

cooltech

LET THE COLD TRANSFORM YOUR LIFE



QUICK USER GUIDE

1

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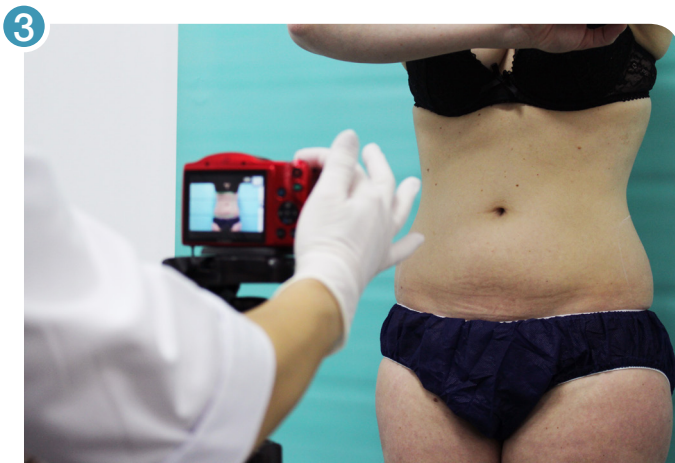
PRIOR TO TREATMENT



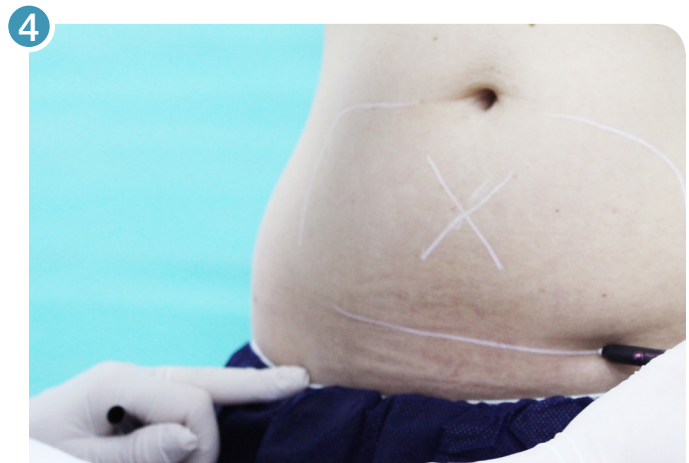
Carry out a diagnosis and clinical history check to determine the suitability of the **cooltech** treatment for the patient and to rule out any possible contraindications.



The patient must read and sign the “**cooltech** cryoadipolysis Informed Consent” form.

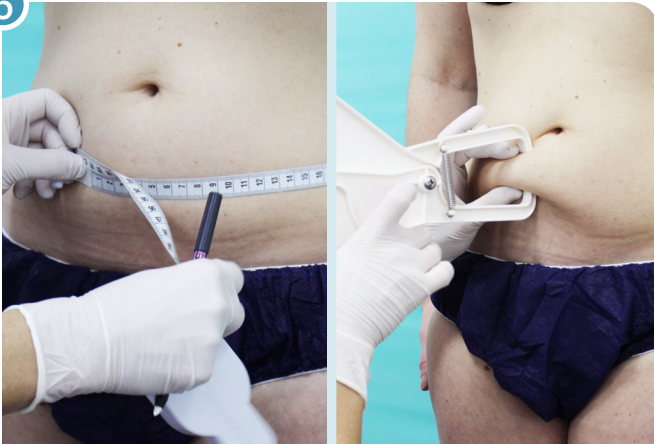


Make a photographic record.



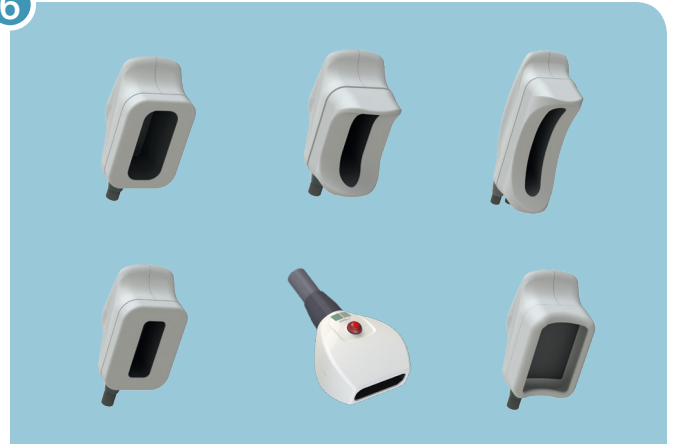
Use the skin-marker pencil to mark the treatment area (while patient is standing).

5



Record the patient's anthropometric data.

6



Select the applicator that will be used according to the fat distribution and thickness of the skinfold.

2

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ACCOMMODATING THE
PATIENT AND SCHEDULING



Position the patient in the posture that will be most comfortable during the treatment, depending on the treatment area and the applicator.



Ensure that the power cable of the device is correctly connected.



Turn on the switch on the back and listen for acoustic activation signal.



Wait for the activation of the **cooltech** operating system.



Press the **PLAY** icon.



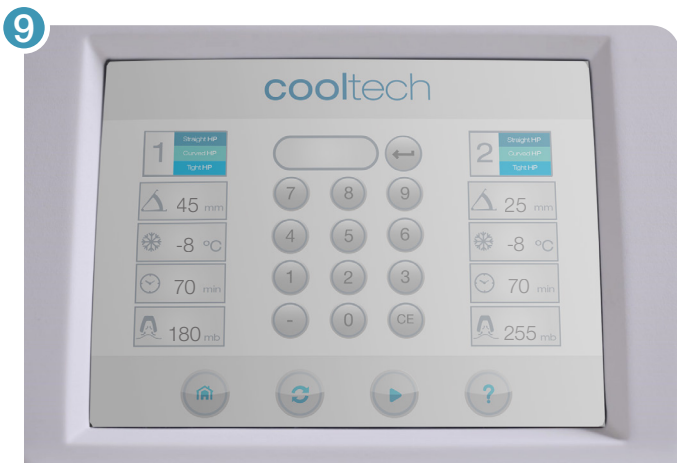
Press the **PLICA** icon to enter the measurements of the skinfold that is being treated.



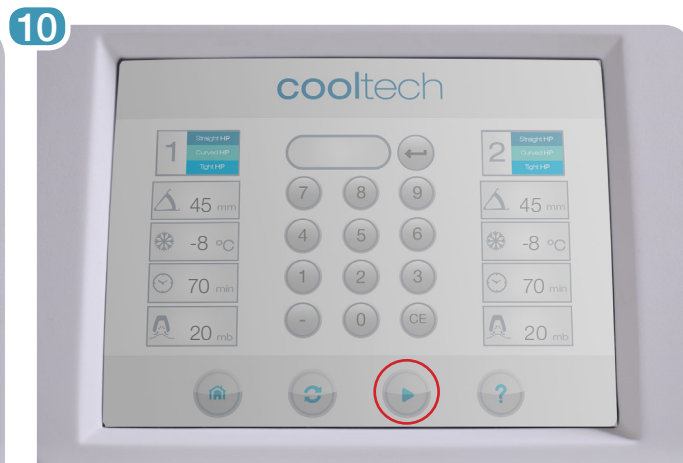
Then press the **ENTER** icon to save the data. The device automatically assigns the treatment parameters in accordance with the detected applicator and entered data. Validate that the parameters comply with the recommended protocol for the treatment area.



This step must be repeated for each of the applicators. It is essential to program the parameters of the second applicator to be used during the session.



If you need to modify any of the parameters, press the corresponding icon and adjust the specific parameter, then press **ENTER** to register the new data, in the same way as in the previous step for the skinfold thickness.



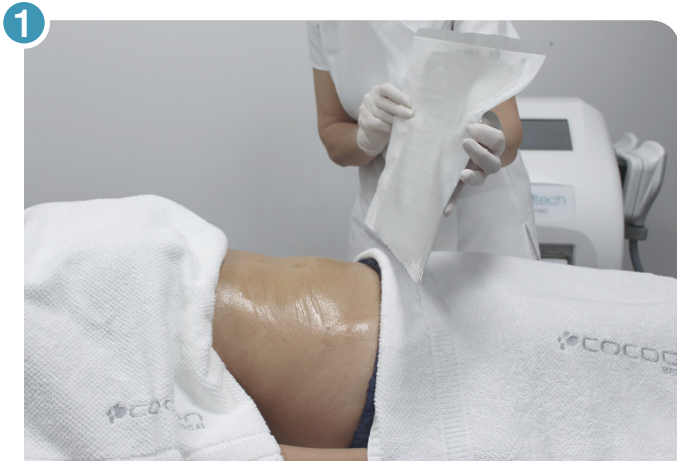
Press **PLAY** to activate the suction test and verify the chosen applicator.

1	<i>Patient's pre-treatment weight and measurements taken.</i>	<input type="checkbox"/>
2	<i>Patient discussion about pre and post discomfort.</i>	<input type="checkbox"/>
3	<i>Take baseline photograph(s).</i>	<input type="checkbox"/>
4	<i>All materials are ready (pillows, towels, gel pads, stencils, marker, etc).</i>	<input type="checkbox"/>
5	<i>Checked machine ready for treatment (no error messages on screen, no strange sounds, etc).</i>	<input type="checkbox"/>
6	<i>Treatment areas marked up correctly with patient standing up.</i>	<input type="checkbox"/>
7	<i>Machine setting based on treatment area protocols and choose the correct handpiece (s).</i>	<input type="checkbox"/>
8	<i>Check the handpieces are connected securely.</i>	<input type="checkbox"/>
9	<i>Physically show unopened pad to patient and say, "I am now opening a new gel pad for your treatment."</i>	<input type="checkbox"/>
10	<i>Important: Lay unopened gel pad on flat surface, check for any damage on the packaging, and spread gel evenly through the pad as gel may pool during storage.</i>	<input type="checkbox"/>
11	<i>Ensure treatment areas are clean and dry.</i>	<input type="checkbox"/>
12	<i>Open the packaging as per instructions and check that gel distribution is even across the entire pad.</i>	<input type="checkbox"/>
13	<i>Placement of gel pad in line with the marked area and gel distribution is double checked to promote treatment safety.</i>	<input type="checkbox"/>
14	<i>Ensure any air bubbles are carefully smoothed out.</i>	<input type="checkbox"/>
15	<i>Ensure no unauthorised gel or other material present in the treatment area before placement of the handpiece (s) correctly on the centre of the gel pad.</i>	<input type="checkbox"/>
16	<i>After suction is applied, perform a 360 check and say, "I am now performing a 360 check around the handpiece."</i>	<input type="checkbox"/>
17	<i>Check how patient is going, patient has a call bell and can reach out to clinic.</i>	<input type="checkbox"/>
18	<i>You can perform a 360 check again after 10-15 minutes to ensure that the gel pad has not moved.</i>	<input type="checkbox"/>

4

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FINAL APPLICATION OF THE APPLICATOR



Apply the **Cool Gel Pad** treatment membrane, cutting the lateral end that is marked on all 4 sides. Once it is opened, remove the first layer as shown in the image, leaving only the tray with the membrane adhered, then adapt it to the treatment area in a uniform manner. Ensure that there are no air bubbles.



Place the applicator on the treatment area and press the green button to start the treatment. It is important to check that all the edges of the applicator remain fully attached, and that the membrane protrudes from the sides.



From this moment the session time begins to count down. Ensuring the comfort of the patient and staying with them for the first 10 minutes is advised*. Regular monitoring is also recommended.



(*). For your safety, the device has a "Safety Button" located at the central part of the device, by means of which it will turn off quickly.

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END OF THE TREATMENT



1 At the end of the treatment time, you will hear the acoustic warning, and the green light of the applicator will start to blink. You must press the green button and release the vacuum using fingers before removing the applicator.



2 Remove the membrane and perform a mechanical massage on the treatment area for 5–7 minutes in order to reverse the crystallization of the treated area.

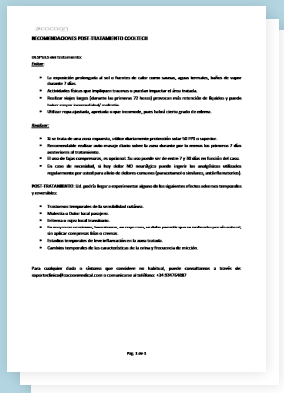


3 Clean the area by removing the leftover gel with the help of wet wipes or a towel impregnated with warm water and neutral soap.



4 Clean the treatment applicator by removing the excess gel with absorbent paper, ending with a damp cloth or a towel with some neutral soap. Dry completely.

5



Provide the patient with the post-treatment guidelines recommended by **cocoon medical**. Schedule the post-treatment control visit at 30 days.



cooltech

by cocoon medical

cooltech is a new concept in cryoadipolysis treatment. Its various applicators cool the area thereby achieving extra ordinary results from the very first session.

Straight HP

Curved HP

Double HP

Tight HP

Tiny HP

Oval HP

 **COCOON**
MEDICAL



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