat such as sauna, hot bath and vigorous exercise for about 7 days.
- The patient is also suggested to avoid sun exposure, apply sunblock SPF30 or higher, and use non-irritant cosmetics.

Post-Treatment Care Dermal Pigmented Lesions (1064nm)

5 or more treatments / 4-12 weeks apart.

- · It is suggested to apply cold compress to cool down the treated area.
- Erythema, edema, bruising or/and peteciae in the treated area are common post treatment and resolve with time. If those symptoms
 persists for more than 3days, anti-inflammatory medicine or dexamethasone should be prescribed.
- · If a blister develops, wound care must be provided.
- The patient is also suggested to avoid sun exposure, apply sunblock SPF30 or higher, and use non-irritant cosmetics.

Post-Treatment Care Tattoos (1064nm, 532nm, 595nm, 660nm)

3-5 or more treatments / 8-12 weeks apart.

- It is suggested to apply cold compress to cool down the treated area.
- The color of the treated pigment will turn out darker within 1-3days and take off within 5-7 days(face) or 10-14days(body). In the meantime, the patient should not intentionally take it off or rub the skin.
- Erythema, edema, bruising or/and peteciae in the treated area are common post to treatment and resolve with time. If those symptoms persist for more than 3days, anti-inflammatory medicine or dexamethasone should be prescribed.
- Dressing the treated area is recommended with antibiotic cream and non-stick type of bandage (or sterile gauze) for the first 3days.
- If a blister develops, wound care must be provided.
- · The patient is suggested to avoid excessive heat such as sauna, hot bath and vigorous exercise for about 7 days.
- The patient is also suggested to avoid sun exposure, apply sunblock SPF30 or higher, and use non-irritant cosmetics.

Post-Treatment Care _ PICO toning (1064nm)

5 or more treatments / 2-4 weeks apart.

- Cooling and calming care is not typically required immediately after treatment.
- · Itchiness may appear post to treatment and resolve naturally within 1-2 days. If itchiness persists antihistamine should be prescribed.
- The patient is also suggested to avoid excessive heat such as sauna, hot bath and vigorous exercise for about 7 days.
- · The patient is suggested to frequently apply moisturizer, regenerating cream or/and sunblock with SPF30 or higher.

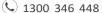
Post-Treatment Care HEXA MLA (1064nm, 532nm)

3 or more treatments / 2-4 weeks apart.

- · Cooling and calming care is recommended immediately after treatment.
- Itchiness may appear post to treatment and resolve naturally within 1-2 days. If itchiness persists more than 3 days, antihistamine should be prescribed.
- Erythema, edema, bruising or/and peteciae in the treated area are common post to treatment for up to 2days and resolve with time. If those symptoms persists for more than 3days, anti-inflammatory medicine or dexamethasone should be prescribed.
- MLA 532 The color of the treated pigment will turn darker within 1-3days and take off within 5-7 days(face) or 10-14days(body). In the
 meantime, the patient should not intentionally take it off or rub the skin.
- · The patient is suggested to avoid excessive heat such as sauna, hot bath and vigorous exercise for about 7 days.
- The patient is also suggested to avoid sun exposure, apply sunblock SPF30 or higher, and use non-irritant cosmetics.

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