



# PEEL AND NCTF<sup>®</sup> BOOST 135 HA DERMA ROLLER TREATMENT

- 1 First Cleanse with Micellar water, remove all eye make-up and face
- 2 Second cleanse with cleansing oil
- 3 Pre-Peel solution and assess skin
- 4 Light Peel – Cover eyes with eye pads measure 2ml, use brush provided. Start on forehead then cheeks, chin and nose and then neck. Leave on for maximum 3 minutes.
- 5 With cotton rounds or (fibrella) use post peel to neutralize peel. Be generous to ensure complete removal of peel.
- 6 Remove 3ml NCTF<sup>®</sup> BOOST 135 HA from vial with syringe.
- 7 Drip small amounts on face starting with forehead.
- 8 Roll dermal roller on skin, do three passes on entire face.
- 9 Apply left over NCTF<sup>®</sup> BOOST 135 HA on entire face in a swirling action until all has penetrated. Wait a few minutes until NCTF<sup>®</sup> has absorbed,
- 10 Apply Hyaluronic Youth mask (HA on face).
- 11 Put under LED light for approx. 10-12 mins
- 12 Remove mask and gently pat in remaining HA serum
- 13 Apply B3 – Recovery cream on entire face

BEAUTY IS AN ART, WE MADE IT A SCIENCE

**FILMED**

A DIVISION OF THE CRYOMED GROUP IN AUSTRALIA AND NEW ZEALAND

1300 346 448 info@cryomed.com.au cryomed.com.au

# PEEL AND LED TREATMENT

- 1 First Cleanse with Micellar water, remove all eye make-up and face
- 2 Second cleanse with cleansing oil
- 3 Pre-Peel solution and assess skin
- 4 Light Peel – cover eyes with eye pads Measure 2ml, use brush provided. Start on forehead then cheeks, chin and nose and then neck. Leave on for maximum 3 minutes.
- 5 With cotton rounds or (fibrella) use post peel to neutralize peel Be generous to ensure complete removal of peel.
- 6 Apply Hyaluronic Youth mask (HA on face).
- 7 Put under LED light for approx. 10-12 mins
- 8 Remove mask and gently pat in remaining HA serum
- 9 Apply B3 – Recovery cream on entire face



BEAUTY IS AN ART, WE MADE IT A SCIENCE

**FILLMED**

A DIVISION OF THE CRYOMED GROUP IN AUSTRALIA AND NEW ZEALAND

1300 346 448 [info@cryomed.com.au](mailto:info@cryomed.com.au) [cryomed.com.au](http://cryomed.com.au)

## HYDRA MASK AND LED TREATMENT

- 1** First Cleanse with Micellar water, remove all eye make up and face
- 2** Second cleanse with cleansing oil
- 3** Apply Perfection solution over entire face and neck with facial wipe (fibrella)
- 4** Apply exfoliating cream and gently massage into face – Steamer can be used if needed
- 5** Wipe off exfoliating cream with wet facial wipes (fibrella)
- 6** Apply Glycopeel/GR Youth mask and leave on face for 5-10 minutes
- 7** Wipe off Glycopeel/GR Youth mask with cold compresses
- 8** Apply Hyaluronic youth Mask
- 9** Start LED Treatment, massage arms and massage neck and decollage with Modalege Gel
- 10** Remove Mask and gently and pat in excess product
- 11** Apply HAB5 – Hydra serum
- 12** Apply HXR – Eye cream
- 13** Apply 5HP Youth cream



BEAUTY IS AN ART, WE MADE IT A SCIENCE

**FILMED**

A DIVISION OF THE CRYOMED GROUP IN AUSTRALIA AND NEW ZEALAND

1300 346 448 [info@cryomed.com.au](mailto:info@cryomed.com.au) [cryomed.com.au](http://cryomed.com.au)

## CRYO AND LED TREATMENT

- 1** First Cleanse with Micellar water, remove all eye make-up and face
- 2** Second cleanse with cleansing oil
- 3** Wipe face with Pre-Peel solution and assess skin
- 4** Light Peel – Cover eyes with eye pads measure 2ml, use brush provided. Start on forehead then cheeks, chin and nose and then neck. Leave on for maximum 3 minutes.
- 5** With cotton rounds or (fibrella) use post peel to neutralize peel be generous to ensure complete removal of peel.
- 6** Cryotherapy technique – use the big probe. Repeat each movement 3 times.
- 7** 10 minutes/face & neck/16 pumps/-18 degrees celcius
- 8** 20 minutes/face, neck & neck-line/  
24 pumps/-18 degrees celcius
- 9** Apply Hyaluronic Youth mask (HA on face).
- 10** Put under LED light for approx. 10-12 mins
- 11** Remove mask and gently pat in remaining HA serum
- 12** Apply B3 – Recovery cream on entire face



BEAUTY IS AN ART, WE MADE IT A SCIENCE

**FILMED**

A DIVISION OF THE CRYOMED GROUP IN AUSTRALIA AND NEW ZEALAND

1300 346 448 [info@cryomed.com.au](mailto:info@cryomed.com.au) [cryomed.com.au](http://cryomed.com.au)