# VILASer



## TREATMENT PARAMETERS

Long-Pulsed 532nm KTP & 1064nm Nd:YAG

> Vascular Lesions Benign Pigmented Lesions Skin Rejuvenation Hair Removal



2020.05.22



Loading Parameter



Press "Load"



Select a parameter Press "✓"

#### **Saving Parameter**



Press "+" "-" to adjust parameter



After entering name of parameter, Press "Enter"

#### **Replacing Cartridge**



Press the buttons of the both sides down sides at once



Remove the installed cartridge towards the sapphire window



	Tips for Appropriate Parameter Managing When Making Vascular Treatments
• Wavelength (nm)	<ul><li>532nm : Thin blood vessel, pink blood vessel</li><li>1064nm : Thick and deep blood vessel, dark blue, purple</li></ul>
Spot Size (mm)	<ul><li>Small Spot Size : Thin blood vessel</li><li>Large Spot Size : Blue, Purple, Thick blood vessel, Flushing</li></ul>
• Fluence (J/cm <sup>2</sup> )	<ul><li>High Energy : Small diameter, pink blood vessel</li><li>Low Energy : Large diameter, blue and dark blood vessel</li></ul>
Pulse Duration (ms)	<ul><li>Short Pulse Duration : Small diameter, pink blood vessel</li><li>Long Pulse Duration : Large diameter, blue and dark blood vessel</li></ul>
・ Cooling Temperature (℃)	<ul> <li>Normally 5°C-15°C / Dark skin : 5°C</li> <li>Before/after treatment cooling of lesion important</li> </ul>
Repetition Rate (Hz)	• Recommend not to go over 2Hz for safe protection of skin



### Treatment Information : Vascular Lesions

	Use of Anesthetic Cream	• Optional
Prior to	Use of Cooling Gel	• Apply as thinly as possible on the surface of the skin
Treatment	Eye Shield for Patient	• Must do
	Safety Goggle	• Must do
	Test Shot	<ul> <li>Proceed test shot with the least available fluence, adjust parameter while considering LTI (Laser Tissue Interaction) and Ending Point.</li> </ul>
	Contact Cooling	<ul> <li>Requires contact cooling before and after treatment</li> <li>approximately 10-15 °C ★MUST DO★</li> </ul>
Treatment Process	Treatment Method	<ul> <li>Press the hand piece on to the lesion (maintain 90° angle)</li> <li>Do not press the vascular lesion too hard</li> <li>If gel gathers above the sapphire window, clean up</li> <li>If bubbles form in between cooling gel, remove bubbles</li> <li>Do not treat the same place more than once</li> <li>Observe the skin while making treatment, recommend smaller spot size for thinner blood vessels and to not apply too much pressure on the lesion</li> </ul>
	Ending Point	<ul> <li>Reduce pulse width or increase fluence to check on appropriate ending point</li> <li>Vascular lesion color change or disappears right after</li> <li>Bruises or reddening</li> </ul>
	Skin Reaction	May show signs of reddening or bruises
Post Treatment	Post Treating	<ul> <li>Cooling care</li> <li>For burns, use contact cooling of hand piece to make it calm down (do not use ice)</li> </ul>
	Warning for Patients	• No Sauna, No chemical-composition make up for 5-7 days
Treatment Numbers	Treatment Gaps	• 4-6 weeks



#### Parameters : Vascular Lesions \_ 532nm

	Wavelength	Spot Size	Fluence	Duration	Frequency	Temperature
Lesion	(nm)	(mm)	(J/cm²)	(ms)	(Hz)	(°C)
Telangiectasia	532nm	3-	8-9	12	1.5	45.20
		4-	10-	10-	1	
Diffuse Redness		10	5-7	10-	3	15-20
Acne Redness		5	6-	5-	1	

#### Parameters : Vascular Lesions \_ 1064nm

	Wavelength	Spot Size	Fluence	Duration	Frequency	Temperature
Lesion	(nm)	(mm)	(J/cm²)	(ms)	(Hz)	(°C)
Cherry Angioma		3	150-	10-	1	
Dark Circle		5	90-	20-	1	
Vein	1064	4-6	150-	20-	1	15-20
Telangiectasia		3-	150-	10-	1	
Venous Lake		5	90	20-	1	

### Treatment Information : Pigmented Lesions

	Use of Anesthetic Cream	• Must do
_Prior to	Use of Cooling Gel	<ul> <li>Must do</li> <li>Use with spot size smaller than 10mm and for dark skin</li> <li>Not recommended to use gel for partial treatment</li> </ul>
Treatment	Eye Shield for Patient	• Must do
	Safety Goggle	• Must do
	Test Shot	<ul> <li>Proceed test shot with the least available fluence, adjust parameter while considering LTI (Laser Tissue Interaction) and Ending Point.</li> <li>When adjusting fluence, adjust to 1.0-0.2J/cml</li> </ul>
	Contact Cooling	<ul> <li>Requires contact cooling before and after treatment - approximately 10-15 °C ★MUST DO★</li> </ul>
Treatment Process	Treatment Method	<ul> <li>Press the hand piece on to the lesion (maintain 90° angle)</li> <li>Be especially careful with curved areas</li> <li>If gel gathers above the sapphire window, clean up</li> <li>If bubbles form in between cooling gel, remove bubbles</li> <li>When treating vascular freckles, treat in 2 weeks interval</li> <li>When treating pigmentation, irradiate 2-3 times on the lesion with Diffuse Redness mode, cool down, then use pigmentation (Lengtigine, Melasma) mode 1 time</li> <li>As the number of times you receive treatment increases, reduce pulse width</li> <li>When treating color pigmentation receive treatments every three weeks</li> </ul>
	Ending Point	<ul><li>Darkening color change</li><li>Reddening</li></ul>
	Skin Reaction	<ul> <li>Reddening disappears in 2-3 days</li> <li>If scab forms after treatment, it falls off in about 10 days</li> </ul>
Post Treatment	Post Treating	Cooling care, sunblock
	Warning for Patients	No Sauna, No chemical-composition make up for 5-7 days
Treatment Numbers	Treatment Gaps	Around 3-4 weeks



### Parameters : Pigmented Lesions

	Wavelength	Spot Size	Fluence	Duration	Frequency	Temperature
Lesion	(nm)	(mm)	(J/cm²)	(ms)	(Hz)	(°C)
Freckles		3-5	9-	3	1.5	
Melasma / PIH	522	10	5-	10-20	2	F 40
Solar Lentigines	532	5	10-	10-	1	5-10
Poikiloderma		8	7-12	8-15	2	

### Parameters : Warts

	Wavelength	Spot Size	Fluence	Duration	Frequency	Temperature
Lesion	(nm)	(mm)	(J/cm²)	(ms)	(Hz)	(ී)
Warts 1	532	4	20-	10-20	1	F 1F
Warts 2	1064	4	220-	20	1	515



### Treatment Information : Skin Rejuvenation

	Use of Anesthetic Cream	Optional
Prior to		• Not required
Treatment	Eye Shield for Patient	Must do
	Safety Goggle	Must do
	Test Shot	Must do
	Contact Cooling	Not required
Treatment Process	Treatment Method	<ul> <li>Make treatment while maintaining 3-4cm distance from skin surface to the hand piece</li> <li>There is possibility of burn, so take caution of skin surface temperature</li> <li>Tightening 1         <ul> <li>Recommended for the first 1-2 treatments of skin rejuvenation</li> <li>Use moving method to irradiate 300-400 shots on the whole face</li> </ul> </li> <li>Tightening 2         <ul> <li>Recommended to use with Genesis</li> <li>Genesis</li> <li>Irradiate around 5000-6000 shots</li> <li>Take special caution with patients with freckles, recommended to use irradiate only 2000 shots</li> </ul> </li> </ul>
	Ending Point	Reddening due to temperature change on skin surface
<b>D</b>	Skin Reaction	Reddening, hot flush, swelling
Post	Post Treating	Cooling care and sun block
reatment	Warning for Patients	Not recommended to smoke or drink alcohol for 3-6 days
Treatment Numbers	Treatment Gaps	• 2-4 weeks

#### Parameters : Skin Rejuvenation

Lesion	Wavelength	Spot Size	Fluence	Duration	Frequency	Temperature	Pass
	(nm)	(mm)	(J/cm²)	(ms)	(Hz)	(°C)	
Tightening	1064	10	35	30	1	5	2-3
Genesis		8	7-	0.3	10	-	2-3



#### Treatment Information : Hair Removal

	Use of Anesthetic Cream	• Optional
Prior to	Use of Cooling Gel	Not requried
Treatment	Eye Shield for Patient	Must do
	Safety Goggle	Must do
	Test Shot	<ul> <li>Make 1-2 test shots before treatment</li> <li>Adjust fluence to 1.0-0.2J/m<sup>4</sup></li> </ul>
	Contact Cooling	<ul> <li>Requires contact cooling before and after treatment - approximately 10-15 °C</li> </ul>
Treatment Process	Treatment Method	<ul> <li>Recommended to shave 1-2 days before treatment</li> <li>For dark skin, recommended to reduce fluence and increase pulse duration</li> <li>If gel gathers above the sapphire window, clean up</li> <li>Be especially careful with curved areas</li> <li>Beware not to irradiate continuously or overlap on the same spot</li> <li>It is possible for hair or other materials to stick onto the sapphire window, so be aware. (continue treatment while removing with alcohol swab</li> <li>There is possibility of burn, so take caution of skin surface temperature</li> <li>2 rounds maximum</li> </ul>
	Ending Point	<ul> <li>Burning of normal hair, fine hair or appearance of erythema, edema around pores</li> </ul>
	Skin Reaction Post Treating	<ul> <li>Swelling or Reddening</li> <li>Cooling care</li> </ul>
Treatment	Warning for Patients	<ul> <li>No Sauna, No chemical-composition make up for 5-7 days</li> <li>Must apply sun block</li> </ul>
Treatment	Treatment Gaps	• 4-8 weeks
Numbers	Treatment Numbers	• 3-5 times

#### Parameters : Hair Removal

Lesion	Wavelength	Spot Size	Fluence	Duration	Frequency	Temperature	Pass
	(nm)	(mm)	(J/cm²)	(ms)	(Hz)	(°C)	
Hair Removal	1064	6	90	15	1	5-15	2~3



### Korean User Group Parameters

	Wavelength	Spot Size	Fluence	Duration	Frequency	Temperature	Pass
Lesion	(nm)	(mm)	(J/cm²)	(ms)	(Hz)	(ຕ)	-
	532	3	10	3	1	15-20	1
Telangiectasia	532	5	11.5	10	1	15-20	1
	532	8	6	10	1.5-	15-20	2
Venulectasia	532	5	8.6	7	1	15-20	1
Diffuse redness	532	10	6	10	1.5-	15-20	3-5
Reason	532	8	6.6	10	1-	15-20	3
nosacea	532	10	7.6	10	1-	15-20	1
	Step1. 532	10	5	20	1.5-	15-20	3
Hosacea w papules	Step2. Genesis	10	5	0.3	8-	15-20	3-5
Pigmentations (local)	532	3	10	3	1	5-10	1
Pigmentations	532	5	10	10	1.5-	5-10	3-5
(entire face)	532	6	7	8-10	1.5-	5-10	3-5
Poikiloderma	532	7	10	15	1	5-10	1
Acros rodnoso	532	4	4	7	1	5-10	2
Ache redress	532	6	6	4	1	5-10	2
Face Tone Up	532	10	5.5-6	15	1.5-	5-10	2-3
Inner Lift	1064	10	25	30-40	1.5-	5-10	2-3
Hair removal _ beard	1064	6	40-80	15	1-	5-10	1

### LOW DOSE PARAMETERS

Example	Lesion	Mode (nm)	Fluence (J/cm²)	Frequency (Hz)	Spot Size (mm)	Duration (ms)	Cooling (°C)
	Cherry Angiomas	1064	130– 170	1-2	3	8–30	5-10
	Spider Angioma		100 - 150	1-2	3	15–40	5-10
	Facial Telangiectasia		90–130	1-2	4-5	15–50	5
	Recticular Vein		110– 160	1-2	5	35–60	5-10
1 des	Spider Vein – Leg		110– 170	1-2	4-6	15–30	5-10
P	Venous Lake		70–130	1-2	4–6	20-50	5-10
	Cherry Angiomas	532	10–14	1-2	3–5	6– 15	5-10
	Facial Telangiectasia		7–10	1-2	4–6	8– 15	5
CO:	Nose Telangiectasia		7–10	1-2	5	8– 15	5-10
	Bruising		10	1-2	6	10	5

• To protect the epidermis, apply a cooling gel to the patient's face.

- Adjust fluence and pulse duration according to patient's skin type.
- Make sure the cooled tip is in good contact with the patient's skin, particularly on curved areas such as jaws & nose.
- When treating blood vessels, look for endpoint (blood vessel lesion darkening, coagulating or disappearing). If it does not disappear, reduce pulse duration or increase energy gradually until end point is reached.
- Size of blood vessel, colour, depth, can have an effect on cooling time.
- When treating small blood vessels on 1064nm, do not overlap pulses. NO NOT PULSE STACK.
- Observe changes of skin during treatment, to avoid over-treatment or burning.
- 532nm is appropriate for pigmented lesions, Nevus, Telangiectasia, Poikiloderma and diffuse redness.
- Facial telangiectasia should first be treated with 532nm, then 1064nm if needed.
- 1064nm is appropriate for Reticular veins, Nodular veins and Nevus.

	Pigmentati	ion					
Example	Lesion	Mode (nm)	Fluence (J/cm²)	Frequency (Hz)	Spot Size (mm)	Duration (ms)	Cooling (°C)
	Lentigines (face)		10.0— 12.0	2.0	3–4	5–10	10
	Lentigines (body)	532	8.0- 10.0	2.0	4–5	5–10	10
J/1	Dyschromia (red / brown)		5.0-7.0	2.0	10	10–15	10

- Cooling 15-20°C; ensure the sapphire window makes full contact with the patient's skin.
- To protect the epidermis, apply a cooling gel to the patient's face.
- Adjust energy and pulse duration according to patient's skin type.
- Perform a test pulse before treatment, and adjust the energy value accordingly.
- Use of ultrasound gel is recommended when treating pigment on 532nm.
- For darker phototypes and darker pigmentation, it is recommended that you increase the pulse duration and decrease energy.
- Erythema may appear after laser treatment. It should disappear in 1-2 days.
- Observe changes of skin temperature during treatment, to avoid over treatment or burning.
- In the case of any or damage to tissue, cool the tissue immediately, and treat as required (use the sapphire window, NOTice).
- Required endpoint is a slight darkening of the pigment.
- After treatment for PIH, a crust will appear. It should fall off within a week.

Genesis and Skin Tightening							
Lesion	Mode (nm)	Fluence (J/cm²)	Frequency (Hz)	Spot Size (mm)	Duration (ms)	Pulse Count	
Face Rejuvenation		5.0	10	68	0.3	1,000 – 2,000	
Scars	Genesis	5.0	8.0	10	0.3	50-200	
Fungus		5.0	8.0	10	0.3	50-200	

- Adjust the energy and pulse duration according to the patient's skin type.
- Continually observe the patient's skin reaction.
- Take into account the patient's skin phototype, and take extra caution when treating over hair bearing regions.
- Avoid treating the same areas for a prolonged period.
- Endpoint is erythema and edema

Hair Removal – best for phototypes III – IV								
Lesion	Mode (nm)	Fluence (J/cm <sup>2</sup> )	ence (J/cm²) Frequency (Hz)		Duration (ms)			
Coarse Hair	1064	30-50	1.0	8	30			
Applied Area	<ul> <li>Axillar (M/F)</li> <li>Upper Lip (M/F)</li> <li>Cheek (M)</li> <li>Bikini Line</li> </ul>							
<ul> <li>Cooling 5°C</li> <li>Patient should be advised to shave 1-2 days prior to treatment.</li> <li>Peri-follicular oedema immediately after treatment indicates appropriate energy was used.</li> </ul>								
Fine Hair	1064	50-75	1.0	8	10			
Applied Area	olied Area   • Fine Hair: Arms/ Legs (F)  • Fine Lip: Upper Lip (F)							
<ul> <li>Patient should be advised to shave 1-2 days prior to treatment.</li> <li>Follicle will not swell up; end point is burning of hair and edema around follicle.</li> </ul>								
Normal Hair	1064	40-60	1.0	8–10	20			
Applied Area	<ul> <li>• Hairline (M/F)</li> <li>• Arms/ Legs(M/F)</li> <li>• Chest (M)</li> <li>• Back (M)</li> </ul>							
<ul> <li>Patient should be advised to shave 1-2 days prior to treatment.</li> <li>Follicle will not swell up; end point is burning of hair and edema around follicle.</li> </ul>								