

Possible Consent form for PRP in Aesthetic Procedures Not A recommendation

Pre-Treatment:

- Making sure to drink at least 6 glasses the day before and at least 2 glasses 2 hours before the procedure.
- Need to minimize alcohol intake
- Smoking does affect the healing cascade so results will not be optimal.
- Check with treating doctor for any medication that may affect cause excessive Bleeding etc... See Contra-indications and Relative Contraindications

Post-Treatment

- Bruising redness itching (tingling) swelling soreness may last up to 5 days. Paracetamol is fine not NSAIDs and no Ice should be used, it is a biological.
- Face should not be washed for at least six hours.
- In rare cases infection or reaction may occur contact your GP.
- No hot showers sun or heat exposure for the next 48hours
- Avoid Alcohol smoking and too much Caffeine for the next 48 hours and longer if possible

These are the Contra-Indications in the IFU for Australia Listed with the TGA.

CONTRA-INDICATIONS

ABSOLUTE CONTRAINDICATIONS

- Platelet Dysfunction Syndrome
- Critical Thrombocytopenia
- Hemodynamic instability
- Septicaemia
- Local Infection at the site of the procedure
- Patient Unwilling to accept risks

RELATIVE CONTRAINDICATIONS:

- Consistent use of NSAIDs within 48 hours of procedure
- Corticosteroid injection at treatment site within 1 month
- Tobacco use
- Recent Fever of illness
- Cancer – especially hematopoietic or of bone
- HGB<10g/dl
- Platelet count <10⁵ /μL

The outcome may have varying result depending on patients health age etc...
Authorisation to take photos or videos.