Text

Description automatically generated with medium confidence

**Skin Typing Name\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_DOB\_\_\_\_\_\_\_\_\_\_**

**Genetic Disposition**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| Score | 0 | 1 | 2 | 3 | 4 |  |
| What is your eye color? | Light Blue, Grey, Green | Blue, Gray, Green | Hazel, Light Brown, Medium Brown | Dark Brown | Very Dark Brown, Black |  |
| What is your natural hair color? | Sandy Red, Light Red | Blonde | Chestnut, Dark Blonde | Dark Brown | Black |  |
| What color is your unexposed skin? | Reddish | Very Pale | Pale with Beige Tint | Light Brown | Dark Brown |  |
| Do you have freckles on unexposed areas? | Many | Several | Few | Incidental | None |  |

**Total \_\_\_\_\_**

**Reaction to Sun Exposure**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| Score | 0 | 1 | 2 | 3 | 4 |  |
| What happens if you stay in the sun for 8 hours with no SPF? | Painful burn, redness,  blistering,  peeling | Burns, some blistering followed by peeling | Burns sometimes followed by peeling | Rarely burns | Never Burns |  |
| To what degree do you turn brown? | Hardly or not at all | Light color tan | Reasonable tan | Tan very easy | Turn dark brown quickly |  |
| Do you turn brown within a few hours after sun exposure? | Never | Seldom | Sometimes | Often | Always |  |
| How does your face react to the sun? | Very Sensitive | Sensitive | Normal sensitivity | Very resistant, almost no sensitivity | No reaction |  |

**Total\_\_\_\_\_**

**Tanning Habits**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| Score | 0 | 1 | 2 | 3 | 4 |  |
| When did you last expose your body to sun (or artificial sunlamp/tanning cream)? | More than 3 months ago | 2-3 months ago | 1-2 months ago | Less than a month ago | Less than 2 weeks ago |  |
| Did you expose the area to be treated to the sun? | Never | Hardly ever | Sometimes | Often | Always |  |

**Total\_\_\_\_\_**

**Total score\_\_\_\_\_**

**Skin Type\_\_\_\_\_**

**Skin Type Scoring Guide**

|  |  |
| --- | --- |
| **I** | **0-7** |
| **II** | **8-16** |
| **III** | **17-25** |
| **IV** | **25-30** |
| **V-VI** | **Over 30** |