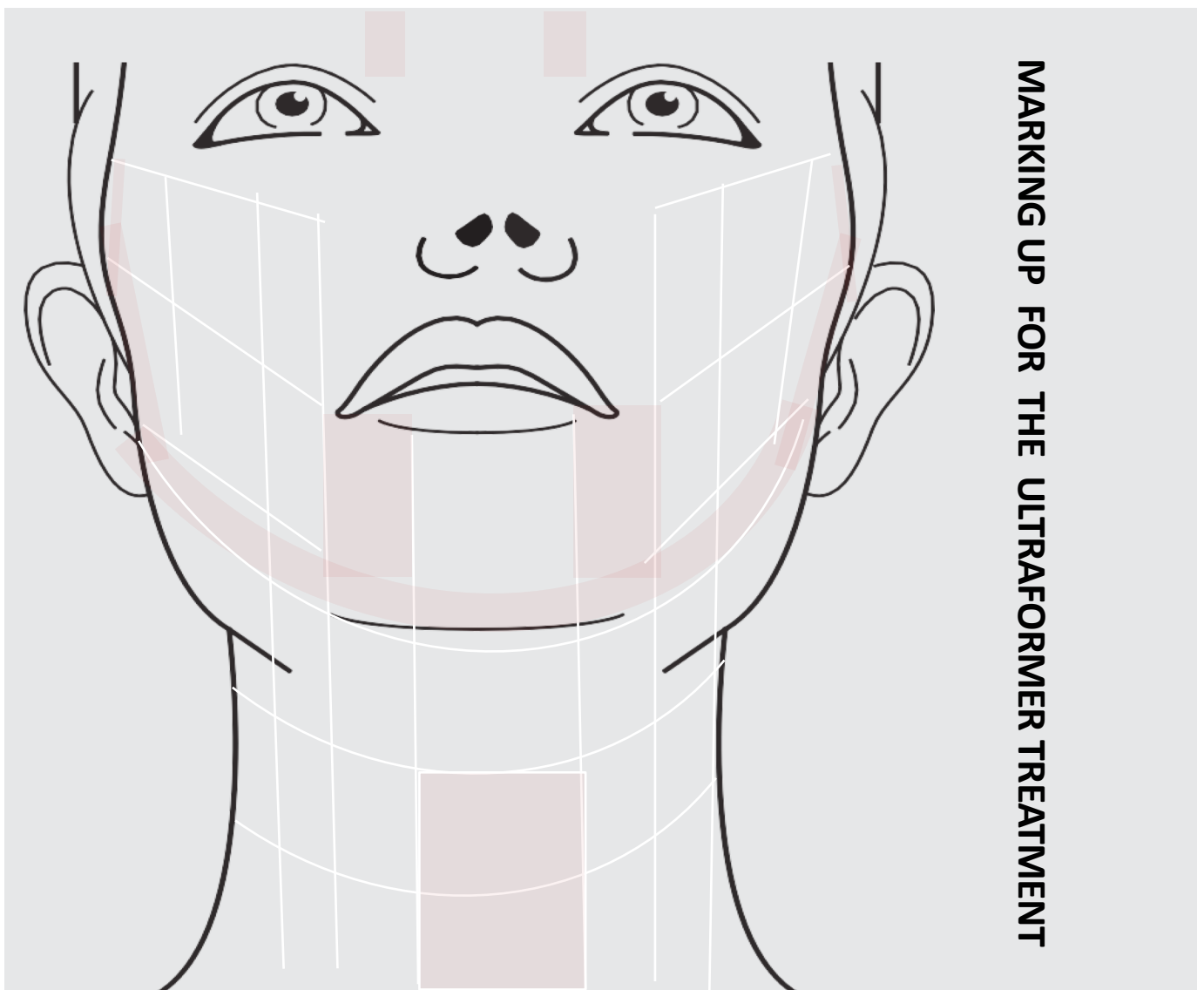


1. Find the thyroid notch and with the white marking pencil mark a horizontal line across the entire length of the thyroid notch.
2. Find the trachea and draw a line vertically down the neck from the thyroid notch down the length of the trachea to the clavicle. This needs to be done on either side of the trachea. Then extend the vertical line of the trachea up to the jawline.
3. Cross-hatch the area bordered by the tracheal lines and the thyroid notch as a 'no go zone'.
4. Divide the submental area into 3 zones with vertical lines from the thyroid notch.
5. Turn the patient's head to the side and place a finger in front of the ear on the cheek. Draw a vertical line from the zygomatic arch down to the jawline and then extend this down to the clavicle on the neck. Then roll the patient to the other side and do the same on the other cheek.
6. With the marionette lines place a finger at the corner of the mouth and mark 2 vertical lines either side of your finger. Mark this as a 'no go zone'.
7. With the patient's head still tilted to one side cup the jaw with your hand and place a finger along the line of the jaw and draw a horizontal line from the ear to the marionette lines. # If you want to you can mark this jawline area as a 'no go zone'.
8. Divide the block on the cheek into 4 or 6 squares depending on the size of the patient – and do this on each side.
9. Similarly on the neck area divide into either 4 or 6 equal size blocks.
10. When doing the forehead area, place a finger vertically from the supra orbital notch (inner eyebrow) to the hairline. Draw a vertical line either side of your finger and mark as a 'no go zone'.



Examples of Marking Up

