

PicoSure PRO

The Dos and Don'ts for Pre Treatment Care

Correct care before and after your skincare treatment can significantly impact your Picosure PRO laser treatment results. Understanding the essential dos and don'ts helps ensure optimal outcomes and minimizes risks. Here's a guide to navigating your treatment regimen effectively.

Pre-Treatment Dos to Prepare Your Skin Properly

Consult Your Specialist: First and foremost, schedule a consultation with your skincare specialist. Discuss your treatment goals, medical history, and any concerns to tailor the procedure to your needs.

Follow Pre-Treatment Instructions: Adhere to any specific instructions provided by your specialist. This might include avoiding certain products, medications, or sun exposure to prepare your skin adequately.

Hydrate and Nourish: Ensure your skin is well-hydrated and nourished before your treatment. Drinking plenty of water and using a gentle moisturizer can help your skin respond better to the procedure.

Pre-Treatment Don'ts:

Don't Skip Sun Protection: Avoid sun exposure and use sunscreen as advised. UV rays can increase the risk of complications and affect your treatment results.

Don't Use Harsh Products: Refrain from using active ingredients, abrasive or irritating skincare products in the days leading up to your treatment. These can compromise your skin's barrier and lead to adverse reactions.

Don't Apply Fake Tan: Be fake tan free so the laser can work effectively.



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The Dos and Don'ts for Post Treatment Care

Post-Treatment Dos to Take Care of Your Skin After Treatment

Follow Aftercare Instructions: Adhere to the aftercare instructions provided by your specialist. This might include using specific products or avoiding certain activities to support healing.

Keep Your Skin Hydrated: Maintain skin hydration by applying a recommended moisturizer. Keeping your skin moisturized aids in the recovery process and enhances treatment results.

Avoid Sun Exposure: Protect your skin from sun exposure with sunscreen or protective clothing. UV rays can interfere with healing and lead to pigmentation issues.

Post-Treatment Don'ts:

Don't Pick or Scratch: Avoid touching, picking, or scratching the treated area. This can lead to irritation, infection, or scarring, hindering your results.

Don't Apply Irritating Products: Refrain from using harsh or irritating skincare products immediately after treatment. Stick to gentle, recommended products to avoid disrupting the healing process.

In summary, following these dos and don'ts for pre- and post-treatment care ensures the best possible outcomes from your skincare procedures. By preparing properly and adhering to aftercare guidelines, you can maximize your results and maintain healthy, radiant skin.



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