1	Patient's pre-treatment weight and measurements taken.	
2	Patient discussion about pre and post discomfort.	
3	Take baseline photograph(s).	
4	All materials are ready (pillows, towels, gel pads, stencils, marker, etc).	
5	Checked machine ready for treatment (no error messages on screen, no strange sounds, etc).	
6	Treatment areas marked up correctly with patient standing up.	
7	Machine setting based on treatment area protocols and choose the correct handpiece (s).	
8	Check the handpieces are connected securely.	
9	Check the gel pad expiry date to verify it is useable.	
10	Physically show unopened pad to patient and say, "I am now opening a new gel pad for your treatment."	
11	Important: Lay unopened gel pad on flat surface, check for any damage on the packaging, and spread gel evenly through the pad as gel may pool during storage.	
12	Ensure treatment areas are clean and dry.	
13	Open gel pad and grab gel inside to place onto the treatment are.	
14	Take out the Shield360 pad carefully and remove the plastic liner before applying to the skin.	
15	Placement of gel pad in line with the marked area and gel distribution is double checked to promote treatment safety.	
16	Ensure any air bubbles are carefully smoothed out.	
17	Ensure no unauthorised gel or other material present in the treatment area before placement of the handpiece (s) correctly on the centre of the gel pad.	
18	After suction is applied, perform a 360 check and say, "I am now performing a 360 check around the handpiece."	
19	Check how patient is going, patient has a call bell and can reach out to clinic	
20	You can perform a 360 check again after 10-15 minutes to ensure that the gel pad has not moved.	

