



Tattoo Removal Aftercare

What to Expect

- Tattooed areas will whiten and be raised immediately after treatment. This is expected and a normal reaction. It will usually settle back to normal colour within about 30 mins.
- Pinpoint bleeding may occur. This will be cleansed after treatment.
- Bruising may occur and will heal within the normal bruise healing time of 1 – 3 weeks.
- The tattoo ink will start to fade over subsequent weeks and months.
- The tattoo colour will start to fade over the next weeks to months.

Care of the Treated Area

- A healing cream and dressing will be placed over the treated tattoo for protection.
- Try and keep the area away from water and preferably dressed for about 3 days. Dressings can be reapplied.
- The tattooed area may blister. Do not break the blisters and keep them dressed.
- Avoid rubbing and friction of the affected areas by bras, clothing or shoes etc.
- The tattooed area may scab. Do not pick or scratch the area. This will result in a possible infection and likely scarring. The dark scab-like areas will eventually fall off or just disappear leaving new, less pigmented skin underneath.

Precautions

- Strict avoidance of sun on the affected area is important for best healing.
- Wear an SPF 30+ or 50+ at all times to affected area.
- Try to protect areas with clothing or cotton gloves (for hands).
- Do not enter a pool, spa or sauna or anywhere that involves chlorine, chemicals or excessive heat for at least a week after the treatment, or until it has started to heal.
- Avoid the gym or excessive exercise for a minimum of 48 hours after treatment.