



Case Report:
Solar elastosis

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This is a case report provided by the dermatologist Dr. Adriana Cairo, from São Paulo, SP, Brazil. The case described aims at a combination of treatments for global rejuvenation of the face without recovery time, using the **ZYE YAG®** platform at 1064 nm with the **5-15/LT, ProDeep®** and **DualMode®** handpieces.

- ▶ Rejuvenation of the skin is a treatment that seeks to stimulate collagen, remove pigmentary lesions and even superficial vascular lesions. The idea is to attenuate lines and wrinkles, fight mild flaccidity, restore uniform coloration to the skin (removing undesired spots), as well as providing a toning effect and glow.
- ▶ The most modern technologies currently available are ablative fractional LASERs (for example: **DualMode®**), non-ablative fractional LASERs (for example: **ProDeep®**), nano (**ACROMA-QS®**) and picosecond LASERs, as well as those with longer and quasi-continuous pulses (**ZYE YAG® INTENSE®**).



Before and after (four sessions)

HANDPIECE/ SPOT	REGION	MODE	FLUENCE/ENERGY	PULSE TIME	SHOTS	INDICATION
DualMode® inLift®	Lips	Fractional	35-40 mJ/mtz	Smooth Pulse	20 a 30/lip	Volumizing
ProDeep® 8 mm/100 mtz	Eyelids	-	70 mJ/mtz	3 ms	2 passes	Rejuvenation
ProDeep® 8 mm/100 mtz	Perioral wrinkles	-	90-100 m/mtz	3 ms	2 passes	Rejuvenation
5-15/LT 10 or 15 mm	Malar region	Intense	20-30 W	15s (time of shot)	6-7 KJ/hemiface	Skin tightening
5-15/LT 10 or 15 mm	Neck	Intense	30 W	15s (time of shot)	7-10 KJ/quadrant	Skin tightening
DualMode® 12 mm	Full face	Dynamics	0.25-0.55 J/cm²	200 µs	500-1.000/quadrant	Clearing and drug delivery