Doctor/Practice Name Address

Phone

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INTENSE IR PATIENT CONSENT FORM

Patient Name Date of Birth

Pre-Treatment Photos Taken: ❏ Yes ❏ No

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|  |  | PRE-TREATMENT CARE |  |  |

Avoid all alpha hydroxy and beta hydroxy products (AHA/BHA), hydroquinones, retinols/retinoids, aspirin, Tazorac, Differin, and Vitamin E products for 3 days before your treatment.

Clients should come to their treatment with clean skin in the area to be treated.

Avoid extended sun exposure or tanning for 1 week prior to treatment.

Clients who are darkly tanned or sunburned should wait at least 2 weeks before being treated in order to avoid additional skin damage.

Avoid application of self-tanning lotions for 3 days prior to treatment.

The area to be treated must be clean-shaven.

For hair removal clients, stop waxing, tweezing or plucking 3 weeks prior to treatment.

If you are prone to cold sores, take an anti-viral medication (such as Valtrex) prior to your treatment.

Clients who have used Accutane within the last 6 months CANNOT have laser skin treatment.

Clients should not perform any physical activity that increases body temperature or blood pressure immediately before or after laser treatments.

If you are prone to histamine (allergic) reactions inform your esthetician prior to receiving any laser treatments.

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|  | GUIDANCE ON LASER SKIN TIGHTENING |  |  |

This treatment is ideal for crepey skin on the face and neck.

During treatment, treated area will be hot and tender. You may experience residual redness, tenderness and minor swelling for up to 48 hours post treatment.

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|  |  | POST-TREATMENT CARE |  |  |

Avoid extended sun exposure or tanning for 1-week post treatment.

If blisters occur, do not puncture. If skin is broken, apply an antibiotic ointment until healed.

do not pick at any lesions as this will increase the risk of side-effects.

Tylenol is recommended for post treatment discomfort.

You may apply cool towels, ice packs or aloe vera to alleviate discomfort due to heat.

Avoid any additional laser treatments or chemical procedures on the treated area for at least 2 weeks post treatment or until complete healing has occurred.

Use of a broad-spectrum UVA/UVB SPF 30 is critical when receiving laser treatments and is recommended for ongoing maintenance.

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|  | POTENTIAL SIDE EFFECTS |  |  |

The best way to minimize the risk of side effects is to avoid sun exposure for 7 days pre and post treatment.

Provide your technician with an accurate and up to date medical history in order to receive a safe and effective treatment.

**Side effects are temporary and uncommon but may include;**

Hyperpigmentation (darkening of skin), hypopigmentation (loss of skin pigmentation), mild to moderate burns or blisters, temporary redness, follicular edema (little pink/red “puffiness” and small bumps like “goose bumps”) swelling and itching in treated area, bruising, and a lack of desired results.

*My signature on this consent form indicates that I have read and that I understand the information provided. I consent to the treatment described, and I agree to comply with the requirements placed on me by this consent form.*

*I have read and understand the information contained within this consent form. My signature on this consent form indicates that I have read and understand the information in the consent, my consent to the treatment described, and my agreement to comply with the requirements placed on me by this consent form.*

*I have read this form and understand it, and I request the performance of the procedure.*

Patient Signature Date

I have informed the patient of the available alternatives to treatment and of the potential risks and complications that may occur as a result of this treatment.

Practitioner / Nurse / Therapist Signature