



# dalyance

Treatment protocol.



Version 1.1 October 2017

 **COCOON**  
MEDICAL

**Cryomed**  
Aesthetics



# dalyance

Multiple treatments in just one machine.  
Combination of radio frequency and ultrasound

Firms up, smooths and defines.



# dalyance

## Work procedure

### Step 1: preparation prior to treatment

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The dalyance device should only be used by qualified professionals who have received adequate training and have read in detail the operator manual (included with the system) before putting the equipment into operation.

**Assessment of the client:** before starting any kind of treatment, it is essential to have a complete record of the client and have him/her sign the informed consent. Assess and establish the client's real expectations.

**Selecting the client:** he/she should be healthy with real and objective expectations appropriate for his/her age, looking to rejuvenate the skin on his/her face, neck and décolletage and reduce cellulite and localized accumulation of fat to improve his/her body contour.



### Step 2: preparation of the skin

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- The area to be treated should be cleansed, removing all traces of makeup and lotions.
- Shave the treatment area if hair in the area is excessive.
- Examine the area to be treated to rule out local pathologies which could counter-indicate the treatment, as well as to avoid treatments on areas with subcutaneous electronic, bone and/or joint implants. Consult the operator manual supplied with the equipment.
- In order to make post treatment evaluations, take photographs which should be standardized with regard to the position of the patient, lighting, location, background and grid and distance.
- Explain to the client what the treatment consists of and warn him/her about sensations and possible discomfort which could arise during the treatment.



Caution on customers with high sensitivity to heat as they may have an increased risk of adverse effects.

# dalyance

## Radio frequency work procedure

### Step 3: Starting radio frequency treatment

To obtain the best results we recommend concentrating the highest amount of volumetric heat on the smallest surface area to be treated, bearing in mind the ageing stage of the client's skin. All electrodes should be in total contact with the skin. If during treatment the client complains of discomfort, alternate the application of volumetric heat on the area adjacent to the treatment area.

It is necessary to use glycerin for the treatment (never use conductive gel or water based cream).

#### Face

Divide it into 2 parts determined by the midline. Start treatment about **35%** of power depending on the tolerance of the client. You can power up or down as needed. *Figure 1*



#### Treatment time

Each area: 15 min.  
Total treatment: 30 min.

#### Recommended movements for the session:

Circular (preheating): 

Lines: 

**Sessions for client with photodamage and/or slight to moderate ageing, fine wrinkles and cutaneous elastosis grade I.**

**Initial treatment:** Minimum 6 sessions every 2 weeks.

**Maintenance treatment:** 1 session every 3 months.

**Sessions for client with photoageing with medium to deep wrinkles and cutaneous elastosis grade II-III.**

**Initial treatment:** Minimum 8 sessions every 2 weeks.

**Maintenance treatment:** 1 session every 2 months.

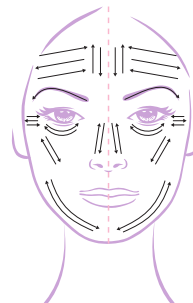


Figure 1

# dalyance

## Radio frequency work procedure

### Neck

Divide the neck into 2 equal parts which should include the lateral-posterior area.

**Figures 2 and 3.**

The skin on the neck tolerates less volumetric heat than the skin on the face because it has less subcutaneous cellular tissue, which means that the energy should be reduced by **5 to 10 %**. The client should be warned about the risk of slight petechiae which disappear by themselves in 24 to 48 hours.



#### Treatment time:

Each area: 15 min.

Total treatment: 30 min.

#### Recommended movements for the session:

Circular (preheating):

Lisajes (looking voltage lines):

#### Sessions for client with photodamage and/or slight to moderate ageing, fine wrinkles and cutaneous elastosis grade I.

**Initial treatment:** Minimum 6 sessions every 2 weeks.

**Maintenance treatment:** 1 session every 3 months.

#### Sessions for client with photoageing with medium to deep wrinkles and cutaneous elastosis grade II-VI.

**Initial treatment:** Minimum 8 sessions every 2 weeks.

**Maintenance treatment:** 1 session every 2 months.

**Standing time after treatment:** It is recommended that the patient rest on the bed for 10 minutes after the treatment and then rise gradually.

Customer will provide a report on the post-treatment care. (See user manual).

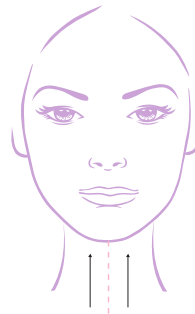


Figure 2

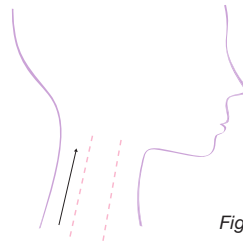


Figure 3

# dalyance

## Radio frequency work procedure

### Décolletage

Divide it into 2 equal parts. *See figure 4.*



#### Treatment time

Each area: 15 min.

Total treatment: 30 min.

#### Recommended movements for the session:

Circular (preheating):

Lines (exerting pressure on the neck and depression to chest)

#### Sessions:

**Initial treatment:** Minimum 6 sessions every 2 weeks.

**Maintenance treatment:** 1 session every 3 months.

#### Sessions for client with photoageing with medium to deep wrinkles and cutaneous elastosis grade II-IV.

**Initial treatment:** 6 to 8 sessions every 1 to 2 weeks.

**Maintenance treatment:** 1 session every 2 months.

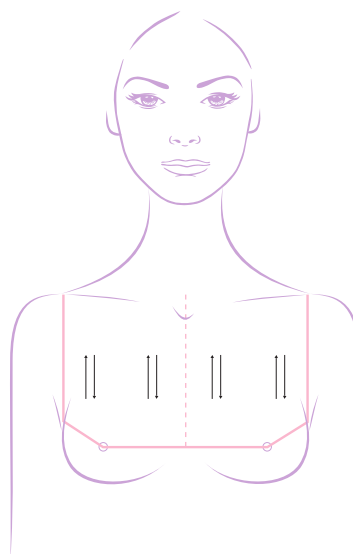


Figure 4



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## Radio frequency work procedure

### Arms

Divide the arm into 2 parts, front and back delimited by the medium and outer bicipital furrows. See figures 5 and 6.



#### Treatment time

Each area: 5 min.

Total treatment: 20 min.

#### Recommended movements for the session:

Circular (preheating):

Lines (parallel lines):

#### Sessions:

**Initial treatment:** 6 sessions every 1 to 2 weeks.

**Maintenance treatment:** 1 session every 2 to 3 months.

#### Standing time after treatment:

It is recommended that the patient rest on the bed for 10 minutes and then rise gradually.

Customer should be provided post-treatment care information. (See user manual).

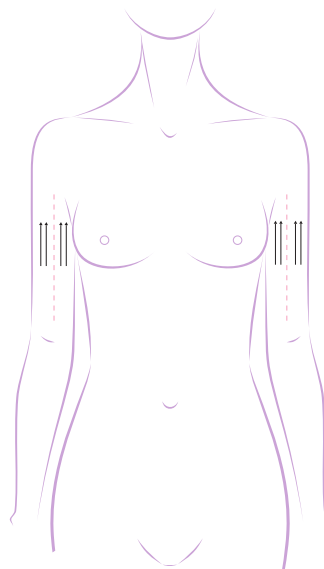


Figure 5

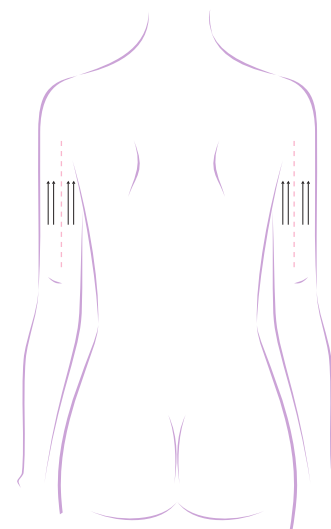


Figure 6

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## Radio frequency work procedure

### Abdomen

Divide the abdomen into 2 equal and symmetrical parts, depending on volume, taking the distribution and trajectory of the abdominal muscles as a topographical reference (rectus abdominis and oblique muscles). *See figures 7 and 8.*



#### Treatment time

Each area: 10 to 15 min.

Total treatment: From 20 to 30 min.

#### Recommended movements for the session:

Circular:

Spirals:

Movements in 8:

Lines:

#### Sessions:

**Initial treatment:** Minimum 6 sessions every 2 weeks.

**Maintenance treatment:** 1 session every 1 to 3 months.

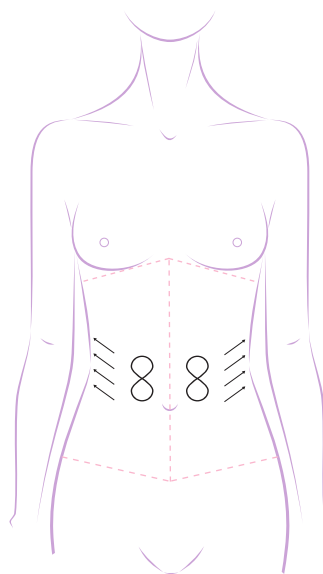


Figure 7

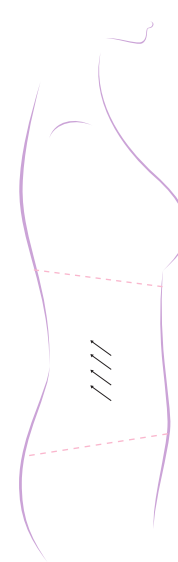


Figure 8

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## Radio frequency work procedure

### Thighs

Divide into 2 equal thigh surfaces.  
See *Figure 9 and 10*.





#### Treatment time


Each area: 15 to 20 min.


Total treatment: From 30 to 60 min.

#### Recommended movements for the session:

Circular: 

Spirals: 

Movements in 8: 

Lines: 

#### Sessions:

**Initial treatment:** Minimum 6 to 8 sessions every 2 weeks.

**Maintenance treatment:** 1 session every 1 to 3 months.

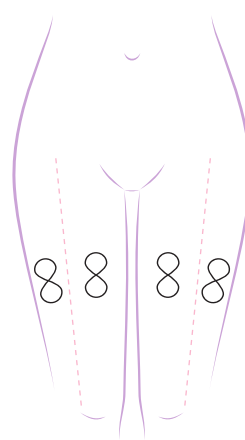


Figure 9

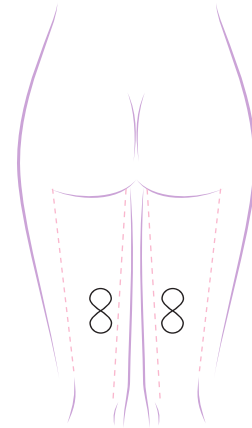


Figure 10

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## Radio frequency work procedure

### Buttocks

Work on the area to be treated dividing it into two different areas. *See figure 11*



#### Treatment time

Each area: 5-10 min.

Total treatment: From 10 to 20 min.

#### Recommended movements for the session:

Circular:

Spirals:

Movements in 8:

#### Sessions:

Initial treatment: 6 sessions every 1 to 2 weeks.

Maintenance treatment: 1 session every 1 to 3 months.

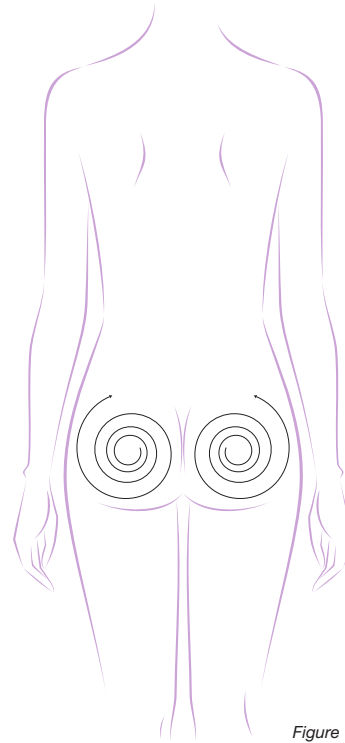


Figure 11

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## Ultrasonic working procedure

### **Step 4: Starting ultrasonic treatment**

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dalyance ultrasound treatment is characterized by the generation of bubbles in the intracellular liquid which implode and break the membranes of the fat cells, promoting drainage of the fat released. This effect occurs due to the generation of a wave of 36 to 40 KHz that in contact with the body, breaks down subcutaneous fat. The ultrasound source (head), through vibration, generates a pressure / depression. By applying such pressure / depression with a transmitter ultrasonically conductive gel on the human body (mostly water) the cavitation phenomenon is generated. By subjecting the skin to this effect the conversion of fat from solid to liquid state is achieved.

Subsequently the affected tissue is removed through natural processes such as urine or lymph system.

We proceed with slow movements and mark small areas (approximately 10 x 15 for 10 minutes per zone. There can be worked maximum 4 zones per day, leaving minimum 1 week between each session.

Conductive gel for ultrasound treatment must be used for the treatment.

The position of the handpiece must be inclined (never work vertically on the body).

Drainage is mandatory in the following 24 - 48 hr.

# dalyance

## Ultrasonic working procedure

### Abdomen and sides

To make these treatments is imperative that the person is recumbent (almost sitting) so that the fat layer is thicker. Do not work in perpendicular, toward the stomach, making always making a fold between the hand and the handpiece. *See figure 1*



**Treatment time:**

Total treatment: 40 min. (10 min. x 4 zones).


**Applicator suitable for the session:**


concave / flat

**energy %:**

80-100%

**Movements recommended for the session:**

circular: 

spirals: 

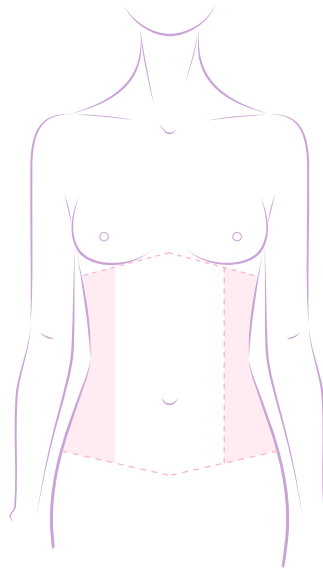


Figure 1

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## Ultrasonic working procedure

### Arms

Working areas begin 5cm from the armpit and 5 cm of the end of the elbow. Never on the elbow. Perform always making a fold between the hand and the handpiece. *See figure 2*



#### Treatment time:

Treatment per arm: 10 min x 2 zones

Total treatment: 20 min.

#### Applicator suitable for the session:

concave / flat

#### energy %:

60-70%

#### Movements recommended for the session:

circular:

spirals:

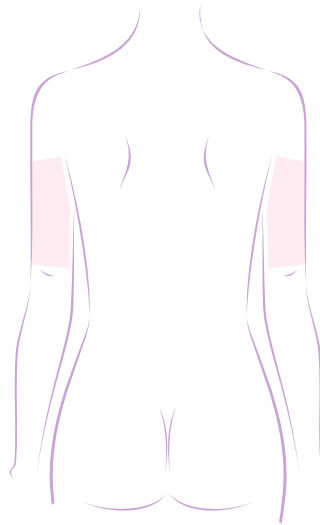


Figure 2

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## Ultrasonic working procedure

### Legs (femoral area)

The treatable area begins under the buttock and ends 5 cm before reaching the knee. Never on the knee. Avoid working on the sciatic nerve at buttock. *See Figure 3.*

Limits of treatment are on the back of the leg. Perform always making a fold between the hand and the handpiece.



#### Treatment time:

Treatment per leg: 10 min x 4 zones.

Total treatment: 40 min.

#### Applicator suitable for the session:

Concave / flat

#### energy %:

80-100%

#### Movements recommended for the session:

circular:

spiral:

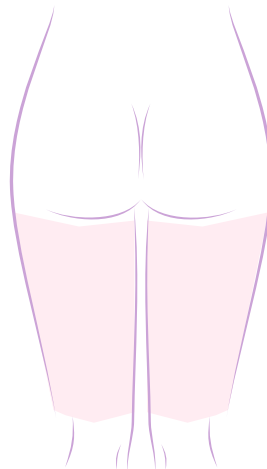


Figure 3



# dalyance

## Ultrasonic working procedure

### Hips

Perform always making a fold between the hand and the handpiece. *See figure 4.*



**Treatment time:**

Treatment per leg: 10 min x 2 zones.

Total treatment: 20 min

**Applicator suitable for the session:**

concave/ flat

**energy %:**

80-100%

**Movements recommended for the session:**

circular:

spiral:

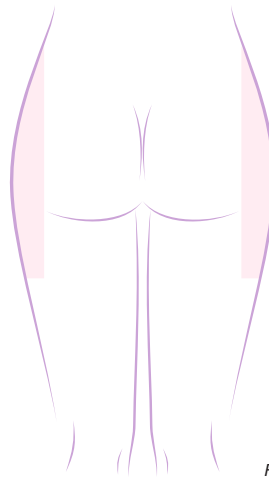


Figure 4

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## Ultrasonic working procedure

### Upper Thighs (Banana rolls)

The treatable area begins 5cm from the groin and ends 5cm before reaching the knee. Never over groin. See *figure 5*.

Treatment limits on the inside of the leg. Perform always making a fold between the hand and the handpiece.



#### Treatment time:

Treatment per leg: 10 min x 2 zones.  
Total treatment: 20 min

#### Applicator suitable for the session:

concave/ flat

#### energy %:

80-100%

#### Movements recommended for the session:

circular:

spiral:



Figure 5

dalyance

make your patients' dreams come true

**cocoon medical** is a Spanish company, based in Barcelona, created with the aim of offering technology and innovation to the service of cosmetic medicine, capable of manufacturing non-invasive medical equipment to satisfy the needs of the most demanding clients.

Built-up by a team of highly qualified professionals, **cocoon medical** has become a leading worldwide company due to its continued ability for innovation and development. We place our maximum trust in our partners, both national and international, in order to get to understand the needs of each market, offering the most innovating solutions to our customers.

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High Technology Products  
PASSATGE MASOLIVER, 24-28  
08005 BARCELONA, SPAIN

Customer Service:  
T. +34 934 588 566  
[info@cocoonmedical.com](mailto:info@cocoonmedical.com)



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