



# CLATUU™

*FREEZING FAT AWAY*

## Placement Guide



## 2 TYPES OF APPLICATORS

Flat type and wing type applicators ensures the CLATUU can treat all areas of the body and patients of all sizes without difficulty.



### FLAT TYPE

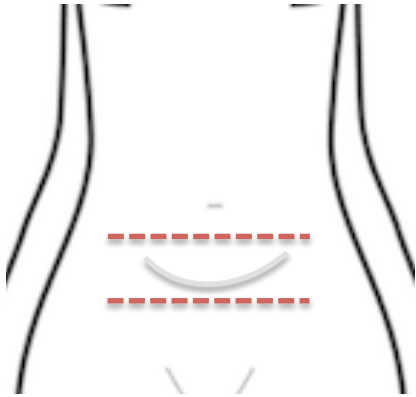
Upper arms, inner thighs, bra bulge



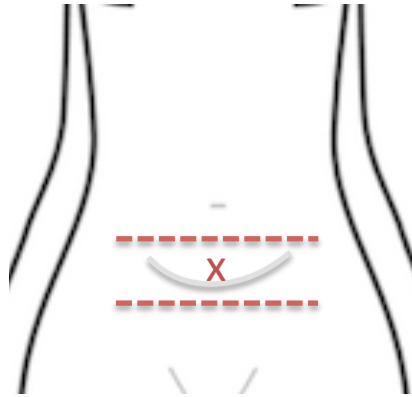
### WING TYPE

Abdomen, love handles, hips, flanks

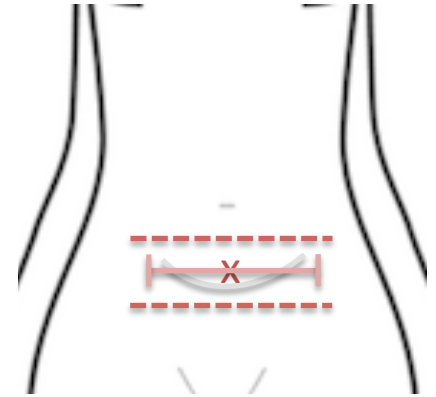
# HOW TO ASSESS TISSUE AREA FOR BEST PLACEMENT



Firstly identify the top and bottom area of the tissue pocket and mark. This will show the total area of tissue and the angle it falls on.  
This is ALWAYS TO BE DONE STANDING.



Then identify and mark with a x the highest point of the tissue pocket to be treated, this is the thickest area of tissue.



Next using the templates mark on top of the highest point the area where the cup will be placed. This is essential as when the patient sits/lays down the tissue area can move

# BODY AREA – LOVE HANDLES



STANDARD



For a standard treatment the Hand set is placed directly over the love handle area, try and get as much tissue into the cup as possible.

*\*Patient will be lying on stomach or back, to help with cup placement, pillows can be put under patient to elevate off bed to ease cup placement, remove after for patient comfort.*

IDEAL



For an ideal treatment 2 areas are suggested, they will overlap the on largest tissue area (highest point) the two treatments are done on the same day immediately after each other.

## HAND SET RECOMMENDED



**WING TYPE**

40-60 minutes

OPTIMUM

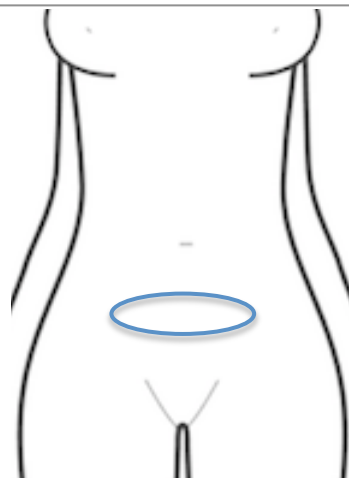


For an optimum treatment 3 areas are suggested, first 2 will overlap the on largest tissue area (highest point) these two treatments are done on the same day immediately after each other. The 3<sup>rd</sup> area targets the back fold that leads into the love handle area, this can be done on the same day or a future appointment.

## BODY AREA – STOMACH Centralised Tissue



STANDARD



For this treatment try to get as much tissue into the cup, ensure placement is centralised and tissue has an even uptake, groin, navel etc can impact on even uptake due to tension in these areas. This treatment is ideal for post baby belly and where there is a small tissue pocket under the navel.

*\*Patient can be sitting up in reclined position for placement as it will accentuate tissue area*

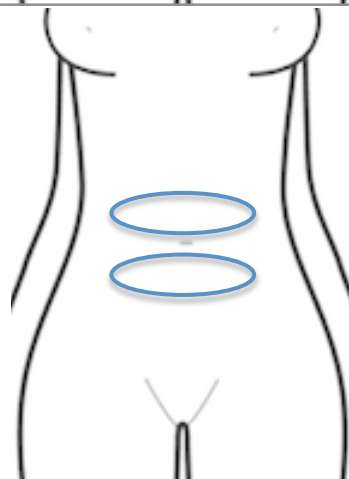
## HAND SET RECOMMENDED



**FLAT TYPE**

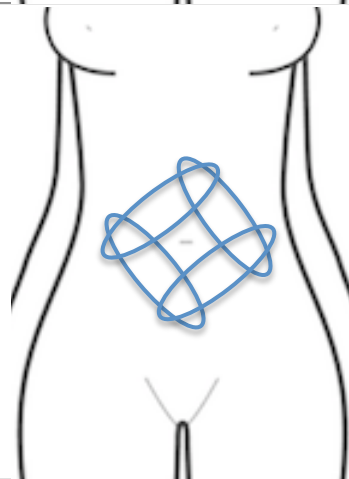
40-60 minutes

IDEAL



For an ideal treatment and where there is more tissue surrounding the navel 2 areas are recommended. Both done at the same time attach one cup below navel to get even uptake, then placement of cup above navel.

OPTIMUM



For an optimum treatment 4 areas are recommended, these are placed in a pattern around the belly button, 2 parallel areas done at a time, ideally all 4 on the same day overlapping each other.

# BODY AREA – BACK Upper



## HAND SET RECOMMENDED



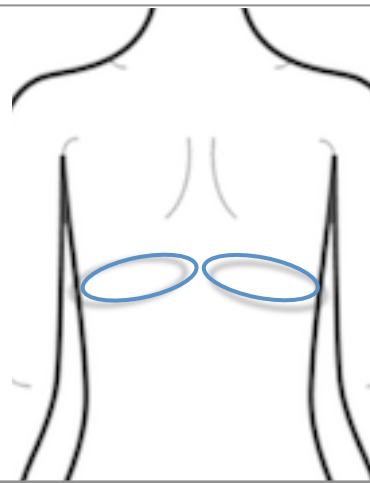
**FLAT TYPE**



**WING TYPE**

40-60 minutes

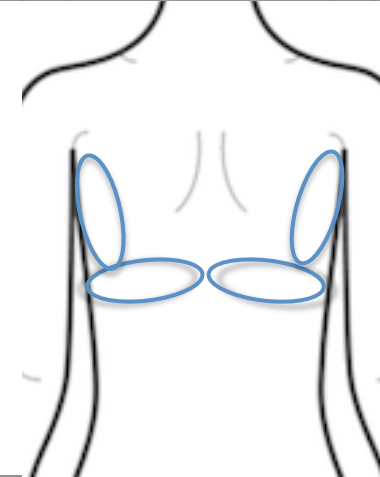
STANDARD



For tissue deposit around the bra line use straight cup. Ensure the treatment area is on the correct angle to ensure optimum tissue uptake.

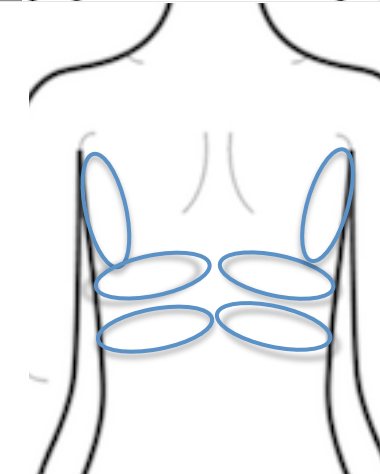
*\* Patient will positioned and laying on their stomach for the treatment duration*

IDEAL



For tissue deposit around the bra line and lateral area use straight cup. Ensure the treatment area is on the correct angle to ensure optimum tissue uptake. One back and opposite lateral area can be treated at the same time, then reverse. Both areas can be done in same day or future appointments.

OPTIMUM



For global tissue over upper back up to 6 areas can be treated. Areas can be done in same day or future appointments. Placement will follow angle and area of tissue, cup will be dependant on the tissue amount.

# BODY AREA – BACK

## Lower



### HAND SET RECOMMENDED



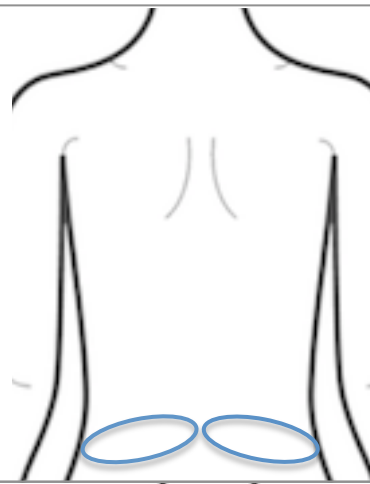
WING TYPE



FLAT TYPE

40-60 minutes

STANDARD



For flank area only 2 area are treated directly on the tissue deposit. Ensure treatment is on the angle of the tissue deposit, both areas can be done at the same time.

*Patient will be lying on stomach, to help with cup placement, pillows can be put under patient to elevate off bed to ease cup placement, remove after for patient comfort.*

IDEAL



Where there is a larger area 2 areas per side can be done, overlapping on the highest tissue point.

OPTIMUM



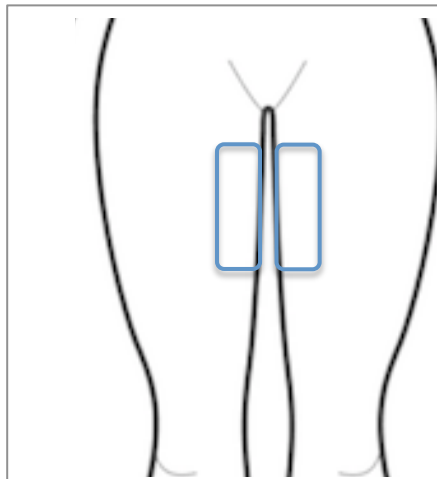
If there is global tissue over the whole lower back up to 6 areas can be treated.

# BODY AREA – THIGHS

## Inner



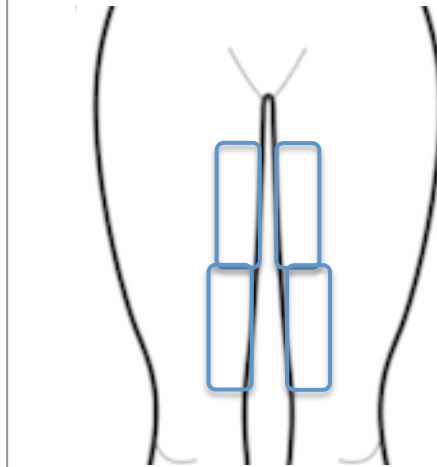
STANDARD



For inner thigh where there is a small tissue deposit one treatment each side can be used.

*\*Placement can be tricky, either frog legged lying on back, scissor kick position on side or on back with one leg elevated will work. Ideally if treating another area also do one thigh plus another area, then other thigh.*

IDEAL



For inner thighs where there even tissue on the area between buttock and knee 2 areas each thigh may be required.

This may need to be done over a number of appointments, take good markings to ensure correct placement in future appointments.

HAND SET RECOMMENDED



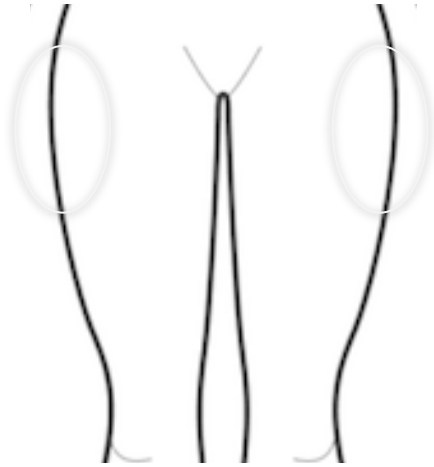
**FLAT TYPE**

40 minutes



# BODY AREA – THIGHS

## Outer



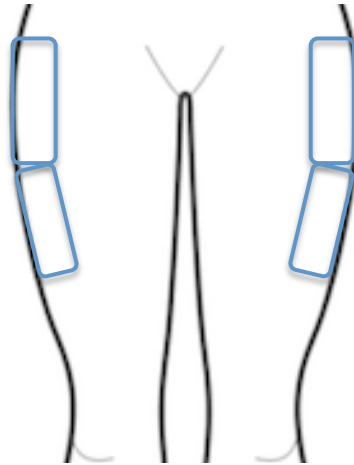
STANDARD



For defined saddle bags the cup can be placed directly onto the area and will uptake all the loose tissue. Flat type.

*\*Ensure not to uptake buttock tissue.*

IDEAL



For larger areas of tissue a number of areas may need to be treated. Flat type.

## HAND SET RECOMMENDED



**WING TYPE**



**FLAT TYPE**

40 minutes

In some cases, for defined saddle bags the cup can be placed directly over the area with wing type. This should be considered as an advanced approach.

*\*Ensure not to uptake buttock tissue. Patient will be laying on stomach for the treatment.*



## BODY AREA – ARM

STANDARD



For arms that have a defined tissue pocket, straight cup can be used.

*\*Apply cup whilst patient is sitting or standing up, this way tissue falls into the cup ensure correct uptake. Then relax client into a comfortable position.*

IDEAL



For arms that have tissue from armpit to elbow, straight cup can be used. Overlap on the highest area, do both treatments in the same day

*\*Apply cup whilst patient is sitting or standing up, this way tissue falls into the cup ensure correct uptake*

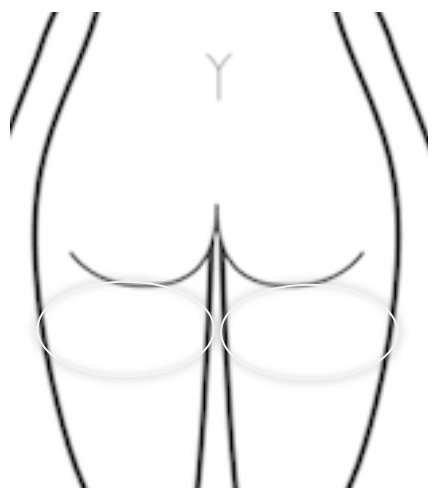
## HAND SET RECOMMENDED



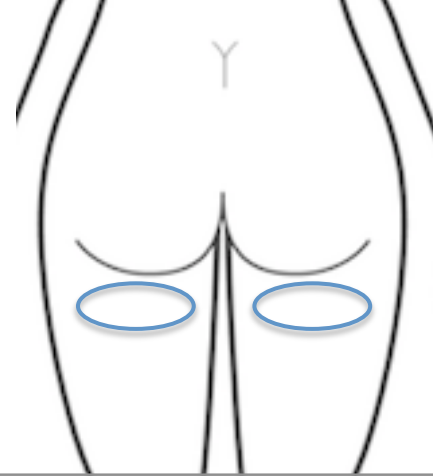
**FLAT TYPE**

40 minutes

**BODY AREA – SUB BUTTOCK  
Banana Roll**



STANDARD



For banana roll under buttock use curved cup to uptake tissue, ensure you are an inch or so from buttock to not uptake butt tissue.

*\*Ensure not to uptake buttock tissue. Patient will be laying on stomach for the treatment*

HAND SET RECOMMENDED



**WING TYPE**

40-60 minutes