

dalyance Quick User Guide

AREA	HANDPIECE	%	RETURN PLATE	DURATION	TEMP °C	MOVEMENTS
Skin Tightening Combination Treatment						
FACE						
6-8 Tx: 1 per week	Monopolar RF	Start at 35%	Y	20 mins	38°C	Circular/oval movements with added pressure in the upwards sweep to lift
Maintenance: 1 Tx every 2 months	Bipolar RF	Start at 35%	N	10 mins		
NECK						
6-8 Tx: 1 per week	Monopolar RF	Start at 30%	Y	5 mins	38°C	Circular/oval movements with added pressure in the upwards sweep to lift
Maintenance: 1 Tx every 2 months	Bipolar RF	Start at 30%	N	10 mins		
DECOLLETAGE						
6-8 Tx: 1 per week	Monopolar RF	Start at 30%	Y	15 mins	38°C	Circular/oval movements with added pressure in the upwards sweep to lift
Maintenance: 1 Tx every 2 months	Bipolar RF	Start at 30%	N			
BODY						
SKIN TIGHTENING						
Arms	4-pin multipolar RF/ Face bipolar RF	Start at 40%	N	10-15 mins/ 10cm ²	42-44°C	Circular, figure 8 or lines with added pressure in movements towards upper lymph nodes.
Abdomen						
CAVITATION (FAT REDUCTION)						
Abdomen	Concave/Flat US	Start at 60%	N	10-15 mins/ 10cm ²	N/A	Linear movements with more pressure in upwards movement. More pressure applied than RF.
Legs						
Arms						Start at 40%

CELLULITE COMBINATION US/RF (Buttocks, thighs, hips etc)

Hard/ Fibrotic Cellulite	Concave/ Flat US	Start at 60%	N	10-15 mins/ 10cm ²	N/A	Linear movements with more pressure in upwards movement. More pressure applied than RF.
	Monopolar RF	Start at 40%	Y	10-15 mins/ 10cm ²	42-44°C	Circular, figure 8 or lines with added pressure in movements towards upper lymph nodes.
	4-pin/6-pin multipolar RF		N			
Edematous Cellulite	Monopolar RF	Start at 40%	Y	10-15 mins/ 10cm ²	42-44°C	Circular, figure 8 or lines with added pressure in movements towards upper lymph nodes.
	4-pin/6-pin multipolar RF		N			

NOTES:

- ⇒ For compact /fibrous fat, RF can be performed prior to reduce fibrosity.
- ⇒ RF Heat Generation: Use less pressure and circular motion to generate heat in the area. Once heated, commence with upward movements with pressure.
- ⇒ US/Cavitation: Pressure is greater than with RF handpieces.
- ⇒ Leg: Avoid pointing cavitation US hand pieces directly at the bone. Use a towel or hand to create increased tissue area and target.
- ⇒ Handpiece usage is determined by amount/depth of tissue being treated.
- ⇒ Conductant: Glycerin/Dalyance gel/ultrasound gel for US handpieces.
- ⇒ Return Pad:
 - If treating the abdomen, it goes on the back on the right side.
 - If treating the leg, it goes under the same leg.
 - If treating the thigh, it goes under the same thigh.
 - If treating the arms, it goes on the back of the right side.