

# ROBOLEX QUICK REFERENCE GUIDE

| AREA  | HANDPIECE | VAC LEVEL | RF LEVEL | DURATION | MODE     | MOVEMENTS   |
|---|-----------|-----------|----------|----------|----------|---|
| <b>SKIN TIGHTENING</b>                                  |           |           |          |          |          |   |
| <b>RV-25 MULTI-POLAR RF, VACUUM AND LOW LEVEL LASER</b> |           |           |          |          |          |   |
| 8 Tx: 2 per week  | RV-25     | 2-3       | 2-4      | 15 mins  | A5       | Circular/oval movements with added pressure in the upwards sweep to lift.               |
| Maintenance: 1 Tx every 2 months                        | RV-25     | 2-3       | 2-4      | 15 mins  |          |   |
| <b>NECK</b>   |           |           |          |          |          |   |
| 8 Tx: 2 per week  | RV-25     | 2-3       | 2-4      | 15 mins  | A5       | Circular/oval movements with added pressure in the downwards sweep for lymph            |
| Maintenance: 1 Tx every 2 months                        | RV-25     | 2-3       | 2-4      | 15 mins  |          |   |
| <b>DECOLLETAGE</b>                                      |           |           |          |          |          |   |
| 8 Tx: 2 per week  | RV-25     | 2-3       | 2-4      | 15 mins  | A5       | Circular/oval movements with added pressure in the upwards sweep to lift                |
| Maintenance: 1 Tx every 2 months                        | RV-25     | 2-3       | 2-4      | 15 mins  |          |   |
| <b>BODY TREATMENTS</b>                                  |           |           |          |          |          |   |
| <b>RV-60 MULTI-POLAR RF, VACUUM AND LOW LEVEL LASER</b> |           |           |          |          |          |   |
| Arms  | RV-60     | 2-4       | 4-6      | 15 mins  | A2 or A4 | Circular, figure 8 or lines with added pressure in movements towards upper lymph nodes. |
| Calves  | RV-60     | 4-5       | 4-6      | 15 mins  | A2 or A4 |   |
| <b>RV-90 MULTI-POLAR RF, VACUUM AND LOW LEVEL LASER</b> |           |           |          |          |          |   |
| Abdomen   | RV - 90   | 4-5       | 6-7      | 15 mins  | A2 or A4 | Linear movements with more pressure in upwards movement. More pressure applied than RF. |
| Thigh   | RV - 90   | 2-4       | 4-6      | 15 mins  | A2 or A4 |   |
| Hips  | RV - 90   | 2-4       | 4-6      | 15 mins  | A2 or A4 | Linear movements with more pressure with movement towards shoulder.                     |

| AREA                              | HANDPIECE | CAVI LEVEL | DURATION                         | MODE | MOVEMENTS  |
|-----------------------------------|-----------|------------|----------------------------------|------|--|
| <b>CAVITATION (FAT REDUCTION)</b> |           |            |                                  |      |  |
| Arm                               | CAVI -38  | 3-6        | 10-15 mins/<br>10cm <sup>2</sup> | A1   | Linear movements with more pressure in upwards movement. More pressure applied than RF. Slow movement application. |
| Belly                             | CAVI -38  | 5-10       | 10-15 mins/<br>10cm <sup>2</sup> | A2   | Linear movements with more pressure in upwards movement. More pressure applied than RF. Slow movement application. |
| Hip                               | CAVI -38  | 3-6        | 10-15 mins/<br>10cm <sup>2</sup> | A3   | Linear movements with more pressure with movement towards shoulder. More pressure applied than RF                  |
| Thigh                             | CAVI -38  | 3-6        | 10-15 mins/<br>10cm <sup>2</sup> | A4   | Linear movements with more pressure in upwards movement. More pressure applied than RF. Slow movement application. |
| Leg                               | CAVI -38  | 3-6        | 10-15 mins/<br>10cm <sup>2</sup> | A5   | Linear movements with more pressure in upwards movement. More pressure applied than RF. Slow movement application. |

**NOTES:**

- ⇒ RF Heat Generation: Use less pressure and linear motion to generate heat in the area. Once heated, commence with upward movements with pressure.
- ⇒ Cavitation: Pressure is greater than with RF handpieces, and very slow movement.
- ⇒ Leg/arm: Avoid cavitation hand piece directly on the bone. Use a towel or hand to create increased tissue area and target.
- ⇒ Conductant: ⇒ ⇒ Body rubbing cream for RF treatment, cavitation cream for Cavitation.