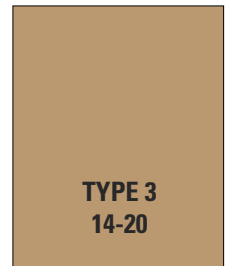
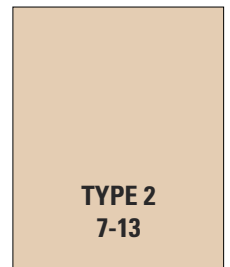
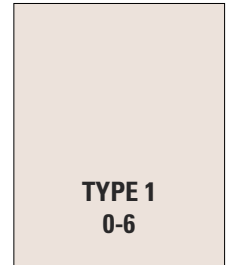







Thomas B. Fitzpatrick, M.D., PhD. developed the standard for classifying a person's skin type by their response to sun exposure, burning and tanning. The answers to the questions below provide the score which is then translated into the Skin Type classification.

Score	0	1	2	3	4	Score
<b>Eye colour</b>	Light colours	Blue / grey / green	Hazel	Brown	Black	
<b>Natural hair colour</b>	Light blonde/ light red	Blond	Chestnut or dark blond	Brown	Black	
<b>Skin colour (unexposed areas)</b>	Reddish	Pale	Beige / olive	Brown	Dark brown	
<b>Freckles (unexposed areas)</b>	Many	Several	Few	Incidental	None	
<b>Reaction to staying in sun too long</b>	Painful blisters, peeling	Mild blisters, peeling	Burn, mild peeling	Rare	No burning	
<b>Do you turn brown</b>	Never	Seldom	Sometimes	Often	Always	
<b>Degree of tanning</b>	Never	Light tan	Medium tan	Dark Tan	Deep tan	
<b>Sensitivity of face to sun</b>	Very sensitive	Sensitive	Normal	Very resistant	No problem	
<b>Last exposure to natural or artificial tanning</b>	3 months +	2-3 months ago	1-2 months ago	Less than a month ago	Less than 2 weeks ago	
<b>How often do you tan?</b>	Never	Hardly ever	Sometimes	Often	Always	
<b>TOTAL SCORE</b>						



## FITZPATRICK CLASSIFICATION DETAILS:

SKIN TYPE	COLOUR	REACTION TO UVA	REACTION TO SUN	EXAMPLES
TYPE I	Caucasian; blond or red hair, freckles, white, very fair skin, blue eyes	Very sensitive	Always sun burns quickly with less than 20 minutes unprotected sun exposure, never tans; very fair skin tone. Sun protection 30+ as well as clothing, sunglasses and hats.	
TYPE II	Caucasian; blond or red hair, freckles, fair skin, blue or green eyes	Very sensitive	Usually burns easily, tans with difficulty, fair skin tone. Sun protection 30+ as well as clothing, sunglasses and hats.	
TYPE III	Darker Caucasian, light Asian; 'creamy-white' skin, any hair and eye colour	Sensitive	Burns moderately, tans gradually; fair to medium skin tone. Sun protection 30+ as well as clothing, sunglasses and hats.	
TYPE IV	Mediterranean, darker Asian skin, Hispanic; brown skin and eyes	Moderately sensitive	Rarely burns, always tans well; medium skin tone. Some sun protection is wise.	
TYPE V	Middle Eastern, Latin, light-skinned black/dark brown skin, Indian	Minimally sensitive	Very rarely burns, tans very easily; olive or dark skin tone	
TYPE VI	Black, African, black skin, brown eyes	Least sensitive	Never burns, deeply pigmented; very dark skin tone	