



TESLA_{PLATINUM} AESTHETICS SINGLE AREA

PROGRAM	APPLICATORS (a b c d)	DURATION (mins)	INTENSITY (%)	TREATMENT (course)	FREQUENCY (per week)	MAINTENANCE	SESSION (sequence)	APPLICATION
Abdomen - I Applicator Program A	C D	30-45	60 +	4-8	2-3 TxPer week Alternate days	Single Monthly Course Annual	Sessions 1-3	Lying on back
Abdomen – I Applicator Program B	C D	30-45	60 +	4-8	2-3 TxPer week Alternate days	Single Monthly Course Annual	Sessions 4-6	Lying on back
Abdomen - II Applicators Program A	C D	30-45	60 +	4-8	2-3 TxPer week Alternate days	Single Monthly Course Annual	Sessions 7-9	Lying on back
Abdomen – II Applicators Program B	C	30-45	60 +	4-8	2-3 TxPer week Alternate days	Single Monthly Course Annual	Sessions 10 - 12	Lying on back
Thighs Program A	C	30-45	60 +	4-8	2-3 TxPer week Alternate days	Single Monthly Course Annual	Sessions 1-6	Lying on stomach or back
Thighs Program B	C D	30-45	60 +	4-8	2-3 TxPer week Alternate days	Single Monthly Course Annual	Sessions 7-12	Lying on stomach or back
Arms Program A	C D	30-45	60 +	4-8	2-3 TxPer week Alternate days	Single Monthly Course Annual	Sessions 1-6	Lying on stomach or back
Arms Program B	C D	30-45	60 +	4-8	2-3 TxPer week Alternate days	Single Monthly Course Annual	Sessions 7-12	Lying on stomach or back
Gluteus Program A	C D	30-45	60 +	4-8	2-3 TxPer week Alternate days	Single Monthly Course Annual	Sessions 1-6	Lying on stomach
Gluteus Program B	C D	30-45	60 +	4-8	2-3 TxPer week Alternate days	Single Monthly Course Annual	Sessions 7-12	Lying on stomach
Calves Program A	C	30-45	60 +	4-8	2-3 TxPer week Alternate days	Single Monthly Course Annual	Sessions 1-6	Lying on stomach
Calves Program B	C D	30-45	60 +	4-8	2-3 TxPer week Alternate days	Single Monthly Course Annual	Sessions 7-12	Lying on stomach
Adipocirculataion II	C D	30-45	60 +	4-8	2-3 TxPer week Alternate days	Single Monthly Course Annual	Sessions 1-12	Lying on back or stomach



PROGRAM	APPLICATORS (a b c d)	DURATION (mins)	INTENSITY (%)	TREATMENT (course)	FREQUENCY (per week)	MAINTENANCE	SESSION (sequence)	APPLICATION
Abdomen - I Applicator Arms – II Applicators Program A	A C D	30-45	60 +	4-8	2-3 Alternate days	Single Monthly Course Annual	Sessions 1-6	Laying on back
Abdomen - I Applicator Arms – II Applicators Program B	A C D	30-45	60 +	4-8	2-3 Alternate days	Single Monthly Course Annual	Sessions 7-12	Laying on back
Abdomen - I Applicator Thighs – II Applicators Program A	A C D	30-45	60 +	4-8	2-3 Alternate days	Single Monthly Course Annual	Sessions 1-6	Laying on back
Abdomen - I Applicator Thighs – II Applicators Program B	A C D	30-45	60 +	4-8	2-3 Alternate days	Single Monthly Course Annual	Sessions 7-12	Laying on back
Abdomen – II Applicators Arms – II Applicators Program A	A B C D	30-45	60 +	4-8	2-3 Alternate days	Single Monthly Course Annual	Sessions 1-6	Laying on back
Abdomen – II Applicators Arms – II Applicators Program B	A B C D	30-45	60 +	4-8	2-3 Alternate days	Single Monthly Course Annual	Sessions 7-12	Laying on back
Abdomen – II Applicators Thighs – II Applicators Program A	A B C D	30-45	60 +	4-8	2-3 Alternate days	Single Monthly Course Annual	Sessions 1-6	Laying on back
Abdomen – II Applicators Thighs – II Applicators Program B	A B C D	30-45	60 +	4-8	2-3 Alternate days	Single Monthly Course Annual	Sessions 7-12	Laying on back
Arms – II Applicators Thighs – II Applicators Program A	A B C D	30-45	60 +	4-8	2-3 Alternate days	Single Monthly Course Annual	Sessions 1-6	Laying on back or stomach
Arms – II Applicators Thighs – II Applicators Program B	A B C D	30-45	60 +	4-8	2-3 Alternate days	Single Monthly Course Annual	Sessions 7-12	Lying on back or stomach



TESLA^{PLATINUM} AESTHETICS DOUBLE AREA

PROGRAM	APPLICATORS (a b c d)	DURATION (mins)	INTENSITY (%)	TREATMENT (course)	FREQUENCY (per week)	MAINTENANCE	SESSION (sequence)	APPLICATION
Gluteus – II Applicators Arms - II Applicators Program A	A B C D	30-45	60 +	4-8	2-3 Alternate days	Single Monthly Course Annual	Sessions 1-6	Laying on stomach
Gluteus – II Applicators Arms - II Applicators Program B	A B C D	30-45	60 +	4-8	2-3 Alternate days	Single Monthly Course Annual	Sessions 7-12	Laying on stomach
Gluteus – II Applicators Thighs - II Applicators Program A	A B C D	30-45	60 +	4-8	2-3 Alternate days	Single Monthly Course Annual	Sessions 1-6	Laying on stomach
Gluteus – II Applicators Thighs - II Applicators Program B	A B C D	30-45	60 +	4-8	2-3 Alternate days	Single Monthly Course Annual	Sessions 7-12	Laying on stomach
Thighs – II Applicators Calves- II Applicators Program A	A B C D	30-45	60 +	4-8	2-3 Alternate days	Single Monthly Course Annual	Sessions 1-6	Laying on stomach
Thighs – II Applicators Calves- II Applicators Program B	A B C D	30-45	60 +	4-8	2-3 Alternate days	Single Monthly Course Annual	Sessions 7-12	Laying on stomach
Adipocirculation x 4 Applicators	A B C D	30-45	60 +	4-8	2-3 Alternate days	Single Monthly Course Annual	Sessions 1-12	Laying on stomach
Arms – II Applicators Calves- II Applicators Program A	A B C D	30-45	60 +	4-8	2-3 Alternate days	Single Monthly Course Annual	Sessions 1-6	Laying on stomach
Arms – II Applicators Calves- II Applicators Program B	A B C D	30-45	60 +	4-8	2-3 Alternate days	Single Monthly Course Annual	Sessions 7-12	Laying on stomach



PROGRAM	APPLICATORS (a b c d)	DURATION (mins)	INTENSITY (%)	TREATMENT (course)	FREQUENCY (per week)	MAINTENANCE (weeks)	SESSIONS (sequence)	APPLICATION
Incontinence Group:								
Urge Incontinence	SEAT	30	40	6-18	2-3 Alternate days	Single Monthly Course Annual	Sessions 1-18	Position patient on chair
Stress Incontinence	SEAT	30	40	6-18	2-3 Alternate days	Single Monthly Course Annual	Sessions 1-18	Position patient on chair
Mix Incontinence	SEAT BACK	30	40	6-18	2-3 Alternate days	Single Monthly Course Annual	Sessions 1-18	Position patient on chair
Multi Mix Incontinence	SEAT BACK	30	40	6-18	2-3 Alternate days	Single Monthly Course Annual	Sessions 1-18	Position patient on chair
Multi Urge Incontinence	SEAT BACK	30	40	6-18	2-3 Alternate days	Single Monthly Course Annual	Sessions 1-18	Position patient on chair
Multi Stress Incontinence	SEAT BACK	30	40	6-18	2-3 Alternate days	Single Monthly Course Annual	Sessions 1-18	Position patient on chair
Multi Muscle Strengthening	SEAT BACK	30	40	6-18	2-3 Alternate days	Single Monthly Course Annual	Sessions 1-18	Position patient on chair
Core Therapy	A B C	30	40	6-18	2-3 Alternate days	Single Monthly Course Annual	Sessions 1-18	Position patient on chair
Prolapse (Mild)	SEAT	30	40	6-18	2-3 Alternate days	Single Monthly Course Annual	Sessions 1-18	Position patient on chair
Erectile Dysfunction	SEAT BACK	30	40	6-18	2-3 Alternate days	Single Monthly Course Annual	Sessions 1-18	Position patient on chair
Erectile Dysfunction (Muscle Etiology)	SEAT	30	40	6-18	2-3 Alternate days	Single Monthly Course Annual	Sessions 1-18	Position patient on chair
Prostatectomy (without pudendal damage)	SEAT	30	40	6-18	2-3 Alternate days	Single Monthly Course Annual	Sessions 1-18	Position patient on chair
Fecal Incontinence	SEAT	30	40	6-18	2-3 Alternate days	Single Monthly Course Annual	Sessions 1-18	Position patient on chair
Posta partum incontinence	SEAT BACK	30	40	6-18	2-3 Alternate days	Single Monthly Course Annual	Sessions 1-18	Position patient on chair
Hemorrhoids	SEAT	30	40	6-18	2-3 Alternate days	Single Monthly Course Annual	Sessions 1-18	Position patient on chair
Nocturia	SEAT BACK	30	40	6-18	2-3 Alternate days	Single Monthly Course Annual	Sessions 1-18	Position patient on chair
Urge Soft Incontinence	SEAT	30	40	6-18	2-3 Alternate days	Single Monthly Course Annual	Sessions 1-18	Position patient on chair
Stress Soft Incontinence	SEAT	30	40	6-18	2-3 Alternate days	Single Monthly Course Annual	Sessions 1-18	Position patient on chair
Mix Soft Incontinence	SEAT	30	40	6-18	2-3 Alternate days	Single Monthly Course Annual	Sessions 1-18	Position patient on chair



TESLA_{PLATINUM} INCONTINENCE SIMULTANEOUS

PROGRAM	APPLICATORS (a b c d)	DURATION (mins)	INTENSITY (%)	TREATMENT (course)	FREQUENCY (per week)	MAINTENANCE (weeks)	SESSIONS (sequence)	APPLICATION
Urge Multi Dual	A B	30	40	6-18	2-3 Alternate days	Single Monthly Course Annual	Sessions 1-18	Position patient on chair
Stress Multi Dual	A B	30	40	6-18	2-3 Alternate days	Single Monthly Course Annual	Sessions 1-18	Position patient on chair
Mix Multi Dual	A B	30	40	6-18	2-3 Alternate days	Single Monthly Course Annual	Sessions 1-18	Position patient on chair
Multi Muscle Strengthening Dual	A B	30	40	6-18	2-3 Alternate days	Single Monthly Course Annual	Sessions 1-18	Position patient on chair
Core 360 Therapy	A B C	30	40	6-18	2-3 Alternate days	Single Monthly Course Annual	Sessions 1-18	Position patient on chair
Prolapse Mild Dual	A B	30	40	6-18	2-3 Alternate days	Single Monthly Course Annual	Sessions 1-18	Position patient on chair
Erectile Dysfunction Dual	A B	30	40	6-18	2-3 Alternate days	Single Monthly Course Annual	Sessions 1-18	Position patient on chair
Erectile Dysfunction (Muscle Etiology)	A B	30	40	6-18	2-3 Alternate days	Single Monthly Course Annual	Sessions 1-18	Position patient on chair
Erectile Dysfunction (Muscle Etiology)	A B	30	40	6-18	2-3 Alternate days	Single Monthly Course Annual	Sessions 1-18	Position patient on chair
Prostatectomy (without pudendal damage)	A B	30	40	6-18	2-3 Alternate days	Single Monthly Course Annual	Sessions 1-18	Position patient on chair
Fecal Incontinence Dual	A B	30	40	6-18	2-3 Alternate days	Single Monthly Course Annual	Sessions 1-18	Position patient on chair
Posta Partum Incontinence Dual	A B	30	40	6-18	2-3 Alternate days	Single Monthly Course Annual	Sessions 1-18	Position patient on chair
Hemorrhoids Dual	A B	30	40	6-18	2-3 Alternate days	Single Monthly Course Annual	Sessions 1-18	Position patient on chair
Nocturia Dual	A B	30	40	6-18	2-3 Alternate days	Single Monthly Course Annual	Sessions 1-18	Position patient on chair



PROGRAM	APPLICATORS (a b c d)	DURATION (mins)	INTENSITY (%)	TREATMENT (course)	FREQUENCY (per week)	MAINTENANCE (weeks)	SESSIONS (sequence)	APPLICATION
Handheld Group:								
P1 – Acute Phase	C D	10-15	20-40	5-15	2-3 Alternate days	Weekly or as needed	Sessions 1-6	Position patient as required depending on area of area. Target nerve at centre of issue.
P2 – Subacute Phase	C D	10-15	20-40	5-15	2-3 Alternate days	Weekly or as needed	Sessions 6-12	Position patient as required depending on area of area. Target nerve at centre of issue.
P3 – Subchronic Phase	C D	15-20	20-40	5-15	2-3 Alternate days	Weekly or as needed	Sessions 12-18	Position patient as required depending on area of area. Target nerve at centre of issue.
P4 – Chronic Phase	C D	30-45	20-40	5-15	2-3 Alternate days	Weekly or as needed	Sessions 18 ongoing	Position patient as required depending on area of area. Target nerve at centre of issue.
P5 – Contraction 8Hz	C D	Acute 10-15 Chronic 30-45	20-40	5-15	2-3 Alternate days	Weekly or as needed	Sessions 1-3	Position patient as required depending on area of area. Target nerve at centre of issue.
P6 – Contraction 15Hz	C D	Acute 10-15 Chronic 30-45	20-40	5-15	2-3 Alternate days	Weekly or as needed	Sessions 3-6	Position patient as required depending on area of area. Target nerve at centre of issue.
P7 – Contraction 30Hz	C D	Acute 10-15 Chronic 30-45	20-40	5-15	2-3 Alternate days	Weekly or as needed	Sessions 6-12	Position patient as required depending on area of area. Target nerve at centre of issue.
P8 – Contraction 30Hz soft	C D	Acute 10-15 Chronic 30-45	20-40	5-15	2-3 Alternate days	Weekly or as needed	Sessions 6-12	Position patient as required depending on area of area. Target nerve at centre of issue.
P9 – Contraction 30Hz FM	C D	Acute 10-15 Chronic 30-45	20-40	5-15	2-3 Alternate days	Weekly or as needed	Sessions 6-12	Position patient as required depending on area of area. Target nerve at centre of issue.
P10 – Contraction 40Hz	C D	Acute 10-15 Chronic 30-45	20-40	5-15	2-3 Alternate days	Weekly or as needed	Sessions 12-15	Position patient as required depending on area of area. Target nerve at centre of issue.
P11 – Contraction 40Hz soft	C D	Acute 10-15 Chronic 30-45	20-40	5-15	2-3 Alternate days	Weekly or as needed	Sessions 12-15	Position patient as required depending on area of area. Target nerve at centre of issue.
Physio Group:								
Neurology								
Neuralgia	C D	Acute 10-15 Chronic 30-45	20-40	5-15	2-3 Alternate days	Weekly or as needed	Sessions 1-15	Position patient as required depending on area of area. Target nerve at centre of issue.
Nerve Damage	C D	Acute 10-15 Chronic 30-45	20-40	5-15	2-3 Alternate days	Weekly or as needed	Sessions 1-15	Position patient as required depending on area of area. Target nerve at centre of issue.



TESLA PLATINUM HANDHELD REHABILITATION

Pudendal Nerve Nevralgia (Acute)	C D	Acute 10-15 Chronic 30-45	20-40	5-15	2-3 Alternate days	Weekly or as needed	Sessions 1-15	Position patient as required depending on area of area. Target nerve at centre of issue.
Pudendal Nerve Nevralgia (Chronic)	C D	Acute 10-15 Chronic 30-45	20-40	5-15	2-3 Alternate days	Weekly or as needed	Sessions 1-15	Position patient as required depending on area of area. Target nerve at centre of issue.
Myofascial Pain	C D	Acute 10-15 Chronic 30-45	20-40	5-15	2-3 Alternate days	Weekly or as needed	Sessions 1-15	Position patient as required depending on area of area. Target nerve at centre of issue.
Peripheral Neuropathy	C D	Acute 10-15 Chronic 30-45	20-40	5-15	2-3 Alternate days	Weekly or as needed	Sessions 1-15	Position patient as required depending on area of area. Target nerve at centre of issue.
Polyneuropathy	C D	Acute 10-15 Chronic 30-45	20-40	5-15	2-3 Alternate days	Weekly or as needed	Sessions 1-15	Position patient as required depending on area of area. Target nerve at centre of issue.
Neuritis	C D	Acute 10-15 Chronic 30-45	20-40	5-15	2-3 Alternate days	Weekly or as needed	Sessions 1-15	Position patient as required depending on area of area. Target nerve at centre of issue.
Spasticity Reduction	C D	Acute 10-15 Chronic 30-45	20-40	5-15	2-3 Alternate days	Weekly or as needed	Sessions 1-15	Position patient as required depending on area of area. Target nerve at centre of issue.
Peripheral Circulation	C D	Acute 10-15 Chronic 30-45	20-40	5-15	2-3 Alternate days	Weekly or as needed	Sessions 1-15	Position patient as required depending on area of area
Edema	C D	Acute 10-15 Chronic 30-45	20-40	5-15	2-3 Alternate days	Weekly or as needed	Sessions 1-15	Position patient as required depending on area of area.
Lymphatic Drainage	C D	Acute 10-15 Chronic 30-45	20-40	5-15	2-3 Alternate days	Weekly or as needed	Sessions 1-15	Position patient as required depending on area of area.
Circulation								
Peripheral Circulation	C D	Acute 10-15 Chronic 30-45	20-40	5-15	2-3 Alternate days	Weekly or as needed	Sessions 1-15	Position patient as required depending on area of area
Edema	C D	Acute 10-15 Chronic 30-45	20-40	5-15	2-3 Alternate days	Weekly or as needed	Sessions 1-15	Position patient as required depending on area of area
Lymphatic Drainage	C D	Acute 10-15 Chronic 30-45	20-40	5-15	2-3 Alternate days	Weekly or as needed	Sessions 1-15	Position patient as required depending on area of area
Respiratory								
Diaphragm Conditioning (ICU)	C D	Acute 10-15 Chronic 30-45	20-40	5-15	2-3 Alternate days	Weekly or as needed	Sessions 1-15	Position patient as required depending on area of area
Muscles Relaxation (ICU)	C D	Acute 10-15 Chronic 30-45	20-40	5-15	2-3 Alternate days	Weekly or as needed	Sessions 1-15	Position patient as required depending on area of area
Post-Covid Rehabilitation (ICU)	C D	Acute 10-15 Chronic 30-45	20-40	5-15	2-3 Alternate days	Weekly or as needed	Sessions 1-15	Position patient as required depending on area of area
Bones								
Bone Fracture	C D	Acute 10-15 Chronic 30-45	20-40	5-15	2-3 Alternate days	Weekly or as needed	Sessions 1-15	Position patient as required depending on area of area
Pseudarthrosis	C D	Acute 10-15 Chronic 30-45	20-40	5-15	2-3 Alternate days	Weekly or as needed	Sessions 1-15	Position patient as required depending on area of area



TESLA^{PLATINUM} HANDHELD REHABILITATION

Muscles								
Muscle spasm	C D	Acute 10-15 Chronic 30-45	20-40	5-15	2-3 Alternate days	Weekly or as needed	Sessions 1-15	Position patient as required depending on area of area
Muscle relaxation	C D	Acute 10-15 Chronic 30-45	20-40	5-15	2-3 Alternate days	Weekly or as needed	Sessions 1-15	Position patient as required depending on area of area
Muscle rupture chronic	C D	Acute 10-15 Chronic 30-45	20-40	5-15	2-3 Alternate days	Weekly or as needed	Sessions 1-15	Position patient as required depending on area of area
Peripheral paralysis	C D	Acute 10-15 Chronic 30-45	20-40	5-15	2-3 Alternate days	Weekly or as needed	Sessions 1-15	Position patient as required depending on area of area
Spasticity	C D	Acute 10-15 Chronic 30-45	20-40	5-15	2-3 Alternate days	Weekly or as needed	Sessions 1-15	Position patient as required depending on area of area
Muscle rupture acute	C D	Acute 10-15 Chronic 30-45	20-40	5-15	2-3 Alternate days	Weekly or as needed	Sessions 1-15	Position patient as required depending on area of area
Fibromyalgia	C D	Acute 10-15 Chronic 30-45	20-40	5-15	2-3 Alternate days	Weekly or as needed	Sessions 1-15	Position patient as required depending on area of area
ICU neuromyopathy	C D	Acute 10-15 Chronic 30-45	20-40	5-15	2-3 Alternate days	Weekly or as needed	Sessions 1-15	Position patient as required depending on area of area
Muscle training basic	C D	Acute 10-15 Chronic 30-45	20-40	5-15	2-3 Alternate days	Weekly or as needed	Sessions 1-15	Position patient as required depending on area of area
Muscle training advanced	C D	Acute 10-15 Chronic 30-45	20-40	5-15	2-3 Alternate days	Weekly or as needed	Sessions 1-15	Position patient as required depending on area of area
Simultaneous Programs:								
Diaphragm Conditioning II	C D	Acute 10-15 Chronic 30-45	20-40	5-15	2-3 Alternate days	Weekly or as needed	Sessions 1-15	Lying on back
Muscles Relaxation II	C D	Acute 10-15 Chronic 30-45	20-40	5-15	2-3 Alternate days	Weekly or as needed	Sessions 1-15	Position patient as required depending on area of area
Post-Covid Rehabilitation	C D	Acute 10-15 Chronic 30-45	20-40	5-15	2-3 Alternate days	Weekly or as needed	Sessions 1-15	Lying on back
1 x abdomen 2 x chest	B C D	Acute 10-15 Chronic 30-45	20-40	5-15	2-3 Alternate days	Weekly or as needed	Sessions 1-15	Lying on back Requires 3 paddles
1 x back 1 x abdomen 2 x chest	A B C D	Acute 10-15 Chronic 30-45	20-40	5-15	2-3 Alternate days	Weekly or as needed	Sessions 1-15	Position patient on chair Requires 3 paddles



TESLA PLATINUM BACK, NECK AND PELVIC FLOOR REGULAR

PROGRAM	APPLICATORS (a b c d)	DURATION (mins)	INTENSITY (%)	TREATMENT (course)	FREQUENCY (per week)	MAINTENANCE (weeks)	SESSIONS (sequence)	APPLICATION
Multi Mix Incontinence	SEAT BACK	30	40	6-18	2-3 Alternate days	Single Monthly Course Annual	Sessions 1-18	Position patient on chair
Multi Urge Incontinence	SEAT BACK	30	40	6-18	2-3 Alternate days	Single Monthly Course Annual	Sessions 1-18	Position patient on chair
Multi Stress Incontinence	SEAT BACK	30	40	6-18	2-3 Alternate days	Single Monthly Course Annual	Sessions 1-18	Position patient on chair
Multi Muscle Strengthening	SEAT BACK	30	40	6-18	2-3 Alternate days	Single Monthly Course Annual	Sessions 1-18	Position patient on chair
Acute Back Pain	BACK	30	40	6-18	2-3 Alternate days	Single Monthly Course Annual	Sessions 1-18	Position patient on chair
Subacute Back Pain	BACK	30	40	6-18	2-3 Alternate days	Single Monthly Course Annual	Sessions 1-18	Position patient on chair
Chronic Back Pain	BACK	30	40	6-18	2-3 Alternate days	Single Monthly Course Annual	Sessions 1-18	Position patient on chair
Back Strengthening	BACK	30	40	6-18	2-3 Alternate days	Single Monthly Course Annual	Sessions 1-18	Position patient on chair
Pelvic Floor Pain	SEAT	30	40	6-18	2-3 Alternate days	Single Monthly Course Annual	Sessions 1-18	Position patient on chair
Back and Pelvic Floor Pain	SEAT BACK	30	40	6-18	2-3 Alternate days	Single Monthly Course Annual	Sessions 1-18	Position patient on chair
Back Pain and Pelvic Floor Strengthening	SEAT BACK	30	40	6-18	2-3 Alternate days	Single Monthly Course Annual	Sessions 1-18	Position patient on chair
Back Strengthening and Pelvic Floor Pain	SEAT BACK	30	40	6-18	2-3 Alternate days	Single Monthly Course Annual	Sessions 1-18	Position patient on chair
Back and abdominal pain	A B C	30	40	6-18	2-3 Alternate days	Single Monthly Course Annual	Sessions 1-18	Position patient on chair
Back and abdominal strengthening	A B C	30	40	6-18	2-3 Alternate days	Single Monthly Course Annual	Sessions 1-18	Position patient on chair



TESLA^{PLATINUM} BACK, NECK AND PELVIC SIMULTANEOUS

PROGRAM	APPLICATORS (a b c d)	DURATION (mins)	INTENSITY (%)	TREATMENT (course)	FREQUENCY (per week)	MAINTENANCE (weeks)	SESSIONS (sequence)	APPLICATION
Acute Back Pain – Pelvic II	ABC	30	40	6-18	2-3 Alternate days	Single Monthly Course Annual	Sessions 1-18	Position patient on chair
Subacute Back Pain – Pelvic II	ABC	30	40	6-18	2-3 Alternate days	Single Monthly Course Annual	Sessions 1-18	Position patient on chair
Chronic Back Pain – Pelvic II	ABC	30	40	6-18	2-3 Alternate days	Single Monthly Course Annual	Sessions 1-18	Position patient on chair
Back Strengthening- - Pelvic II	ABC	30	40	6-18	2-3 Alternate days	Single Monthly Course Annual	Sessions 1-18	Position patient on chair
Acute pain back – pelvic – neck	ABC	30	40	6-18	2-3 Alternate days	Single Monthly Course Annual	Sessions 1-18	Position patient on chair
Subacute pain back – pelvic – neck	ABC	30	40	6-18	2-3 Alternate days	Single Monthly Course Annual	Sessions 1-18	Position patient on chair
Chronic pain – back – pelvic – neck	ABC	30	40	6-18	2-3 Alternate days	Single Monthly Course Annual	Sessions 1-18	Position patient on chair
Back Strengthening back – pelvic – neck	ABC	30	40	6-18	2-3 Alternate days	Single Monthly Course Annual	Sessions 1-18	Position patient on chair
Strength back – pelvic – beek	ABC	30	40	6-18	2-3 Alternate days	Single Monthly Course Annual	Sessions 1-18	Position patient on chair



TESLA^{PLATINUM} BACK, NECK AND PELVIC REGULAR

PROGRAM	APPLICATORS (a b c d)	DURATION (mins)	INTENSITY (%)	TREATMENT (course)	FREQUENCY (per week)	MAINTENANCE (weeks)	SESSIONS (sequence)	APPLICATION
Urge Incontinence	A	30	40	6-18	2-3 Alternate days	Single Monthly Course Annual	Sessions 1-18	Position patient on chair
Stress Incontinence	A	30	40	6-18	2-3 Alternate days	Single Monthly Course Annual	Sessions 1-18	Position patient on chair
Mix Incontinence	A	30	40	6-18	2-3 Alternate days	Single Monthly Course Annual	Sessions 1-18	Position patient on chair
Multi Mix Incontinence	A B	30	40	6-18	2-3 Alternate days	Single Monthly Course Annual	Sessions 1-18	Position patient on chair
Multi Urge Incontinence	A B	30	40	6-18	2-3 Alternate days	Single Monthly Course Annual	Sessions 1-18	Position patient on chair
Multi Stress Incontinence	A B	30	40	6-18	2-3 Alternate days	Single Monthly Course Annual	Sessions 1-18	Position patient on chair
Multi Muscle Strengthening	A B	30	40	6-18	2-3 Alternate days	Single Monthly Course Annual	Sessions 1-18	Position patient on chair
Prolapse (Mild)	A	30	40	6-18	2-3 Alternate days	Single Monthly Course Annual	Sessions 1-18	Position patient on chair
Erectile Dysfunction	A	30	40	6-18	2-3 Alternate days	Single Monthly Course Annual	Sessions 1-18	Position patient on chair
Erectile Dysfunction (Muscle Etiology)	A	30	40	6-18	2-3 Alternate days	Single Monthly Course Annual	Sessions 1-18	Position patient on chair
Prostatectomy (without pudendal damage)	A	30	40	6-18	2-3 Alternate days	Single Monthly Course Annual	Sessions 1-18	Position patient on chair
Acute Back Pain	B	30	40	6-18	2-3 Alternate days	Single Monthly Course Annual	Sessions 1-18	Position patient on chair
Subacute Back Pain	B	30	40	6-18	2-3 Alternate days	Single Monthly Course Annual	Sessions 1-18	Position patient on chair
Chronic Back Pain	B	30	40	6-18	2-3 Alternate days	Single Monthly Course Annual	Sessions 1-18	Position patient on chair
Back Strengthening	B	30	40	6-18	2-3 Alternate days	Single Monthly Course Annual	Sessions 1-18	Position patient on chair
Pelvic Floor Pain	A	30	40	6-18	2-3 Alternate days	Single Monthly Course Annual	Sessions 1-18	Position patient on chair
Back and Pelvic Floor Pain	A B	30	40	6-18	2-3 Alternate days	Single Monthly Course Annual	Sessions 1-18	Position patient on chair
Back Pain and Pelvic Floor Strengthening	A B	30	40	6-18	2-3 Alternate days	Single Monthly Course Annual	Sessions 1-18	Position patient on chair
Back Strengthening and Pelvic Floor Pain	A B	30	40	6-18	2-3 Alternate days	Single Monthly Course Annual	Sessions 1-18	Position patient on chair
Fecal Incontinence	A	30	40	6-18	2-3 Alternate days	Single Monthly Course Annual	Sessions 1-18	Position patient on chair



TESLA^{PLATINUM} REHABILITATION, PHYSIO PROGRAMS

PROGRAM	APPLICATORS (a b c d)	DURATION (mins)	INTENSITY (%)	TREATMENT (course)	FREQUENCY (per week)	MAINTENANCE (weeks)	SESSIONS (sequence)	APPLICATION
4 CHANNELS: REGULAR								
4 X Muscle Strength L	A B C D	10-15	20-40	5-15	2-3 Alternate days	Weekly or as needed	Sessions 1-6	Position patient as required depending on area of area. Target nerve at centre of issue.
4 x Neuro Muscle L	A B C D	10-15	20-40	5-15	2-3 Alternate days	Weekly or as needed	Sessions 6-12	Position patient as required depending on area of area. Target nerve at centre of issue.
3 x Muscle Strength L	A B C	15-20	20-40	5-15	2-3 Alternate days	Weekly or as needed	Sessions 12-18	Position patient as required depending on area of area. Target nerve at centre of issue.
3 x Neuro Muscle L	A B C	30-45	20-40	5-15	2-3 Alternate days	Weekly or as needed	Sessions 18 ongoing	Position patient as required depending on area of area. Target nerve at centre of issue.
1 x Back Pain 2 x Muscle Strength	A B C	Acute 10-15 Chronic 30-45	20-40	5-15	2-3 Alternate days	Weekly or as needed	Sessions 1-3	Position patient as required depending on area of area. Target nerve at centre of issue.
1 x Back pain 3 x Muscle Strength	A B C D	Acute 10-15 Chronic 30-45	20-40	5-15	2-3 Alternate days	Weekly or as needed	Sessions 3-6	Position patient as required depending on area of area. Target nerve at centre of issue.

PROGRAM	APPLICATORS (a b c d)	DURATION (mins)	INTENSITY (%)	TREATMENT (course)	FREQUENCY (per week)	MAINTENANCE (weeks)	SESSIONS (sequence)	APPLICATION
4 CHANNELS: SIMULTANEOUS								
4 X Muscle Strength II	A B C D	10-15	20-40	5-15	2-3 Alternate days	Weekly or as needed	Sessions 1-6	Position patient as required depending on area of area. Target nerve at centre of issue.
4 x Neuro Muscle II	A B C D	10-15	20-40	5-15	2-3 Alternate days	Weekly or as needed	Sessions 6-12	Position patient as required depending on area of area. Target nerve at centre of issue.
3 x Muscle Strength II	A B C	15-20	20-40	5-15	2-3 Alternate days	Weekly or as needed	Sessions 12-18	Position patient as required depending on area of area. Target nerve at centre of issue.
3 x Neuro Muscle II	A B C	30-45	20-40	5-15	2-3 Alternate days	Weekly or as needed	Sessions 18 ongoing	Position patient as required depending on area of area. Target nerve at centre of issue.
1 x Back Pain 2 x Muscle Strength II	A B C	Acute 10-15 Chronic 30-45	20-40	5-15	2-3 Alternate days	Weekly or as needed	Sessions 1-3	Position patient as required depending on area of area. Target nerve at centre of issue.
1 x Back pain 3 x Muscle Strength II	A B C D	Acute 10-15 Chronic 30-45	20-40	5-15	2-3 Alternate days	Weekly or as needed	Sessions 3-6	Position patient as required depending on area of area. Target nerve at centre of issue.



TESLA_{PLATINUM} TESLA_{PLATINUM} FEET APPLICATOR

PROGRAM	APPLICATORS (a b c d)	DURATION (mins)	INTENSITY (%)	TREATMENT (course)	FREQUENCY (per week)	MAINTENANCE (weeks)	SESSIONS (sequence)	APPLICATION
Posture Acute pain	A B C D	10-15	20-40	5-15	2-3 Alternate days	Weekly or as needed	Sessions 1-10	Position patient on chair with feet on identified areas on foot applicator.
Posture Chronic Pain	A B C D	10-15	20-40	5-15	2-3 Alternate days	Weekly or as needed	Sessions 11-18+	Position patient on chair with feet on identified areas on foot applicator.
Feet Acute Pain	C D	15-20	20-40	5-15	2-3 Alternate days	Weekly or as needed	Sessions 1-10	Position patient on chair with feet on identified areas on foot applicator.
Feet Chronic Pain	C D	30-45	20-40	5-15	2-3 Alternate days	Weekly or as needed	Sessions 11-18+	Position patient on chair with feet on identified areas on foot applicator.
Feet Relax	C D	Acute 10-15 Chronic 30-45	20-40	5-15	2-3 Alternate days	Weekly or as needed	Sessions 1-10	Position patient on chair with feet on identified areas on foot applicator.
Claves and feet relax	A B C D	Acute 10-15 Chronic 30-45	20-40	5-15	2-3 Alternate days	Weekly or as needed	Sessions 1-10	Position patient on chair with feet on identified areas on foot applicator.
Feet pain plus back innervation	B C D	Acute 10-15 Chronic 30-45	20-40	5-15	2-3 Alternate days	Weekly or as needed	Sessions 1-18	Position patient on chair with feet on identified areas on foot applicator.
Feet muscle training	C D	Acute 10-15 Chronic 30-45	20-40	5-15	2-3 Alternate days	Weekly or as needed	Sessions 1-18	Position patient on chair with feet on identified areas on foot applicator.
Feet fractures	C D	Acute 10-15 Chronic 30-45	20-40	5-15	2-3 Alternate days	Weekly or as needed	Sessions 1-18	Position patient on chair with feet on identified areas on foot applicator.
Feet lymphatic drainage	CD	Acute 10-15 Chronic 30-45	20-40	5-15	2-3 Alternate days	Weekly or as needed	Sessions 1-18	Position patient on chair with feet on identified areas on foot applicator.
Feet plus calve lymphatic drainage	A B C D	Acute 10-15 Chronic 30-45	20-40	5-15	2-3 Alternate days	Weekly or as needed	Sessions 1-18	Position patient on chair with feet on identified areas on foot applicator.