



CBL2

Cryo Broadlight™ 2

ADVANCED INTENSE PULSED LIGHT FOR PERMANENT HAIR REDUCTION

PATIENT INFORMATION GUIDE

The Cryo Broadlight 2 System is one of the most advanced methods of permanent hair reduction available today. Intense Pulsed Light is not laser, but a more advanced technology: a 'broad-spectrum therapeutic light' treatment. Cryo Broadlight's advanced technology is capable of treating fair hair as well as dark hair. Its multi-spot tips ensure accurate and customised treatment of all areas. This results in highly efficient treatment that is tailored to your specific needs.

CBL's Skin Cooling System is designed to deliver cooling to the contact point, to provide the most comfortable treatment possible. It is also equipped with a rapid repetition rate, offering you faster and more predictable treatment.

WHAT IS IPL PERMANENT HAIR REDUCTION?

IPL (Intense Pulsed Light) permanent hair reduction uses light energy in the form of pulses of intense light to target and destroy hair follicles, preventing the regrowth of the hair. It works by emitting intense pulses of light, which are absorbed by the pigment in the hair follicle.

The procedure is reliable and predictable. Most people experience approximately 80% reduction in hair after between 4 and 8 treatments.

CBL treatment for permanent hair reduction is less painful than waxing; and whereas IPL kills the hair follicle, waxing simply pulls out the hair by its roots, so another hair begins growing again quite quickly.

HOW MANY TREATMENTS ARE NEEDED?

Normally a person will need between 4 and 8 treatments to achieve an 80% reduction in the amount of hair. Unlike waxing, ongoing regular treatments are not required, although you may wish to have a session occasionally to target stray hairs.

This means that over the course of many years, IPL permanent hair reduction can be less expensive than waxing.

YOUR TREATMENT

Regardless of which part of your body is being treated, your eyes must always be protected for IPL treatment, so your practitioner will cover them with eye pads and/or dark glasses.

The surface of the handpiece is placed against your skin and you will be aware of the pulses of light flashing. You will feel a slight sting, as if a rubber band is being snapped against your skin, but any discomfort is minimal because of CBL's adjustable Skin Cooling System.

FACTORS TO CONSIDER

Your practitioner must be aware if you are taking certain medications, as they may make your body more sensitive to light. This needs to be taken into account when determining if, when, and how to treat you. Some medications that affect the body's sensitivity to light are muscle relaxants, anti-depressants, anti-cancer drugs, acne medications and topical creams containing Retin-A.

Your practitioner will most likely perform a patch test prior to starting full treatment, to ensure that you will react well to the treatment.

You must discontinue any sun exposure, sun-bed use or 'fake tanning' products at least 4 weeks prior to IPL treatment. Do not wax or tweeze the area before treatment.

AFTER-CARE

It is a good idea to avoid hot baths and showers for 24 hours after the treatment. You should also avoid swimming in heavily chlorinated water for up to 24 hours after treatment.

If the area feels hot and dry, keep it moist with a preparation such as aloe vera, which will cool the skin. Cold packs can also be useful. Avoid vigorous exercise for up to 24 hours, as this produces heat, and could irritate the skin.

If the treated skin is to be exposed to the sun, you must apply a sunblock.

Within a few days of treatment, you will notice a stubble appear on the treated area. The body is shedding the dead hair and bulb. This process may last for up to two or three weeks.

You may shave in between treatments, but do not tweeze or wax the hair. The hair carries the light pulse to the hair follicle, so if it has been removed by tweezing or waxing, the IPL cannot reach that hair follicle, and it will remain alive to produce another hair.

REQUIRED NUMBER OF TREATMENTS

Hair grows in three cycles, and is most susceptible to IPL treatment in the Anagen (active growth) phase. This is the stage when the hair is highest in pigment. This is why you will see a staged approach to hair reduction over the course of several treatments spaced 4 - 6 weeks apart.