

TABLE TO DETERMINE THE CUTANEOUS PHOTOTYPE FOR TREATMENT

Phototype test (based on Fitzpatrick test)

SCORE		0	1	2	3	4
	Your eye colour is:	Light blue, light gray or light green	Blue, gray or green	light brown (hazel), azul o verde oscuro	Dark brown	Brownish black
	Your natural hair colour is:	Red or light blonde	Blonde	Dark blonde or light brown	Dark brown	Black
	Your natural skin colour (before sun exposure) is:	Ivory white or pink	Fair or vary pale	Light brown or olive	Brown	Dark brown or black
	How many freckles do you have on unexposed areas of your skin?	Many	Several	A few	Very few	None
	What happens to you skin if you stay in the sun for an extended period?	Severe burns, blistering, peeling	Moderate burns, blistering, peeling	Burns sometimes followed by peeling	Burns rarely, if at all	Never burns
	Do you turn brown after sun exposure?	Never- I always burn	Seldom	Sometimes	Often	Always
	How brown do you get?	Hardly or not at all	Light tan	Medium tan	Dark tan	Very dark tan
	Is your face sensitive to the sun?	Very sensitive	Sensitive	Mildly sensitive	Resistant	Very resistant
TOTAL SCORE						

Tanning Habits Test

SCORE		0	1	2	3	4
	When did you last expose your body to sun (or artificial sunlamp/tanning cream)?	More than 3 months ago	2-3 months ago	1-2 months ago	Less than a month ago	Less than 2 weeks ago
	Did you expose the area to be treated to sun?	Never	Hardly ever	Sometimes	Often	Always
TOTAL SCORE						

SKIN TYPE SCORE: GENETIC + SENSITIVITY + TANNING HABITS

Determine the type of skin in accordance with the following scores ranges:

0-6 **Type I**; 7-13 **Type II**; 14-20 **Type III**; 21-27 **Type IV**; 28-34 **Type V**; 35+ **Type VI**

SKIN PHOTOTYPE