



Congratulations on your Secret RF treatment! You're on your way to an enhanced skin.

We want to share some secrets that will help you optimise your results.

Secret RF creates microchannels in your skin that remain open for between four and six hours. This means your clinician will maximise your outcome by adding the right products to your skin. It also means you need to follow these simple instructions to help protect your newly-treated skin.

Fractional Micro Needle RF

- TIP 1 Don't reapply makeup immediately after your treatment. It's actually best to leave your face free of makeup for 24 hours. The best makeup to use after Secret RF treatment is mineral makeup.
- TIP 2 Don't use any additional products during the first four to six hours following your treatment, unless advised by your clinician.
- TIP 3 Don't exercise or increase your heart rate for 24 hours after your treatment. Your clinician may advise you to refrain from exercise for up to three days.
- TIP 4 You must not expose your skin to sun.
- TIP 5 Avoid any deep exfoliation treatments and/or retinol products for 7 to 10 days after your Secret RF treatment. Avoid using hot water on your skin. Cleanse it with cool water, and pat it gently with a towel to dry it.

We'd love to hear from you! Please share your experience with your clinician.